



THE LIONS ROAR

FAIRFAX HOST LIONS CLUB

Volume 60, Issue 4

MEET THE NEW LIONS

December 2010

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Nic Morrow



Mike Greeley



Cory Green



Linda Brining



Carter Marlow



Ron Krantz

LION NIC MORROW

Inducted October 19



Dr. Nic Morrow feels that joining the Fairfax Lions is the best way to serve his community. He'd like to get involved with the Fruit Sales and Food

Basket Deliveries. Nic is a doctor at Palmercare Chiropractic and is involved with the International Chiropractic Pediatrics Association, Council of Wellness, and a business networking group. Originally from Baraboo, WI,

he has also lived in MI, IA, IL, and VA. He likes to spend time with his family skiing, snowboarding, working out, and skydiving. He also breeds Akita dogs. We look forward to getting to know you!

LION MIKE GREELEY

Inducted November 2

Considering how fortunate we are to live in the greatest country in the world with all the blessings and opportunities we receive, it is not difficult to return the favor. I began exploring ways that I might help others and through my church, I participated in building/repairing homes for people who lack the resources. Because I enjoyed this and the camaraderie, I decided to accept Elden Wright's invitation to visit the Lions. As a new member, I am very grateful for the opportunity



to meet and work with a group of individuals

who are so committed to serving others. The variety of activities sponsored by Fairfax Lions is amazing to me. I plan to participate in the eyeglass recycling program and become more acquainted with other programs. The fruit sales were also very enjoyable. Early in my career, I learned that my profession could be a lonely one. My first assignment as an exploration geologist, searching for metallic minerals in the western US, kept me alone in the field for weeks at a time. I came to the realization that as much as I loved geology, I did not relish living alone with rocks. When I started talking to them, I knew I

was in trouble! After 4 years as a field geologist, transferring to a large, open-pit copper mine where I could interact with many people with a variety of professional skills, changed my perspective and improved my disposition considerably. Ultimately, I had a wonderful career and made many friends along the way. While working in Tucson, AZ, I met Kate and we were married in 1980. She has kept me on an even keel ever since. We are blessed with 3 children & 5 grandchildren & enjoy being with them very much. Together, we enjoy gardening, hiking, and traveling. Kate is a voracious reader and I enjoy researching our families.



"If Bill has the confidence in me to make a good Lion, I thought I would try."



We Serve

"This morning I woke up an outsider and tomorrow I will wake up as a part of the Fairfax Lions."



LION CORY GREEN

Inducted November 2



After persistent encouragement from Bill Trent, Cory Green decided to visit a Fairfax Lions dinner meeting. The first time he visited us, his daughters (Soledad and Tess) were young and he didn't have the time to commit away from his family. Now that they are older, Cory felt that he needed community service in his life.

"If Bill has the confidence in me to make a good Lion, I thought I would try." We are proud to announce that Cory Green was inducted into Fairfax Lions Club on November 2.

He's excited about the wide variety of activities we do and is looking forward to working at the Food Booth for the Fall Festival and 4th of July Parade. Cory has already been to many dinner meetings, worked at the November Fruit Sales and signed up for December. He wants to learn more about the Lions and get to know us better before tak-

ing on a leadership role.

Cory has been to every state in the US, except for Alaska and ND. As an Air Force brat, he lived in SD, MT, and Panama. He attended the Naval Academy in Annapolis, MD and now works with TSA, developing counter terrorism intelligence technology.

He's married to a lovely woman named Alma and his family owns two black cats.



LION LINDA BRINING

Inducted November 16



As a female, it means a lot to be accepted into such a dynamic organization. When in Australia (*International Convention*), we were told to think of the first time you knew you were a lion (not inducted). I knew the exact time. It was on a trip to Uganda, waiting to see the faces of those participating in a cataract camp organized to reach as many villages as possible. Thirty surgeries were done, one right after another. It was

amazing to see the smiles when their eyes began to focus. And I was a part of it! Many miraculous events transpired on that trip. On the way home I thought "It doesn't get any better than this." And then, it did -I found out I was going to be a grandmother. God is so good. And that little wonder is the love of my life. Poetry & plants are also my passions. I'm easy to spot with a camera in-hand, trying to catch great plant combinations. Creating dwarf Alpine Gardens, colorful patio containers &

perennial gardens are both a hobby and vocation. I have two fabulous children, a great son-in-law, a wonderful grandson, and an amazing husband. I'm proud to announce I've been inducted but we need new members. New members get the honorary position of Orange Rollers at our Citrus Sale. Unless I want to do this again next year, we need some newer members. Very proud to be, Lion Linda



LION CARTER MARLOW

Inducted December 7



Carter met Tom Edick at the Fall Festival membership booth on October 9.

Carter is interested in volunteer activities and has worked with other organizations cleaning up the C&O Canal; helping with FACETS in Fairfax City; working at Food For Others; and even volunteered at Celebrate Fairfax at the Government Center this summer. With his wide range of volunteer experience he's sure to bring new ideas to our club.. He's excited about our variety of activities and is keeping an opened mind as to with what to get involved. He's already helped with the Fruit Sale & signs, and delivering food baskets. Native to VA, he graduated from Woodson HS and

went to GMU. He's currently in school earning a degree in Computer Science.

I worked at H&R Block for ten years as the lead IT Tech & Admin for eight offices with people of great character and wisdom and consider them family. I now have my own IT consulting company called Alpha Systems Solutions.

My family visited our house in Bethany Beach, Delaware every summer and I learned how to surf, play tennis, and bodyboard. I also rode horses when I was younger because the private school (Congressional Schools Of VA) I attended. I am an avid skier and have skied up and down the eastern region. My greatest passions are computers and helping others.

I am adopted, and that is the one most significant way my parents have shown they love me. They are the biggest inspirations in my life and I strive to be like them. They are patient and loving; they still hold hands when they go on walks or are at the mall. These little things have been instilled in me. My mother is a doctor in Human Genetics & Biology and taught at Georgetown University and also worked for a few government agencies. My father was Chief Bio-Chemist for the EPA (chief of the analytical chemistry branch) for thirty years! They are now retired and I get to spend more time with them.



LION RON KRONTZ

Inducted December 7

I've always thought that I have a responsibility to do things that help people and the Lions focus on those sorts of things. I'm pleased to give time and effort to the cause.

I look forward to the dinner meetings and am interested in Food Basket Delivery. I'd like to try the role as a guest speaker at a meeting and I have a couple of new ideas for topics. I'd like to set up a weekly ongoing series of meetings for prediabetics and diabetics (similar to Weight Watchers), encouraging people to eat healthy and exercise regularly since research shows that roughly half of the problems associated with dia-

betes in the U.S. are preventable by getting people to eat healthy and live healthy life styles. That's huge. I've lived in VA since 1980. I'm active in my church (Floris United Methodist in Herndon). I sing with 3 choral groups and do my share of duty running the sound system. I served on active duty in the US Air Force for 20 yrs, the last 12 in the Pentagon. For the last 3 yrs, I've owned and operated a business called Home Helpers. We send caregivers to peoples' homes to assist with ordinary activities of life - like cooking, light housekeeping, laundry, and errands.

I earned my B.S. from Ball State University; M.S. from US Naval

Postgraduate School; and my PhD from University of Michigan
I'm married with 2 sons, a daughter, and 7 grandchildren. My wife & I like to go on cruises and hope to go on our next in 2011. I like to take pictures and dabble with making music with my computer. (If the Lions group wants it, I can make background music for the songs we sing at the meetings). I went to five different elementary schools, but didn't go to kindergarten. Officially, I named myself-I've never met anyone who made that claim!



CLUB MEMBERS GET ON MEMBERSHIP BANDWAGON Marilyn Tanner, Membership Chair



T.S. Eliot wrote, “You are the music while the music lasts”. If we apply that same thinking to the Fairfax Host Lions Club member population during the past few years, we know that, through the lack of a concerted membership effort, we’ve hit a sour note and our numbers are down. It’s time to strike up the membership band!!

To be played correctly, strong club membership requires attention to the 2 R’s – Retention of existing members and Recruitment of new members. In September, Past Council Chair Bill Bartlett (assisted by Lion Marilyn Tanner) conducted a Membership Workshop, featuring his newly-created “*I-Plan for Membership Growth in Lions Clubs*”. Steps in the “*I-Plan*” include:

Identify prospective new members for your club

Interest them in learning new things they can use in their work life

Invite them to attend a meeting or a fundraiser, and ask them to join

Induct them into your club with a meaningful ceremony after a good orientation

Involve them in the activities of the club as quickly as possible

The “*I*” *Plan* resonated with club members. Without skipping a beat, members jumped on the membership bandwagon and began to actively work on identifying prospective new members. Our club started to hum with membership activity! Letters were mailed to over 60 prospective Lions, inviting them to attend the October 5 Membership Night dinner meeting. A Mobile Membership Display was created to show the many ways our members have fun while raising funds to help our community. Display boards, featuring all of the club’s fundraising and charitable activities were also constructed. Knowledgeable Lions were recruited to man the display boards.

When the curtain went up at the October 5 Membership Night dinner meeting, club members were all singing from the same sheet of music. The mood was festive, as 9 prospective members were entertained and educated about the important role Fairfax Lions play in helping their community. Lions Bill Trent, Jim Davis, Don Ballard, Steve Haywood, Carl Enix, Tom Edick, Bill Bartlett, Marilyn Tanner, Jeff Root and Suzanne Greenwalt served as “station attendants” during the evening. And, Lion John Bailey was our program speaker. Membership Night received rave reviews!

The membership tempo continued to pick up speed as Nic Morrow (KL Gary Maxwell, sponsor) was inducted into the club on October 19. Mike Greeley (Lion Elden Wright, sponsor) and Cory Green (Lion Bill Trent, sponsor) joined the club on November 2. Linda Brining (KL Gary Maxwell, sponsor) was inducted on November 16, followed by Carter Marlow (Lion Tom Edick, sponsor) and Ron Kronz (Lion Rodney Neely, sponsor) on December 7. PCC Bartlett orchestrated each member orientation and induction. Welcome to FHLC, Lions Nic, Mike, Cory, Linda, Carter and Ron!! The “song” you sing while you are a Lion is all up to you.

Continuous effort by all club members will be instrumental to the success of our membership program this year. While we work to recruit more new Lions to join FHLC, let’s also strive to keep meetings and other activities more fun-filled to help retain the members we already have. To paraphrase, Ronald Reagan, “Life (as a Lion) is one grand, sweet song, so start the music”.



FALL CONFERENCE Suzanne Greenwalt

October 29-30



Thank you to everyone who worked to make the Fall Conference a success on October 29-30, 2010. We had a great turn out of Lions from all over the district. Our team was led by Charlie Raper and Greg DeRosa with special guidance from DG Dennis Brining and PCC Bill Bartlett.



Friday night, we celebrated Halloween with

a costume party, games, prizes, and karaoke! Tom Edick and Greg DeRosa ran the Pumpkin Toss game, making up the rules on the spot. Charlie Raper and Suzanne Greenwalt guarded the goodies at the Grave Walk. Jay found creative ways to



encourage kareokers. Reba Morse



did the decorations. Centerpieces were ar-



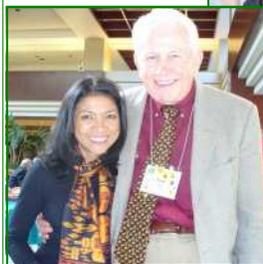
ranged by Linda Brining. She also made beautiful door

hangers and welcome baskets for all of the distinguished guests.

Congratulations to PCC Bill & Terry Smith who won the 50/50. The club made \$750 from all 3 drawings.



A wide variety of tables were set up in the hotel's atrium ranging from Service Dogs to Pin Traders, Basket of Cheer Raffles to Car Donations. Each of our seminar presenters did an excellent job, and conference attendees had to make the diffi-



cult decision of which training session to visit!

We had a special speaker, International Director Anne K. Smarsh who delivered an amazing and inspirational talk at lunch leaving everyone in the room proud to be a Lion. Several Fairfax Lions were honored for their hard work and dedication. ID Smarsh pre-

sented International Presidents Awards to PCC William Bartlett, Lion Suleiman Alibhai, to Lion Greg DeRosa, and 1st Vice District Gov-



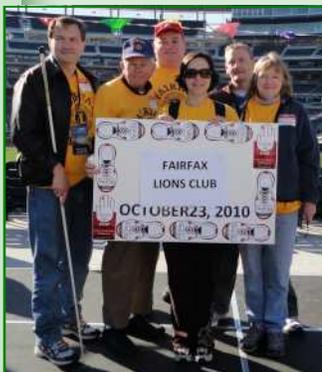
ernor Dennis Kelley. Lions and guests who attended the Saturday Banquet stepped into a dining room that could be described as "Fall Evening Fantasy." Lion Reba Morse worked her creative magic on each table. After dinner, ID Smarsh held the audience spellbound as she delivered an inspirational lesson. Using a severed rib-



bon as a prop, she demonstrated that what has been done in the past is the past, and we can't change that. However, we as Lions can work to change the future by what we do for others. Fairfax Lions were proud to host this year's Fall Conference. We hope that everyone is excited about attending (& working at) the Winter Conference on Feb 18-19, 2011!



Diabetes & hearing loss are two of America's most widespread health concerns. Nearly 24 million people in the US have diabetes, and an est 34.5 million have some type of hearing loss. Is there a link? Yes, says the National Institute of Health. In fact, the NIH has found that hearing loss is twice as common in people with diabetes as it is in those who don't have the disease. Of the 57 million adults thought to have pre-diabetes, the rate of hearing loss is 30% higher than in those with normal blood sugar.



ADA TEAM YARD SALE Suzanne Greenwalt

October 2



In an attempt to raise funds for the Fairfax Lions team who walked at the American Diabetes STEP OUT Walk on Oct 23, a yard sale was held at Suzanne Greenwalt's house on October 2.

We made over \$500 from our event. Sales included tickets to a Family Fun Night Basket put together by Suzanne and her mom, bake sale items

from Mike Greenwalt and a neighbor, raffle tickets to the National Federation of the Blind 2011 Cruise, an entertainment book, and a small amount from the donation jar.



Thank you to Lion Suzanne Greenwalt, Lion Pete Conklin, Lion Tom Edick, Mike Greenwalt, and Marge Stewart who worked the entire event organizing & pricing, setting up, selling, negotiat-

ing, and cleaning up. It was an incredible amount of work and dedication. Thank you to Lion Steve Haywood for helping us retrieve the tables from the shed and for the use of his tarps. Thank you to everyone who donated items and to Lions Jay Kahn, Charlie Raper, and Rodney Neely who stopped by to find new treasures. The Lupus Foundation picked up all of the unsold items the next day.



AMERICAN DIABETES WALK Suzanne Greenwalt

OCTOBER 23

The Fairfax Lions had a nice turnout for the American Diabetes Walk on Saturday October 23, 2010. Six Lions and friends met at the Greenwalt's for bagels & coffee and carpooled to Nationals Stadium in Washington, DC. There was excitement in the air as we wandered around getting our pictures taken with Screech



(the Nationals mascot), snacking on goodies, and gathering freebies including books on living with Diabetes, frisbees, and key chains. We did a group stretch and then



started the walk with a lap around the stadium and 2 miles through the surrounding neighborhood. There was no shortage of water, apples, bananas, and granola bars handed



out by hundreds of ADA volunteers who thanked each person for participating. The Fairfax Lions raised over \$2200, putting us in second place for the "clubs/organizations" category. Thank you to everyone who donated. This year we walked in memory of Lion Ernie Lynn.



FALL FESTIVAL Charlie Raper

October 9



The Fairfax Host Lion's club had their best Fall Festival ever this

year. We set up a second food and beer stand at the request of the City organizers. The second food stand gave the Lions club great visibility while providing refreshments to accompany the live entertainment at



the festival. With food booths setup at each end of the festi-

val we made about twice the profit that we normally do for this event.

This extra money will allow our club to do more for the community and hopefully will increase our membership. We want to thank the City



for having the confidence in our club to improve the experience at the 2010 Fall Festival. We are looking forward to next year so



we can do it all over again.



CLUB RETREAT Suzanne Greenwalt

September 12



Despite the early morning storms, it was a great day for a potluck picnic at the Izaak Walton League in Centreville, VA on Saturday Sept 12.



Bucky Sills, with the Clifton Lions, camped out over night to prepare beef brisket, pork, and chicken in his custom made smoker. It was quite an impressive

set-up and we thank him for all of his work! The food was delicious.



Lion Don, Barb, and Ray Ballard, Lion Suzanne and Mike Greenwalt, Lion Marilyn Tanner and Chuck Higdon showed up early to get the site ready for the festivities. No essentials were missing thanks to Gary Maxwell and his trip to BJs. Lions,



families, guests, and even a few potential new lions began arriving around noon with plenty to keep them busy until lunch was served. There was a beautiful catch & release pond, bocce ball, horse shoes, and all the offerings of a shooting range. Marilyn Tanner displayed her hard work on the new membership board complete with pictures, hand outs, and everyone's favorite: Chocolate. Thanks to everyone who helped, organize, shop, set up, cleanup, & made the day great!



CITRUS FRUIT SALES Bill Trent

November 16-20



The Fairfax Lions had a banner sale at the November Citrus Fruit Sale. 680 cases of oranges & grapefruit were sold or given to charity. Recipients included the Lamb Center, Craig Van Lines, City of Fairfax, and Fairfax Lions Club food basket program which served 40 needy families in the local area. The flavor and overall quality of the fruit was

excellent! Several Lions who sampled the fruit said, "this is as good as I can remember." After unloading and rolling all the fruit, less than half a dozen individual fruits were spoiled and replaced. Initial data on the sale show that we had the highest profits in recent memory. The total profit will go into the Fairfax Lions' charity account and will serve needy people in the greater

Fairfax City area. Congratulations to all the Fairfax Lions! You have done a superior job raising funds for the needy in the community!



THANKSGIVING FOOD BASKET Marilyn Tanner

November 23



Fairfax Lions helped to make Thanksgiving a more enjoyable holiday for 40 families in our area. Charlie Raper coordinated the very successful food delivery program. Lockheed Martin Corp generously provided enough food items to fill 30 Thanksgiving baskets. FHLC donated 10 baskets, provided food pickup, assembly and delivery services. Charlie, accompanied by his daughter, Kristinha, watched as the

Lockheed Martin employees enthusiastically loaded their van with all the ingredients for a yummy Thanksgiving meal. Charlie and Kristinha delivered the food to Marilyn Tanner's garage - temporarily known as "Distribution Central". While Charlie and Christina continued on to purchase and deliver supplies for 10 baskets, Marilyn assembled the other 30 food baskets into 60 brightly-colored, reusable bags.

Greg DeRosa arrived early to pick up 4 food baskets, so that his Oakton HS Leos could deliver them after school. Other hard-working Lions who participated with deliveries include: Carl Enix, Gary Maxwell, Jeff Root, Ken Schutz, Ken Giberson, Pete Conklin, Rodney Neely, Ron Weber, Suzanne Greenwalt, Tom Edick, and Carter Marlow. Making someone's "Turkey Day" a little brighter - it's a beautiful thing!!

SANTA'S RIDE Suzanne Greenwalt

November 16 & December 7



Thank you to Officer David Pierce and Officer Kevin for joining us at our dinner meeting Nov 16. We collected toys that night and again Dec 7 for their "Special Santa's Ride" program. The Police Motor Squads participating are from the City

of Fairfax, Vienna, Herndon, Falls Church, VA State Police, and the Fairfax County Sheriff's Department. They take the toys to the children's oncology wards at Fairfax Hospital and Georgetown Hospital. Officer Pierce said that it is rewarding to have the

kids happy to see them since kids on the street usually fear police. Thank you to all of the Lions who donated.



BLOOD DRIVES Elden Wright

September 7



The Blood Drive on September 7, 2010 produced 23 good units of blood to the Red Cross. Twenty-eight potential donors signed in at the site but unfortunately 9 were not permitted to give blood due to low iron, high blood pressure, or not sufficient



time from the last donation. That is the highest percentage of disqualification we have ever had.

Despite that, donors and staff were happy to be there and a part of the process.



Lions who reported to the drive were Chan Medwedeff and his wife, Toni; Bill Trent; Carl Enix; Elden Wright; Ken Giberson; Jim Kaplan; Michael Rumberg; and Suzanne (who dropped by for the pictures). These Lions produced 8 of the 23 units



collected. Chan and Ken both gave "double red" which accounted for 4 of the 8 units.

Due to unforeseen circumstances, the December drive was cancelled but some Lions found other locations to support the Red Cross. The next Lion drive will be in March 2011.



To date the Fairfax Lions have collected 2882 pints of usable blood. We have touched so many lives!

CABINET SOCIAL Gary Maxwell

December 5



On Sunday, December 5, 2010, a total of 59 lions and guests attended the District 24-A Winter Social at Giuseppe's Ristorante Italiano in Haymarket, VA. Although the temperature outside was extremely cold and windy, a warm and festive atmosphere was gathering inside. Fairfax Host Lions Club was repre-

sented by DG Dennis Brining and his wife; Lion Linda, PCC Bill and Lion Terry Smith, Lion Joe Breda and his wife Terry, Lion Tom Edick, Lion Phil Mayo,



Cabinet Secretary Jay Kahn, IPP Jeff Root and President Gary Maxwell. After a delicious dinner, we were treated to holiday entertainment by Janet

Lunsford and the Heritage Hunt

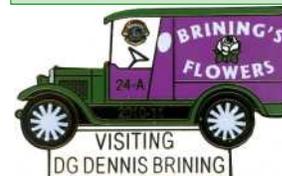


Troubadors; who performed for almost 40 minutes. The table decorations and ornaments were hand made by Lion Reba Morse and her elves. They were absolutely stunning.



THE DG VISITS

DG Dennis Brining visited our club on December 7. This is part of a series of visits he has been making all over the District to discuss the actions we have been taking over the past several months to position the district for future growth and to get us out of the decline we have experienced for the last decade. Good luck to Dennis and his team!



I SEE MORE CLEARLY NOW Ben Wiles

November 3

SHOE NIGHT
November 16

The Tail Twister was feeling evil and warned us to come prepared to dinner on November 16 or face the consequences.

Members had to show their signed Lions International Card, wear their name tag, and wear their Lions Pin or face a heavy fine.

The only way out was to wear mismatched shoes.



Some Fairfax Lions chose to wear different shoes no matter what to play it safe.

For the most part, Lions weathered the evening.

The get out of jail card might not be so kind in the future.

It was beginning to get so I couldn't see

Then a new pair of glasses was furnished to me

I see more clearly now who are these people any how

it is not given me to weep But I am glad my job I can keep

And they did not take the few dollars I make and my handiwork will again be neat

I can sell and my family will be able to eat It is hard to say how I feel As I express my joy I will probably squeal

I can now study and I can learn

That I have nothing to give in return

They don't seem to care Only glad they are able to share

Those who pickup, sort, and grade I will never meet

The end results of their efforts to me are sweet I see more clearly now I would like to show my appreciation

To the Lions Club somehow



BFW
11/3/10

PEACE POSTER CONTEST Jeff Root

November 18

The Fairfax Host Lions Club sponsored Peace Poster contests in four middle schools this fall. Winners are:
Frost Middle/MinJoo Kang
Lanier Middle/Juliet Clark
Rocky Run Middle/
Ha-young (Hannah) Kim
Stone Middle/Julie Sim
and Jamell Newkirk (tie)

Peace Poster winners, their families, and their art teachers will be recognized at the FHLC dinner meeting on Tuesday, January 4.

All posters advanced to the District 24-A contest and were judged by staff from the Arts Council of Fairfax County. Out of 25

posters, MinJoo's poster took first place, while Ha-young's poster received an honorable mention. MinJoo's poster will advance to the District 24 State contest.

The theme this year is "VISION OF PEACE."



GREENWALT GROWL- MEMBERSHIP

When the Lion year started, we decided to focus on recruiting new members. I had no idea how we were going to pull it off or how big of an undertaking this would turn out to be. So far, we've inducted six new members and we're only half way through the year!

Lion Marilyn Tanner and PCC Bill Bartlett lead the

team with unique and exciting ways to get us motivated. Remember Bill Trent and Suzanne Greenwalt as "neighbors" trimming trees at a dinner meeting? What about the "I" Plan? A successful Membership night? That was all thanks to Marilyn, Bill, and the membership committee! We've seen the hours of work, planning, and meetings to get

us where we are. Marilyn's membership stand will be used for many more upcoming events and has already made appearance at the retreat, membership night, the Fall Festival, Fruit sales, and the Fall Conference. It's a great at-a-glance tool to introduce the public to the large number of programs in which Fairfax Host Lions are involved. Great job!

USA/CANADA FORUM Marilyn Tanner

September 23-25

This year, the annual USA/Canada Leadership Forum was held in Milwaukee, Wisconsin. Lions Pete Conklin, Jay Kahn and Charlie Raper represented Fairfax Host Lions Club at the forum.

A wide variety of more than 70 seminar topics was available to forum attendees. While at the forum Lion Pete chose to attend the "Membership and Retention" seminar, and was thoughtful enough to bring the presentation materials back to share with our club. The M&R seminar emphasized some of the same membership strategies identified in PCC Bartlett's "I-Plan", and also in the District 24-A Club Excellence Process (CEP). Isn't it

grrrrreat to know that our district and club are on the cutting edge of the latest and best Lions Club membership practices?!

Lion Pete's M&R seminar also provided some great ideas for involving "invisible members" – those members who are interested in club activities but are physically unable to attend regular club meetings. We have several FHLC members that fall into this category on a sustained, or temporary, basis. These ideas will be discussed at the next FHLC Membership Committee meeting.

The potential benefits of attending a leadership forum of this type can have a far-reaching impact on the Lion atten-

dee and on his/her Lions Club. Valuable leadership practices are taught, inspirational stories are told, and new ideas are shared. As demonstrated by Lion Pete, it's an opportunity to grow into a better Lion leader. Plans for next year's USA/Canada Leadership Forum in Anchorage, Alaska are already in the works and can be viewed at: [https:// usacanadalionsforum.org/](https://usacanadalionsforum.org/) Forum attendance requires FHLC Board of Directors' approval, and some funding is usually available.



CLUB EXCELLENCE PROCESS Suzanne Greenwalt

October 3

The Club Excellence Process (CEP) is a workshop program dedicated to club improvements. A participating club will be guided by a facilitator through 4 steps of approximately an hour each. Clubs look at their community's needs, take a survey on their membership experience,



use proven resources and develop action plans. The overall goal is to build strong leaders, improve club membership/



retentions, and make the Lions better. Several Fairfax Lions including John Bailey, Jeff Root, Jay Kahn, and Rodney Neely attended the CEP workshop held at the

Park West hall in Manassas on Oct 3. Lion Sharon Schrack was also in attendance, along with presenter Lion Phil Schrack.



LIONS COLLABORATE WITH NFB *Press Release Edward Woodard*

November 16

Over 220 sighted, visually impaired, and blind were in attendance at the National Federation for the Blind Virginia's annual state conference.

The crowd was eager and enthusiastic to hear about new technologies, lessons in independent mobility, use of white canes, and to listen to what other organizations have to offer to the visually impaired.

Lions Clubs International, 24-A DG Dennis Brining was in attendance and spoke during the general assembly. In his speech, he highlighted the need to collaborate with other organizations to reach growing community needs. DG Brining says there is power in the pride, "As Lions we can respond collectively. Lions Clubs are encouraged to show their global friendship and help other Lion communities in times of calamity. Clubs united make possible what may be beyond the capacity of a single club or district. We are everywhere."

LCIF work in collaboration with numerous corporate & NGO's and Government Partners to

include, the Carter Center which has been awarded more than \$40 M to prevent River Blindness in Africa and Latin America, Habitat for Humanity, Special Olympics, The National Eye Institute, & many others. Locally, the 24A Lions have strategic partnerships with Prevent Blindness Mid Atlantic (PBMA)



who developed a Certified Vision Screening Program that reaches nearly 400,000 children/year, across VA. PBMA with Lions support as appropriate is now moving this same program into MD in hopes of reaching some 550,000 children over the next three years. More recently District 24-A Lions joined forces with the VA Dept of Blind and Visually Impaired and The Prevention of Blindness Society to expand a Low Vision Center in

Fairfax that will reach 2.3 million people.

The Lions of Northern VA raise and return more than \$1,000,000/year and the Lions of VA raise more than \$5,000,000/year to assist their communities.

"We are able to provide financial support in force, the sheer number of Lions members allow us the availability to really make

aged collaboration as did most of the day's speakers.

Additional covered topics ranged from literacy for the blind, early child literacy programs, the needs of the blind deaf community, to adjusting to the workplace. All speakers agreed there is a great need for civic, state, federal, and nonprofit organizations to unite to expand capabilities and truly address the needs across the Northern Virginia region and beyond.

District 24-A Lions Clubs volunteer time & efforts to humanitarian causes through our district, VA, and the world. By conducting service projects and raising funds Lions strive to help indigent people locally and throughout the world community. The Lions' motto is "We Serve". LCIF was founded in Chicago in 1917 and has grown to be the world's largest service organization with more than 1.3M members belonging to approx 43,000 clubs in 206 countries. The NFBV Affiliate is one of the 52 in NFB. There is an affiliate in every state, DC & Puerto Rico. <http://www.nfb.org>.

a difference," noted DG Brining. He ended his speech stating that Northern Virginia Lions are currently in discussions with several other potential partners, and after Saturday's presentation, 24-A Lions hope to include the NFB VA to their list of partners.

During the assembly, Dr. Lawson, coordinator and instructor for the VA Consortium for Teacher Preparation in Vision Impairment at GMU, encour-

PREVENT BLINDNESS *Press Release Jennifer Heilman, Director of Communications* **October 5**

The Prevention of Blindness Society of Metropolitan Washington (POB) announced the donation of nearly \$60,000 in low vision equipment by the VLEIF for its new low vision center opening in Alexandria, VA. "POB wants to thank VLEIF for their gracious donation to the new low vision center," said Dr. Suleiman Alibhai, director of the center. "Low vision care helps individuals with vision loss make the most of their remaining vision. With a growing older population, there is a great need for these services in the metropolitan area." Among the equipment donated is the Nidek Microperimeter, which is the new standard in mapping blindspots in patients with a condition affecting the retina. VLEIF has also donated a computerized visual acuity eye chart. This enables the low vision practitioner to measure the level of vision more accurately by changing the size, contrast and objects projected on the eye chart based on the patient's age and level of vision.

"I am extremely excited about our new partnership with POB as it expands our capability to collectively meet the needs of the community in providing low vision services in the local area and serves as a platform for us to develop potential joint grant proposals to LCIF to reach an even larger percentage of the population throughout the Northern VA area," said DG Dennis Brining. The low vision center is located at 103 S. Alfred Street in Alexandria. Founded in 1936, POB of Metropolitan Washington is dedicated to the improvement and preservation of sight by providing services, education, advocacy and innovation. POB screens more than 7,500 children annually for vision loss and strabismus and 5,000 adults for glaucoma. POB also serves nearly 8,000 low income and homeless persons at its eyeglasses clinic. POB sponsors the Aging Eye Network, the Macular Degeneration Network and the Stargardt's Net-

work. In 1966 the Lions Eye Clinic was established at the Joseph Willard Health Center, City of Fairfax as a cooperative effort between District 24-A, the Fairfax Co Health Dept & volunteer ophthalmologists. The clinic's mission is to provide basic eye care to people who can not afford care. The Lions Eye Clinic moved to Fairfax Hospital in 1974. The clinic is equipped with state-of-the-art equipment. The VLEIF funds are used for the purchase of equipment, education, scholarships and clinical research. Equipment can be placed in not-for-profit hospitals anywhere in District 24-A. It supports symposia and continuing medical education for para-professionals and nurses in the ophthalmic field. VLEIF also has a scholarship award for sight handicapped individuals. For more information, visit www.youreyes.org



UPCOMING EVENTS & ANNOUNCEMENTS

<p>January 1 New Years Day 4. Peace Poster Dinner 5 Eyeglass Recycling 6 Lunch Bunch 18 Dinner meeting 19 Eyeglass Recycling 19 Bingo</p> <p>February 1 Dinner Meeting 2 Eyeglass Recycling 3 Lunch Bunch 13 Bland Competition 14 Valentine's Day</p>	<p>15 Silent Auction 16 Eyeglass Recycling, 16 Bingo 18-19 Winter Conference</p> <p>March 1 Dinner Meeting 2 Eyeglass Recycling 3 Lunch Bunch 15 Dinner Meeting 16 Eyeglass Recycling, 16 Bingo 24-26 Citrus Fruit Sales</p> <p>April 5 Dinner Meeting</p>	<p>6 Eyeglass Recycling 16 Charter Night 20 Eyeglass Recycling, 20 Bingo 19-25 Passover 24 Easter</p> <p>May 3 Dinner Meeting 3 LOVF Raffles 4 Eyeglass Recycling 8 Mother's Day, Youth Camp 17 Dinner Meeting 17 Eyeglass Recy, Bingo 19-20 State Convention</p>	<p>FHLC teamed up with NFB selling 2011 cruise raffle tickets from MD to the Bahamas. We earned \$285 from 57 tickets. NFB made \$10,000 for training programs for blind youth to learn Braille. Knowing Braille is one of the best ways to ensure a visually impaired person can get and keep a job.</p>
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January 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 New Years Day
2	3	4 Peace Poster Dinner	5 Eyeglass Recycling	6 Lunch Bunch	7	8
9	10	11	12	13	14	15
16	17	18 Dinner	19 Bingo and Eyeglass Recycling	20	21	22
23	24	25 BOD	26	27	28	29
30	31					

February 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Dinner	2 Eyeglass Recycling	3 Lunch Bunch	4	5
6	7	8	9	10	11	12
13 Bland Competition	14 Valentine's Day	15 Silent Auction	16 Bingo and Eyeglass Recycling	17	18 Winter Conference	19 Winter Conference
20	21	22 BOD	23	24	25	26
27	28	March 1 Dinner Meeting	March 2 Eyeglass Recycling	SAVE THE DATES:	March 24 Citrus Fruit Sale	April 16 Charter Night