



Fairfax Lions Club News - October 2017

"Bob Stahl Memorial Newsletter"



" I resolve to help unite club members in the bonds of friendship, good fellowship, and mutual understanding."

Is this newsletter early? Yes. You normally receive it after the 1st dinner meeting each month. This issue is early as your editor will miss the October 3 dinner meeting.

Service - Our Mission

This message to LCI was forwarded it to our King Lion:

From: Debbie Young
Date: Tuesday, September 12, 2017 12:55:48 PM
Subject: want to donate reading glasses

Hi, I have some to donate. how do I go about doing that please? do you know my dad, Lehman H. Young of the Virginia Press, Fairfax, VA

KL Marty's email response - Wed 9/13/2017 12:48 PM:

Debby,

Thank you for inquiring about recycled eyeglasses (prescription and reading). I'm sorry, but I don't believe I know your Dad. Is Virginia Press the same as Executive Press? We do all of our printing at Executive Press.

This is a link to our web site:

<http://www.fairfaxlions.org/>

At the site, you'll see all of our service activities. One of our core service and charity functions is vision, and one part of this is recycling glasses.

We have a number of Fairfax Host Lions Club collection boxes in the area. They are listed at the bottom of this page on our web site:

<http://www.fairfaxlions.org/?s=eyeglass+recycling>

You are welcome to take your used glasses to any one of them. We regularly check all these sites and take the glasses to the Northern Virginia Lions Eyeglass Recycling Center. Some of our members regularly volunteer there. The center processes and provides about 100,000 pairs of eyeglasses to the needy each year. Many go overseas on medical missionary trips. Poor areas in Southwestern Virginia and needy/homeless people at The Lamb Center (City of Fairfax) also benefit.

Just last week, our club delivered 724 pairs of used glasses to the recycling center! We also collect used hearing aids in the same collection boxes.

If you have a large number of glasses that won't fit in the collection boxes, please let me know and we'll make other arrangements with you to pick them up.

Also, please don't hesitate to contact me. We're always looking for a few good people who want to give back to their communities. We serve and we have a good time doing it. You might want to try us out (as our guest at a dinner meeting).

Thank you, Martin Lockard

EYEGLOSS DISTRIBUTION

Lion Marilyn Tanner reports: in September, our Club received 8 requests for eyeglasses for qualified needy persons in our community. That makes a total so far this Lions year (July-Sept) of 20 pair of eyeglasses we are purchasing for people in our community.

EYEGLOSS RECYCLING

PCC Bill Bartlett provided the latest numbers showing what we collected from local donation boxes, and our effort working at the NoVA Eyeglass Recycling Center.

Month	2017-18 Lions Year		EyeGlass Recycling	
	Volunteers	Hours	Glasses	Hearing Aids
July	7	14	204	0
August	7	14	203	0
Sept	7	14	921	4
TOTAL	7 (twice-a-month)	42	1328	4

Since 1998 - when the Lions Eyeglass Recycling Center of Northern Virginia started - Lions, Leos, and Volunteers have sent 2,374,779 pair of eyeglasses to the needy all over the world.

Impact of the Eyeglass Recycling Center



Motto of Eyeglass Recycling Center of NoVA...
Changing Lives, One Pair at a Time

DIABETES SERVICE PROJECT

Recall, LCI has adapted diabetes as a central cause. As we all know, diabetes is a major problem around the world, in the US, and it is growing. Of special concern, the occurrence of diabetes in children is growing fast. There are ways to both stem the growth of diabetes, and to help people better manage living with diabetes.

LCI suggests Lions Clubs consider 25 potential ideas for projects, ranging from very simple (provide a diabetes magazine subscription to local library), to more difficult (work with health care professionals to provide "at-risk" populations with screenings and educational materials). This link takes you to the LCI potential list of projects:

<http://www.lionsclubs.org/resources/EN/pdfs/iad475.pdf>

Fairfax Lions Club provided this list of 25 projects to the City of Fairfax Inter-Service Club Council (ISCC), asking if another service club would join with Fairfax Lions on a joint service project. Stay tuned for results. This is an important area concerning your nation's health, and we can help. If YOU may be interested in serving in this area, send an email to tilleryg@gmail.com.

FYI - A few statistics about diabetes in the US: (from 2017 National Diabetes Statistics Report, published by the Centers for Disease Control and Prevention)

<https://www.cdc.gov/diabetes/pdfs/data/statistics/national-diabetes-statistics-report.pdf>)

- An estimated 30.3 million people of all ages (9.4% of the US population) had diabetes in 2015
- An estimated 33.9% of US adults aged 18 years or older (84.1 million people) had PREdiabetes in 2015
- Nearly half (48.3%) of adults aged 65 years or older had PREdiabetes
- Diabetes was the seventh leading cause of death in the US in 2015
- The total direct and indirect estimated cost of diagnosed diabetes in the US in 2012 was \$245 billion

The above data is two years old; expect more recent data to show the problem is getting worse.

Leader Dogs for the Blind

Founded by three Detroit-area Lions Clubs members in 1939, Leader Dogs for the Blind empowers people who are blind, visually impaired or Deaf-Blind with skills for a lifetime of independent travel, opening doors that may seem to have closed with the loss of sight. Their programs are provided free to clients, including meals and housing during training, travel, and equipment. Leader Dog programs are crafted to individual situations and adapt to clients' changing needs at any point in their lives. From youth camp to orientation and mobility cane training, through guide dog training, and GPS technology integration, Leader Dog's programs give clients the confidence and skills they need to live independent lives.

Leader Dog is recognized as a "Best In America" Charity by the Independent Charities of America.

Last year YOU helped raise \$500 our club gave to Leader Dogs for the Blind. We just received this patch (and a nice letter) in recognition of our contribution:



Senior Olympics - On Fairfax Lions Bocce Ball Court

A few years ago, Fairfax Lions Club built a Bocce Ball court at the Green Acres Senior Center. Lion Bill Trent led the effort. It is gratifying to learn the Northern Virginia Senior Olympics bocce competition was held (Sep 14) on that very court. For the story see:

<http://www.connectionnewspapers.com/news/2017/sep/18/northern-virginia-senior-olympics-rolls-along/>

Fund Raising - Underpinning Our Service Mission

Amazon Smile

Thus item was in the Treasurer's September report:

Dear Charity Administrator,

This email is to notify you that Fairfax Host Lions Club Charities Inc (EIN: 54-1743126) has been issued a \$10.37 donation from the AmazonSmile Foundation as a result of AmazonSmile program activity between April 1 and June 30, 2017. The donation was deposited to your organization's bank account on or before August 15, 2017. It may take several days for the donation to appear in the account.

This is good news...contributions to our Charity Account based on YOUR purchases on **Amazon Smile** are trickling in. Granted, \$10.37 is not much, but every little bit helps. And, **IF WE EXPAND THIS - GET THE WORD TO FRIENDS AND FAMILIES - to designate Fairfax Host Lions Club as your Amazon charity**, (and then shop strictly on Amazon SMILE - not plain Amazon) the amounts will grow. Over time, this could be very significant.

If you need help selecting FHLC as your Smile charity, let your newsletter editor know.

Lions Dinner Out

Seven folks enjoyed the 6th Club "Dinner Out" on Wednesday Sep 13th (ALWAYS 2ND WEDNESDAY OF THE MONTH, AND ALWAYS AT AULD SHEBEN!). Our Club Charities account gained \$24.95 (15% of our spending, which the restaurant gives back to the Club). Total raised for our charity account, after six dinners-out: \$230...all while we simply enjoy a good meal with friends. We will continue this fund raiser as long as we have a decent turnout.



CHEERS! Seven Folks Enjoy 6th Dining Out

Mark your calendars - next Dinner-Out: **Wednesday, October 11th at The Auld Shebeen (6:30-8:30pm).**
ALWAYS AT AULD SHEBEEN / ALWAYS 2ND WEDNESDAY.

Next Charity Fund Raiser – Lions Dinner Oct 11th

Always the 2nd Wednesday of each month

Always The Auld Shebeen Restaurant

3971 Chainbridge Rd, Fairfax, VA 22030



Ask to “Sit with the Lions Group,” Yeats Library dining room

6:30 pm - Happy Hour prices; 7pm - Dinner

Order from regular menu

Separate checks; Pay your own bill.



Vehicle Donation Program

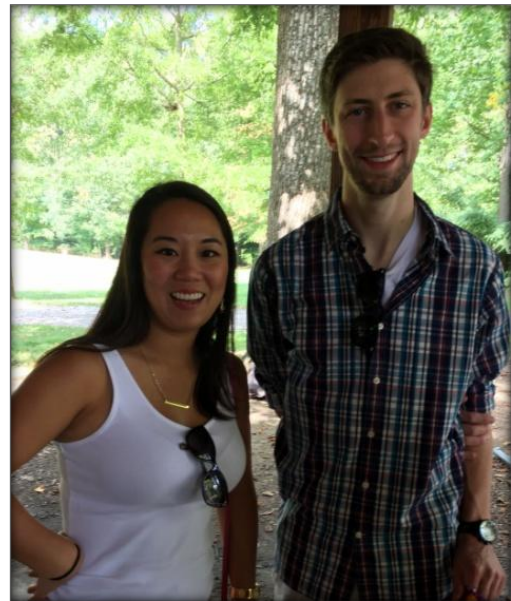
Good news, two vehicles were donated in September. Next step is for the collection agency to sell them, then we will know the proceeds for our Charity account.

It is a simple process - for our Club and for the vehicle (car, boat, cycle, plane) donor. Call 844-455-4667. Trained staff will answer questions, and take it from there. More at: <http://www.fairfaxlions.org/donate-a-vehicle/>

Annual Club Retreat/Picnic

1st VP Karen Parker orchestrated an outstanding event: great venue (Providence Park); good turnout (39 people including Lions, family members and guests - which included 2 potential members); good food, and quality socializing. We all thank Karen (and Chef Harry) for their hard work and talented skills in delivering a wonderful event for all to enjoy. And we especially thank Karen for her time and talents making the wonderful potato salad (10 lbs of potatoes to peel!), pasta salad, baked beans, and all the other delicious picnic food.

A few photos:



Family Member Andrea Lockard and friend



Lion Marilyn and Spouse Sarah



KL Marty and Guest Chuck



Lion Rodney, Spouse Helen and KL Marty



1st VP Karen Organizes the Picnic Spread



Lions Mike, Gordon and Spouse Elsie



Figs - Homegrown by Gentleman Italian Farmer Joe



Crowd Begins to Assemble



Volunteer Chef PDG/PCC Harry Slaves Over Hot Fire; Success: Perfectly Cooked Dogs and Burgers



Spouse Penny Brings Brownies (Potential Award Winners!)



Lion Gary Ready to Eat



Lion Jim on Final Approach to the Buffet



Lions Greg and Sarah



Bocce Ball - An Annual Picnic Tradition
Lion Mike Tries to Convince Lion Joe that His Ball is Closest
(Note the highly accurate, technical measuring stick)

Dinner Meetings

September 19th

We had no dinner meeting, due to Sep 16 picnic.

October 3rd

Your editor hopes you all had a good time; he is traveling and unable to either attend or report on this meeting. This October newsletter was published prior to Oct 3, and no attempt will be made to report on this meeting in future issues.

Membership

i Plan

All club members should have received the email (sent 9/11/2017 8:58 PM) from Membership Chair Ken Schutz, regarding the iPlan. It said...

" Your part in the plan is to provide the membership committee with contact information for three friends, acquaintances, co-workers, or professionals you know in the community, that may be good additions to our club."

Lion Ken provided this table for you to fill out with referrals, and return to him. Please follow up!

First Name	Last Name	Mailing Address	Email address

Board Meeting - September 26th

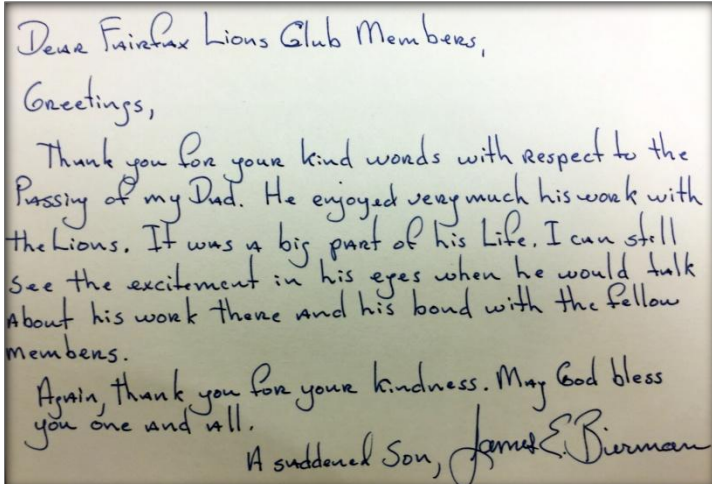
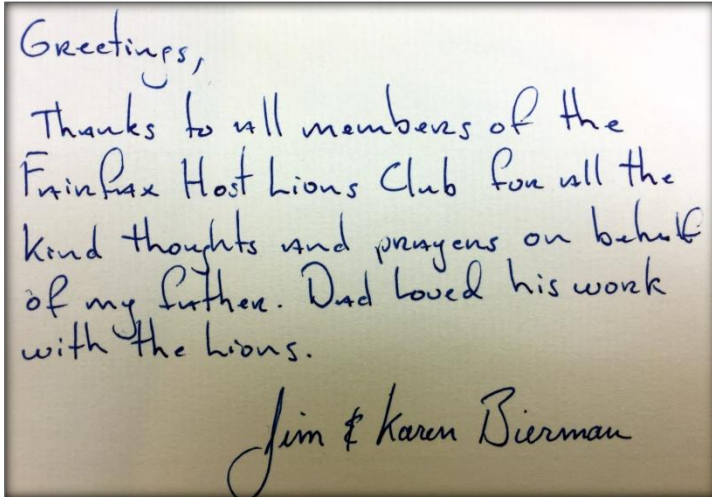
Your Board of Directors held its regular monthly business meeting. A few hi-lites:

- Approved September's Treasurer's report.
- Reviewed plans for upcoming Fall Festival and Fruit Sale fund raisers.
- Considered and endorsed upcoming activities:
 - **New Fund Raiser** - Sell hot drinks at Fairfax City Holiday Markets, Dec 3 (1-5pm) and Dec 9 (10am -

6pm). This will involve about 5 Lions each - if selected by the City for this fund raiser.

- **Service Project** - Vision Screening at Fairfax Chocolate Lovers Festival, Feb 3, 2018. Stay tuned.

- Informed of the endorsement of PDG Harry Parker for nomination for International Director from VA
- Received thank you notes from two of Past Lion Ev Bierman's children, with whom club members had good discussions at Ev's funeral.



For more complete information, consider attending a Board meeting - all Club members welcome!

Upcoming Events

- Oct 4 - Eyeglass Recycling
- Oct 4 - Inter-Service Club Council Meeting
- Oct 5 - Lions Lunch Bunch (11:15, Wegman's Fairfax, Market Cafe)
- Oct 11 - Lions Dinner-Out Charity Fund Raiser (6:30pm, Auld Shebeen)
- Oct 14: Fall Festival Fund Raiser (no rain date)
- Oct 17 - Regular Dinner Meeting
- Oct 18 - Bingo at Fairfax Nursing Center
- Oct 18 - Eyeglass Recycling
- Oct 21 - Cleanout & organize the storage shed
- Oct 24 - Board Meeting

Looking ahead:

- Nov 7: VA General Election Day; VOTE!
- Nov 16-18: Citrus Fruit Sale
- Nov 20: Food Basket Delivery
- Dec 19: Holiday Party, The Waterford Fair Lakes
- Dec 3 & 9: Possible Fund Raiser - Applied to sell beverages at Fairfax City Holiday market
- Dec 21: Food Basket Delivery

Lions Information

Lions Clubs International Foundation (LCIF)

By PDG/PCC Bill Bartlett

OVERVIEW

One of the most important ways that Lions make a difference in their communities and the world is through Lions Clubs International Foundation (LCIF), the official charitable organization of Lions Clubs International. With funding from LCIF, Lions carry out large-scale humanitarian projects in their communities.

Lions' support of the Foundation is critical, as donations from Lions provide the majority of LCIF's revenue. LCIF continues to ensure that all donated funds are used as efficiently as possible. All donations are used to fund grants and program expenses. Based on targeted investment returns, LCIF anticipates investment income to be sufficient to cover projected administrative and development expenses.

Since LCIF began in 1968, it has awarded more than 13,216 grants totaling more than \$1 billion. Together, Lions and LCIF are making a difference for millions of people.

SIGHT

Lions are known worldwide for blindness prevention. Since the "SightFirst Program" began in 1990, 7.9 million people have had their sight restored through cataract surgeries, 30 million people have had vision loss prevented and hundreds of millions of people have received improved eye care services. Lions and LCIF are establishing and expanding sustainable eye health care systems in underserved areas.

Through two fundraising campaigns, Lions have raised more than \$415 million to continue and expand SightFirst Programs. Thanks to SightFirst and Lions, the battle against

preventable blindness remains a priority in communities worldwide.

YOUTH Childhood Blindness

Since 2001, LCIF and the World Health Organization have been collaborating to address childhood blindness throughout the world. Forty-five need-based Lions eye care centers have been established in countries all over the globe, delivering preventative, therapeutic and rehabilitative eye care services for 140 million children.

Through SightFirst China action, 5 million cataract surgeries have been carried out in China, home to 17 percent of the world's blind. Additionally, medical staff has been trained and clinics upgraded to increase accessibility to eye care.

LCIF and Johnson & Johnson Vision Care Companies (JJVCC) collaborated to develop Sight for Kids, a program that has provided vision screenings, follow up treatment and eye health education to more than 24 million children in Asia.

SightFirst has supported more than 232.8 million treatments for river blindness in Africa and Latin America, in partnership with the Carter Center and other Non-Government Organizations. To date, over 729,556 people received surgeries for trachoma trichiasis as a direct result of SightFirst grants.

YOUTH

Supporting the development of youth is a major initiative of LCIF. Lions are bettering the future of children all over the world through improved education and health. "Lions Quest" is a school-based life-skills program for children from kindergarten to 12th grade. More than 15 million children have taken part in a Lions Quest classroom and more than 600,000 educators have been trained to implement the program. Lions Quest teaches responsible decision-making, effective communication and drug prevention.

HUMANITARIAN EFFORTS

Many of LCIF's successful humanitarian programs range from combating disability to disaster relief efforts. Lions continue to develop projects that address the immediate and long-term needs of their local and global community.

LCIF emergency grants enable Lions to meet immediate needs for Disaster Relief such as food, water, clothing, and medical supplies. LCIF awards approximately US\$2 million for disaster relief each year. Lions often offer additional assistance through volunteering or donating supplies. When disasters occur on a larger scale, major catastrophe grants are awarded for long-term reconstruction projects. LCIF has provided funding for recent catastrophes including typhoon Haiyan in the Philippines and flooding in the Balkans.

LCIF is working with the Measles Initiative, a worldwide effort to protect children from measles & strengthen routine immunization services. To date, more than 88 million children have been immunized.

Diabetes prevention and control programs are funded through LCIF, which can include funding for equipment, education and awareness programs for underserved populations.

Opening Eyes is a partnership program with Special Olympics to provide vision screenings at select Special Olympics games. Since 2001, more than 370,050 athletes have been screened, and more than 161,000 provided with prescription eyeglasses.

Editor's Footnotes:

Recent disasters struck several places with devastating results – among them hurricanes in the US and Caribbean islands. Lions Clubs International Foundation has awarded a \$100,000 grant to support relief and reconstruction in Puerto Rico in the wake of hurricane destruction. Emergency and major catastrophe grants allow Lions on scene to provide much-needed supplies.

LCIF makes emergency grants to local Lions; Lions in the disaster area work with local government officials and other agencies to ensure the right supplies get to areas most in need, without duplication of effort.



Consider Donating: If you want to help, and are looking for a good way to give money...LCIF accepts gifts from foundations, corporations, governments and non-Lions. However, **the vast majority of LCIF's funding comes through the generous donations from Lions clubs and individual Lions.** Donors can be confident that disaster relief donations entrusted to LCIF will support initiatives that impact communities and change lives. In 2007 LCIF was named the #1 non-governmental organization with which to partner, a title our Foundation still holds today. How to donate? go to: <http://www.lcif.org/EN/our-work/disaster-relief/how-to-donate.php>

What's Up with Spouses (and family members)?

Harry Parker Running for International Director

We all know Lion Karen's spouse, Harry. He was our Chief Cook at the Picnic!

Harry has been endorsed by his home club, Bailey's Crossroads Host Lions Club, for nomination as Lions International Director from Virginia. Voting will take place at the state convention next May. Meanwhile, Harry will be traveling around so Lions can get to know a little more of his background:

- 39 year member of Bailey's Crossroads Club, and Club President 2 years
- 24-A District Governor
- Council Chairperson, 24-A
- Zone Chairperson
- State Convention Chair for 6 years
- NOVA Youth Camp President
- Lions of VA Foundation President
- Centennial Club Organizer
- Melvin Jones Fellow
- International President's Leadership Award
- International President's Medal
- LOVF Humanitarian Award

Monster Mini Golf *by Lion Harry Pontius*

Lion Harry Pontius has spoken to us ("brag for a buck" moment) about his daughter who had worked in the private sector for many years in the Program Management business. However, she and her fiancée began to firmly believe that they wanted to open their own business and work for themselves. After much research, it was decided to open a family entertainment center in Northern Virginia. It was a difficult task as a small business startup and involved researching demographics, finding a 12,000 square foot facility, obtaining appropriate building-use and parking permits and licenses. Further, it required retaining two lawyers, a CPA, architects, construction contractors and various facilitators to get through the process involving many delays. Eventually, in February 2017, the dream came true with the opening of the first **Monster Mini Golf** (MMG) franchise in Virginia, on Sullyfield Circle, near Routes 28 and 50 in Chantilly.



The MMG family entertainment center features an 18 hold Mini Golf course featuring animatronic figures and fluorescent colors under black light. The center also has two AMF mini bowling lanes, Laser Maze, Atomic Rush attraction, and over 20 arcade games. Also, there are two large adjoining party rooms which may be combined. They host birthday and graduation parties as well as field trips and corporate events. All of this is under one roof.



Harry encourages all readers to check it out and perhaps take the family, grandchildren and friends.

You may find more insight at <http://www.monsterminigolf.com/chantilly/> as well as reviews on Google, Yelp, and Facebook.

It is rumored that Lion Harry may still have a few discount admission coupons available.



A Health Moment - Flu shots

Need we actually say more? Get yours now; just do it.

A perk for veterans...**Veterans protect yourselves and get a NO COST flu shot!** The Department of Veterans Affairs has once again teamed up with Walgreens Pharmacies nationwide to allow all veterans who are currently enrolled in the VA healthcare system to be able walk into any of the over 8000 Walgreens nationally (and the Duane Reade pharmacies in the New York metropolitan area) to receive a vaccination *at no cost*. Vaccinations will be available through March 31, 2018.

Veterans wishing to receive the no cost vaccination simply need to present a Veterans Identification Card and a photo ID, at any participating Walgreens to receive the vaccination. The Group ID is: *VAFLU*

Liberty and Justice For All!

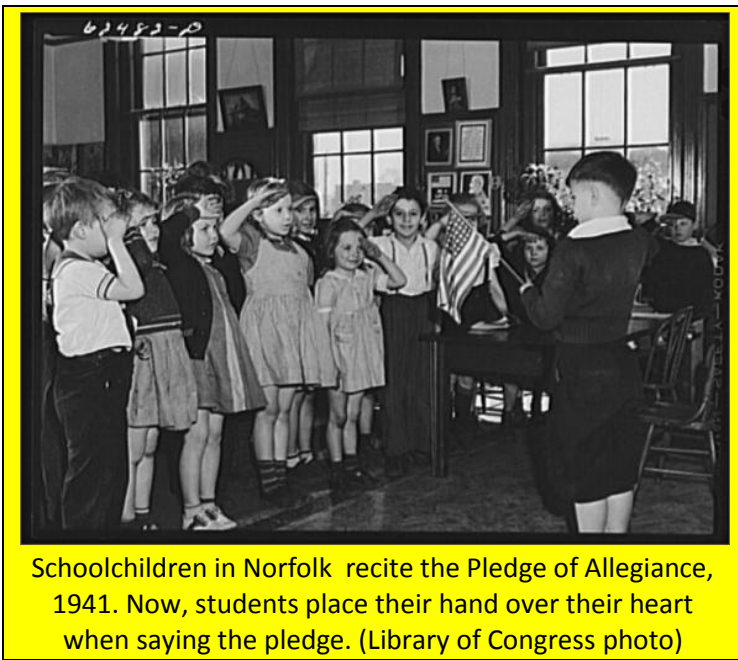
"The Short Pledge We Recite Has a Long Story"

By Sonia Rao

(From The Washington Post, September 1, 2017)

I pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

Our Pledge is 31 words long. Its history, on the other hand, is quite lengthy.



Schoolchildren in Norfolk recite the Pledge of Allegiance, 1941. Now, students place their hand over their heart when saying the pledge. (Library of Congress photo)

Francis Bellamy, a Christian minister, penned the patriotic sentence in 1892 to mark the 400th anniversary of Christopher Columbus's arrival in the Americas. He wrote at the time for a general-interest magazine called the Youth's Companion, in which published the pledge to encourage schoolchildren to recite it each morning.

Schools would need to purchase flags for students to do so, according to pledge expert Shelley Lapkoff, and the magazine just happened to sell them.

"It was both to get people to have flags, in keeping with their belief of patriotism, and then also to help their business," Lapkoff said. "I believe the reason that flags are so predominant in our culture is because of the Pledge of Allegiance and this mass-marketing campaign that went on."

It's still a public-school tradition to say the pledge each morning, though the accompanying gesture has switched from an outstretched hand salute to a hand-over-heart salute, according to Elizabeth Brown, a reference librarian at the Library of Congress.

"It's just so much a part of the fabric of American society," Brown said. "We all grew up with it in our schools and our scout meetings and at so many events."

The pledge itself is more of a patchwork quilt.

The words "my flag" initially appeared instead of "flag of the United States," Lapkoff said. As a socialist, someone who supports the government controlling most aspects of life, Bellamy wanted any country to be able to say the same pledge. But several political organizations at the 1923 National Flag Conference agreed to change the wording in an effort to boost American patriotism, Lapkoff said, and it has been that way since.

"Under God," the pledge's most controversial phrase, was added 31 years later. Tensions at the time were high between the United States and the Soviet Union - a group of nations that embraced communism. Belief in God was something communists did not support.

In 1952, a Catholic group called the Knights of Columbus urged Congress to add "under God" to the pledge. The effort stalled. But the Reverend George Docherty, a Presbyterian minister, revived the idea when he preached about it at his D.C. church on February 7, 1954. The special guest that day was President Dwight D. Eisenhower. Support grew quickly, and Congress passed a resolution that spring to add the words. Eisenhower signed it into a law on June 14, Flag Day.

Brown, the librarian, said it's surprising that the original pledge didn't include the words.

"Bellamy was a minister, which makes you wonder why 'under God' didn't get in there sooner," she said.

That part of the pledge has upset some people. The Constitution's First Amendment established the separation of church and state, and a few people have argued in court that students should not recite a pledge that mentions God. But the courts have mostly rejected that idea, because saying the pledge and saluting the flag is voluntary. (The Supreme Court ruled on that issue in 1943.)

Lapkoff said she's grateful that the pledge has helped people keep thinking about what it means to be American.

"I think people have different ideas about patriotism now," she said. "The Pledge of Allegiance has been instrumental to defining freedom of speech."

Special thanks to...

Bill Bartlett, Harry Pontius, Marilyn Tanner, Phil Mayo, Karen Parker, Marty Lockard and others for providing ideas or other input (whole articles, reports and information, photos) for this month's newsletter. Such help is essential to presenting the news of this Club!

The Last Word - on Resolutions

Last month's - "...I resolve to take an active interest in the civic, social and moral welfare of the community."

This month's - "I resolve to unite the members in the bonds of friendship, good fellowship, and mutual understanding."

Note About This Newsletter

Bob Stahl was a WW2 veteran (US Navy - Pacific Theater) and a Fairfax Lion for nearly 40 years (serving as President and bulletin editor, among other duties). This "Bob Stahl Memorial Newsletter" is published in PDF format, and is sent by email to club members after the 1st dinner meeting each month. **YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME!** (That does not mean \$ contributions, but your words & photos!) Send anything, anytime, to tilleryg@gmail.com I need your help to publicize information about our Club, and about you.

That's all folks!

Send me any items to include in the newsletter.

tilleryg@gmail.com

Fairfax Lions Club



We Serve

Since 1951