



## Fairfax Lions Club News - August 2018

"Bob Stahl Memorial Newsletter"

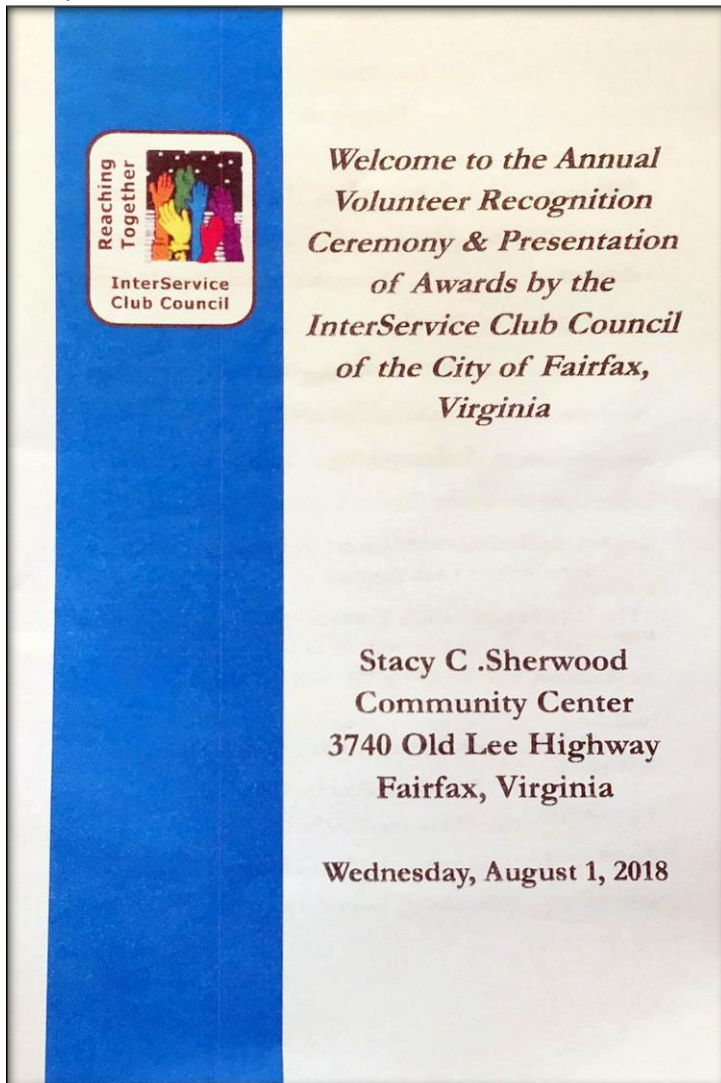


**Monthly Resolution: "Count your age by friends, not years. Count your life by smiles, not tears." (John Lennon)**

### Service - Our Mission

A special report...not about a single Club service project; instead it is the well deserved recognition of a club member for her steady and significant service year round.

Each year, our Lions Club President may select a Lion-of-the-Year. The criteria and process for selecting that person rests completely with the King Lion. As you may know, your club is a member of Fairfax City's InterService Club Council. A primary activity of the ISCC is a ceremony each year to recognize the volunteers-of-the-year across the many service clubs that make up the ISCC. That ceremony took place on August 1 in the Sherwood Center, a very nice city facility just off Old Lee Highway. For Lions year 2017-2018, Immediate Past President selected Lion Marilyn Tanner as the 2018 Fairfax Lion of the Year.



In the August 1st ceremony, Fairfax City Mayor David Meyer (shown in photo to the right) spoke about the American tradition of joining with others - a characteristic noted by the French diplomat Alexis de Tocqueville - and cited as one example the volunteer 'Cajun Navy' saving lives in Houston amid hurricane Harvey's torrential rain. He encouraged all civic organizations to reach out to young people to continue the great tradition.



ISSC President (and Lions Past President) Pete Conklin recognized the service clubs to introduce their honoree.

IPP Marty Lockard represented Fairfax Lions Club, and commented on the service mission of all Lions and that of the our Club.

#### Fairfax Host Lions Club

With more than 1.35 million members in more than 46,000 clubs worldwide, Lions Clubs International is the largest service club in the world. The Fairfax Lions are best known for fighting blindness, but they also feed the hungry, aid seniors and the disabled and care for the environment. Membership is open to men and women.

#### What appeared in the event program

Then Marty introduced the wonderful contributions made by Lion Marilyn Tanner to this community.

#### Volunteer of the Year: Marilyn Tanner

Lion Marilyn Tanner has been a dynamic and valued member of the Fairfax Host Lions Club since 2003. She is a repeat Volunteer of the Year. She has exemplified herself through service—with a special place in her heart for local

community outreach to the poor and needy. Not only is she a hard worker and volunteer, she is also a leader who plans and executes activities with precision. Some of her volunteers activities include, Lions Eyeglasses for the Poor Program, leading Thanksgiving and Christmas Food Baskets for the Poor Program, organizes "Food for Others" Food drive, leads "Road-kill Saturday" Program to clean up streets, runs the Lions Reading Action Program, along with regularly volunteering for many other committees and programs in he Lions organization.

#### As Described in the Event Program



IPP Marty Recognizes Lion Marilyn's Service



L-R: Mayor David Meyer, ISCC President Pete Conklin, Honoree Marilyn Tanner, and IPP Marty Lockard

It was indeed a wonderful celebration and an event inspiring all to volunteer service. Well done Past President Pete Conklin, IPP Marty Lockard, and - most certainly - Lion-of-the-Year Marilyn Tanner.

## **Fund Raising - Underpinning Our Service Mission**

### **Vehicle Donation Program**

Program chair, Lion Ken Schutz, reported one vehicle was donated, and sold, in the month of July adding \$334 to our charity account. You may say, \$334 - not a lot. Well, that is true; but every charity dollar we raise goes to help others...\$334 can put new glasses on about seven people in need in our community - so it is important. And, under Lion Ken's leadership, the car donation program is fast becoming an important part of our charity fund raising. The books have closed now for last year, 2017-2018, and the car donation program raised a total of \$9,364.58, from seven vehicles donated. **Well Done** Lion Ken!

YOU can help...just by passing the word. Tell your neighbors and family, put a notice on your company bulletin board, etc. It is so easy for a person with a vehicle he doesn't want - just pick up the phone! Sample ad (put on your work bulletin board):

### **Donate Your Vehicle to Charity**

Have a vehicle (car, truck, boat, motorcycle, all-terrain-vehicle, etc) you don't want? Call 844-455-4667; trained staff will answer any questions, and take it from there. They will pick-up, repair, and sell your vehicle - and all proceeds go to Fairfax Lions Club...helping people in our community.

**Fairfax Lions Club is a charitable organization.**

**Contributions are tax-deductible.**

CALL 844-455-4667

More at: <http://www.fairfaxlions.org/donate-a-vehicle/>

### **Amazon Smile**

Fairfax Lions Club is registered with Amazon Smile and has been receiving deposits from Amazon in our charity account. Amazon sends us a very small percentage (0.5%) of what YOU spend at Amazon Smile (IF you order thru Smile, and have selected Fairfax Lions as your Smile charity). The transactions work fine - we are properly registered, and receive funds. We encourage YOU and your family to use this program. You do not pay anything extra, it only take a few key strokes to set up; and charity funds go to our club.

Sign up page:

<http://smile.amazon.com/ch/54-1743126>

Select your charity: "Fairfax Host Lions Club Charities Inc"

Amazon has established itself as a major shopping center for the world; there is great potential for our Club to add regularly to our charity account. Please, SIGN UP!

### **Lions Dinner Out**

We took a break for the summer; our dinners-out begin again on Wednesday, September 12. It is a win-win: restaurant donates part of our spending to our club charity account, and we enjoy social camaraderie (no business) with club members, family, and guests.

#### **Charity Fund Raiser – Lions Dinner Sep 12th**

***Always*** the 2nd Wednesday of each month

***Always*** The Auld Shebeen Restaurant

3971 Chainbridge Rd, Fairfax, VA 22030



Ask to "Sit with the Lions Group"

6:30 pm - Happy Hour prices; 7pm - Dinner

Order from regular menu

Separate checks; Pay your own bill.



### **Dinner Meetings**

#### **July 17th**

The Pledge was led by Immediate Past President Marty Lockard, the song "Take Me Out to the Ball Game" led by Lion Huey Sullivan, and Invocation was given by Lion Jeff Root. The song was most appropriate, as July 17th was the night of the 2018 Major League Baseball All-Star game in Washington DC.

The meal featured beef stew and shrimp alfredo, along with rice and veggies. In addition to our planned speaker, also attending the meeting was Lion Shravan Shivangi who recently moved to Ashburn and plans to transfer his Lion membership to our Club.



IPP Marty Lockard Introduces Lion Shravan Shivangi

Past Council Chair Harry Parker - another about-to-transfer - was also present.

Our speaker was Dr Matthew Levy on the topic of "Stop the Bleeding." Matthew chairs the STB Coalition, is on the staff at Johns Hopkins and is an Associate Professor



of Emergency Medicine. We learned that 35% of pre-hospitalization deaths occur due to bleeding out, and the need for bystanders to ACT QUICKLY to stop bleeding. We learned about putting pressure on the wound, applying tourniquets, and "packing a wound" with gauze treated with a hemostatic agent. Matthew urged all to: Get Kits (first aid kits with the materials

to stop bleeding) , Get Trained, and Get Involved, and showed us a short training video. Read more about STB Coalition <https://stopthebleedingcoalition.org/>

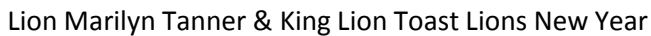


King Lion Karen Presents Gift to Dr Matthew Levy

The Tail Twister presented each Lion upon entering the meeting with a noise maker. One example, a tiny horn:



When Tail Twister Marilyn Tanner got up to toast the beginning of a Lions New Year, we figured out what the noise makers were for, and "tooted" in celebration.



50/50 raffle prizes were won by: Lions Diane Druyor and Jim Davis.

By tradition, the Club's monthly newsletter is published the day after the 1st monthly dinner meeting. This usually works out OK. This month, your newsletter Editor must be out-of-state for this meeting, due to a family situation. So, the newsletter is published a little early...and we have no plan to capture the August 7 meeting in a future newsletter.

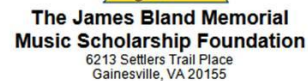
<h2 style="text-align: center;">Green Acres Center</h2> <h3 style="text-align: center;">Tuesday, July 24, 2018</h3>	
8:00 am-9:00 pm	\$ Fitness Rooms OPEN: \$96/year; \$15/monthly; \$5 drop in; Senior Center members FREE
1:00 pm	Senior Council Meeting
2:00 pm	Tai Chi Practice
3:00 pm	\$ Sr. Beg. Pickleball Lesson
4:15 pm	C4 Dance
5:45 pm	Pranayama Breathing
6:00 pm	GA Traditional Yoga-C
7:30 pm	Fairfax Host Lions Club Board of Director's Meeting
7:45 pm	\$ Health & Fitness: PM Pilates

One position is not filled: 2nd Vice President. Please consider the opportunity to serve in that role. You get the opportunity to observe experienced club officers and learn to make wonderful contributions in club service and operations. Ask any Board member for information.

Two Lions, not on the Board, attended as observers: Lions Phil Mayo and Harry Parker. (All club members are welcome - encouraged - to attend, to learn more about your club.)

- Membership growth is important, and it will occur as we engage in our service functions and fund raisers, and talk about Lions to others.
- New fund raising ideas are wanted; there are no bad ideas. Please approach KL Karen with any ideas you may have.
- Working together, Fairfax Lions will have a successful year. The key is working together!

Lion Jeff Root circulated a letter thanking our club for the charity donation to support the Bland competition.



I want to thank the Fairfax Host Lions Club for the generous donation (year 2017-2018) of \$400 to show your gratitude for the important service the Bland competition provides to our communities and the state of Virginia. Your donation means so much and allows us to continue to award scholarships each year. I am gratified that you agree that these young, dedicated, talented musicians are deserving of our support.

Shirley Wilson

Shirley Wilson  
Bailey's Crossroads Host Lions Club Bland Chairperson  
District 24-A Lions Bland Chairperson  
Bland State Foundation Chairperson

Lion Ken Schutz reported monthly club membership numbers:

### Membership Reporting Status

[illegible]

Regular Member	39
Affiliate Member	10
Privileged Member	1
<b>Total</b>	<b>50</b>
Life Member	3

1st Vice President Mike Rumberg reviewed plans for club social activities:

- Club Retreat(Picnic) - Sep 15
- Holiday Party - Dec 18
- Charter Night - April 7

## Upcoming Events

Aug 2 - Lions Lunch Bunch  
Aug 7 - Regular Dinner Meeting  
Aug 8 - **SERVICE:** Eyeglass Recycling  
Aug 8 - **SERVICE:** Call Bingo at Nursing Center  
Aug 21 - Dinner Meeting  
Aug 27 - Board Meeting  
Sep 3 - Fairfax City Labor Day Car Show (Clifton Lions)  
Sep 4 - Dinner Meeting  
Sep 6 - Lions Lunch Bunch  
Sep 12 - RESTART-Lions Dinner Out (6:30 Auld Shebeen)  
Sep 15 - Club Retreat (Providence Park)  
Sep 18 - **NO REGULAR DINNER MEETING**  
Sep 19 - **SERVICE:** Eyeglass Recycling & Bingo  
Sep 25 - Board Meeting

## Lions Information - Visitation

King Lion Karen asked that our newsletter include "visitation guidelines" for Lions year 2018-19. You may ask, What is visitation? Well, it is not fund raising and it is not service, but it is something clubs are encouraged to do...visit other Lions clubs to get ideas, and to meet other Lions. Believe it or not, making visits is actually a criterion for a club to receive awards. So here is what is new in visitation guidelines:

- "Clubs will be self-reporting and will only report once at the end of the Lion year. This means that you will not have to fill out a visitation form. You do need to tell me (visitation chair for District 24-L) when you visit the name of the club you visited, the date of the visit, and who in the club participated in the visit. You do not need to record mileage."
- "Clubs with less than 30 members need only one member to visit to get credit for a visit. Clubs of 30 or more members require two members to get credit for a visit. However, if the visit is over 50 miles, only one Lion is required to visit regardless of the size of our club."
- "Under 24L there will be two types of awards:
  - Participation. All clubs that make 12 or more visits and visit all clubs in their Zone will receive a participation award. This is the goal we have had and met this year.
  - Governor's Award. The club making the most visits in the Small (less than 30 members) and Large (30 or more members) will receive the Governor's award."

## Miscellaneous

Your newsletter editor got an email from "Wreaths Across America," the group that puts wreaths in Veterans Cemeteries at Christmas. The email had a link to a video about the wreaths, featuring a **special person**. That special

person is aging now, and is suffering from Parkinson's. And, he wears a pale blue ribbon around his neck - the Medal of Honor - the highest form of recognition service members can receive for their actions against an enemy, a sign of distinguished valor. He is Roger H.C. Donlon ; if you don't know about him, take a minute and look at what he encountered and his actions on July 6, 1964.

**Link to wreath video:**

<https://www.youtube.com/watch?v=cQzTlqgTSbk&feature=youtu.be>

Link to MOH citation:

[https://en.wikipedia.org/wiki/Roger\\_Donlon](https://en.wikipedia.org/wiki/Roger_Donlon)



Roger H. C. Donlon

## About This Newsletter

Bob Stahl was a WW2 veteran (US Navy - Pacific Theater) and a Fairfax Lion for nearly 40 years (serving as President and bulletin editor, among other duties). This "Bob Stahl Memorial Newsletter" is published in PDF format, and is sent by email to club members after the 1st dinner meeting each month. **YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME!** (That does not mean \$ contributions, but your words & photos!) Send anything, anytime, to [tilleryg@gmail.com](mailto:tilleryg@gmail.com) I need your help to publicize information about our Club, and about you. And please do not hesitate to let me know where I may have misspelled names, etc.

## Special thanks to...

We thank KL Karen Parker, Lion Ken Schutz, Lion Jeff Root and others for providing ideas and/or input (whole articles, reports, photos) for this month's newsletter. Such help is essential to presenting the news of this Club!

## That's all folks!

*Send me any items to include in the next newsletter.*

[tilleryg@gmail.com](mailto:tilleryg@gmail.com)



