



## Fairfax Lions Club News - September 2018

### "Bob Stahl Memorial Newsletter"

From Rules to Live By\*: "Life isn't fair, but it's still good. When in doubt, just take the next small step." (Regina Brett, age 90)



### Service - Our Mission

A new theme?

**WE SERVE THE WORLD AND OUR LOCAL COMMUNITIES WITH PRIDE, COMPASSION AND KINDNESS.**

You may ask: That's new, isn't it? What happened to the plain-old "WE SERVE?" For answers, see **Lions Information** later in this newsletter.

More importantly, does our Club engage in service representative of this new theme? Yes, and a good example is our Club's service at the...

### NoVA Lions Eyeglass Recycling Center

Our Club collects eyeglasses donated by members of our **local community**; we help process those eyeglasses at the Center, and the fruits of that work - recycled eyeglasses - are distributed **around the world, helping less fortunate** persons see better.

Twice monthly, several members of our Club take donated eyeglasses to, and work a few hours at, the Lions Eyeglass Recycling Center.

In Arlington, the center is in a Virginia Hospital Center building. Lions have their own entrance to the building.



(Below)The room where the work is done.



The Center ALWAYS can use more volunteers!

Records are kept of the donated eyeglasses brought in - and they come from all over. The inventory record photo (right) says a Richmond Lions club brought in 2000 pair last year!

Date	CLUB	NUMBER OF GLASSES	Hearing Aids
7-27	Manfield Lions Club	2,811	
8-2	Falkas	47 glasses	
8-7		17,0	
8-8	Vietnam Host	20,4	
8-8	" "	412	
8-7	MT Vernon Pkwy	323	
8-7	St. John's Lodge	370	
8-7	Richmond Lions Westchester	476	
8-11	Rice Lodge	2000 Pair	
8-11	Dale Pookiff	300 PAIR W/CALES	
8-14	Lovettsville Lions	STEARNS LENSES	CASES
8-14	Lake of the Woods	17,0 lbs	
9-15	Vol	29,2	featuring Sky
10-15	Reston Lions	35	
12-18	District 22C	376 lbs	
2018		400	

In the recycling room, the first step is washing and inspecting the eyeglasses. (Left photo) The wash station, and the next photo (Right) a community service volunteer dries,



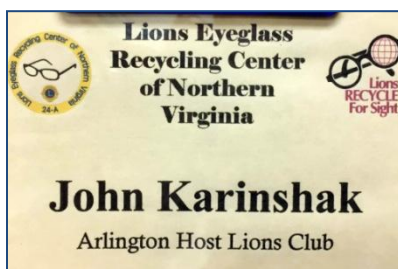
sorts, and places clean eyeglasses in "Washed" bins.

The current stockpile of "washed" eyeglasses is quite large. Each one of the green bins in this photo (below) holds washed eyeglasses, awaiting Lion volunteers to process them.



Teams from several local area Clubs process the eyeglasses using sophisticated machines in the Center that read the correction of each lens. The volunteers mark that correction factor on the plastic bag they put the eyeglass into.

The Lion who manages the operation is John Karinshak.







Lions Joe Breda and Marty Lockard Process Eyeglasses



Lion Phil Mayo Processes Eyeglasses



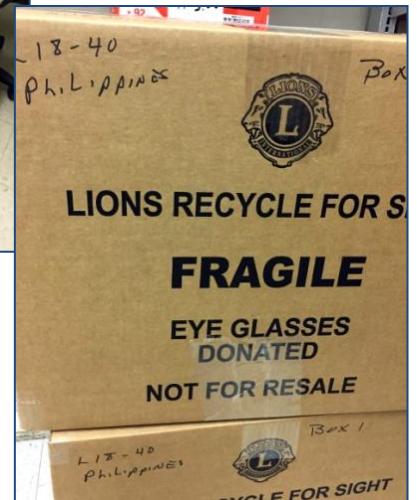
(Left) Baileys Cross Roads Lions Club volunteers, Don and Ann, process eyeglasses.

(Right) One of the new machines used in the Center



(Left) Lion John Karinshak boxes up processed eyeglasses.

(Right) Full boxes ready to ship with medical teams going to the Philippines.



The products of all this volunteer effort are the eyeglasses that have been through the complete process, packaged and shipped around the world to help others.



(Left) PDG Lion Emily Carnes helps John Karinshak in scheduling volunteers to work in the center, and keep things moving!



Jim Davis worked the day of above photos, but I did not get his photo. Here is a file photo from days gone by - Jim using an older machine to read eyeglass Rx.



The bulletin board at the NoVA Lions Eyeglass Recycling Center says it all...



So, what are the measures of Fairfax Lions Club's service at the recycling center? We track the number of Lions, and the hours they work at the Center each month, and the number of donated eyeglasses and hearing aids we collect and deliver to the center.

#### Service Delivered by Fairfax Lions to NoVA Lions Eyeglass Recycling Center

Volunteers	Hours	Glasses	Hearing Aids
<i>(For 12 months, Lions year 2017-2018)</i>			
<b>90</b>	<b>193</b>	<b>7415</b>	<b>18</b>
<i>(And so far this year July-August, 2018)</i>			
<b>11</b>	<b>22</b>	<b>2217</b>	<b>0</b>

#### Fund Raising - Underpinning Our Service Mission Fall Festival Food Booth - Oct 13

You should have seen a recent email from Event Chair Cory Green, saying:

*For those who have not participated before, let me first point out that this event is a lot of FUN!*

*WHAT: Fairfax Fall Festival - Fairfax Lions food/beer sales fundraiser*

*WHEN: 9:00am-5:00pm SAT 13 OCT (\*\*NOTE\*\* Saturday ONLY. NO RAIN DATE this year.)*

*WHERE: downtown Fairfax*

*WHO: as many Fairfax Lions as possible*

*Please see all below and **reply as to whether you can:***

- 1. Support this important, fun-filled, Fairfax Lions fundraiser.*
- 2. Work ALL DAY (much appreciated, 9:00am-5:00pm) or just one shift (9:00am-1:15pm or 12:45-5:00pm). We need as many to work ALL DAY as can. I'll assume all day unless you indicate otherwise.*
- 3. Help with set up, take down, or both (much appreciated).*

*Flexibility and willingness to work any task also much appreciated, but let me know if you have a preference, and will try to accommodate:*

*cook; stuff hotdog buns' food/soda sales;  
runner/floater/roamer; gate watcher; beer sales/ID check  
beer team lead*

*Family/friend volunteers welcome! Would need to know about them soonest. **\*\*\*Please provide names and contact info.\*\*\****

*Thank you.*

*Cory Green, Chair 2018 Fairfax Lions Fall Festival event  
cell/text 703-740-7778  
[fhlc.fall.fest@live.com](mailto:fhlc.fall.fest@live.com)*

**Pls Let Cory know NOW!**

#### Reminder - Vehicle Donation Program

##### Donate Your Vehicle to Charity

Have a vehicle (car, truck, boat, motorcycle, all-terrain-vehicle, etc) you don't want? Call 844-455-4667; trained staff will answer any questions, and take it from there. They will pick-up, repair, and sell your vehicle - and all proceeds go to Fairfax Lions Club...helping people in our community.

***Fairfax Lions Club is a charitable organization.***

***Contributions are tax-deductible.***

**CALL 844-455-4667**

More at: <http://www.fairfaxlions.org/donate-a-vehicle/>

#### Reminder - Amazon Smile

Reminder - if you have not already, take a few key strokes to set up Amazon Smile donations to our club.

**Sign up page:**

<http://smile.amazon.com/ch/54-1743126>

Select your charity: "Fairfax Host Lions Club Charities Inc" - our Lions Club Charities will receive a small fraction of your spending at Amazon Smile! Please, SIGN UP!

#### Reminder - Lions Dinner Out Restarts

Wednesday, Sep 12 - Casual dress; order beverages & food from menu; pay your own bill; just have fun!

#### Charity Fund Raiser – Lions Dinner Out Sep 12th

***Always*** the 2nd Wednesday of each month

***Always*** The Auld Shebeen Restaurant

3971 Chainbridge Rd, Fairfax, VA 22030



Ask to "Sit with the Lions Group"

6:30 pm - Happy Hour prices; 7pm - Dinner

Order from regular menu

Separate checks; Pay your own bill.



## Dinner Meetings

Aug 21st

Tail Twister Marilyn Tanner had pre-announced this meeting would be an occasion for "Crazy Hair Night," intended as an excellent opportunity for Lions to show their creative/wild/strange side -- the crazier, the better!! Many Lions complied, as the following photos illustrate...



Hair by Marilyn Tanner, Phil Mayo, Mike Greely, Gordon Tillery



And by Phil Mayo, Ron Page, Harry Pontius



Rear view necessary to fully appreciate Harry's Crazy Hair



Hair by Bill Bartlett, Doug Brisson

And Mystery Lion  
With Mohawk Hair-do



After a fine meal of BBQ spare ribs, chicken, pulled pork (maybe it was beef?), potato salad, corn-on-the-cob, and Dixie Cup ice cream (must be summer time!), our speaker was Private First Class Christina M Gaizick of Fairfax County Police Traffic Safety Services. Christina gave us a wonderful refresher on safe driving, including updates due to technology. For example, instead of the placing your hands at the 10 and 2 o'clock positions on the steering wheel (as most of us were taught), the recommendation now is 4 and 8 o'clock. This is to reduce the chance of air-bags forcing your hands back into your face in an accident. And, with 4 and 8 positions, "shuffle steer" the wheel thru your hands when turning - no hand-over-hand movements. (I admit, I'm still a 10 & 2 old-dog.)

PFC Christina M Gaizick  
of Fairfax County Police  
Traffic Safety Services



We also learned that Virginia now requires folks age 75 to renew their driver license every five years; you must go in to DMV and take an eye test. And we learned seniors are driving more now (see following photo), but it appears our fatal accident rate is better than in the past. I guess safety technology is making up for any age-related diminished capabilities.



## FACTS:

- Seniors are driving more now than 20 years ago
- Despite growing numbers, older drivers are involved in fewer fatal accidents than in the past. A total of 4,792 people ages 70 and older died in crashes in 2016. (That's 18% fewer than in 1997.)
- Older drivers are more likely to die from their injuries  
([www.IIHS.org](http://www.IIHS.org))

After this excellent talk, King Lion Karen (note the KL's fancy hair in photo below) thanked PFC Gaizick and presented her our traditional speaker's gift (a Lions ball point pen).



Our Tail Twister Lion Marilyn Tanner recognized the winner of the "Crazy Hair" contest. Judged by a select and highly qualified panel of experts, the winner - it was a no-contest decision - was Lion Phil Mayo. Phil, as seen in earlier photos, sported flowers in someone's hair on top of his head. The intent was to recall the Mama's and Papa's song..."If you're going to San Francisco / Be sure to wear some flowers in your hair..." and Phil carried a sign saying "...Haight Ashbury or Bust."

*FYI: Haight-Ashbury is a district of San Francisco, named for the intersection of Haight and Ashbury streets. The neighborhood is known for being the origin of hippie counterculture in the good old 60's.*



Lion Phil Awarded Prize for Craziest Hair



Genuine 60's San Francisco Hippy - Hair Like Phil's?

KL Karen Parker reported that our club received a letter from LCI Foundation with a banner-patch award for our club's "\$100 Per Member Average" cumulative contribution to LCIF last year. (hmmm, about 49 club members, at \$100-per average, so Fairfax Lions Club donated to LCIF about \$4900 last year; who knew?) Note: The budget committee presents for Board approval each year a proposed charity budget. The approved budget determines the distribution of Club charity funds.



Club Award from LCIF for  
\$100 Per Member Average  
Contribution  
(LCIF letter is attached at  
end of newsletter)

50/50 raffle prizes were won by: Lions Marilyn Tanner and Gordon Tillery.

### **Sep 4th**

No regular dinner meeting on this date, due to Labor Day and the Club Retreat/Picnic on September 15th.

### **Board Meeting**

Your Board of Directors met on August 28th. Twelve Board members and two visitors participated. (Note: all Club members are invited to attend any Board meeting, in order to introduce Club members to how club business is conducted and provide transparency into Board decision making. Considerations at this meeting of the Board:

- Approved 2018-19 Charity and Admin Budgets
- Accepted report of internal audit of Club finances (no discrepancies noted)
- Approved four "Spouse Nights" this year; all spouses invited - no cost to spouses for dinner
- Committee Report - New Eyeglasses for the Needy; received 11 requests so far this year, all in work.
- Committee Report - Eyeglass Recycling (see article earlier in this newsletter)
- KL Karen announced the speaker for the Sep 18 dinner meeting: Supervisor Pat Herrity (Springfield District rep on Fairfax County Board of Supervisors)
- KL Karen asks ALL LIONS... please suggest to Karen any speaker they recommend for an invitation to a dinner meeting; email [acgakup@cox.net](mailto:acgakup@cox.net)
- Lion Harry Parker discussed likelihood of Lions of VA Foundation granting funds to help our Club purchase a SPOT vision testing system. (Such purchase is a priority for our club; we began last year setting-aside funds for the purchase.)

### **Upcoming Club Events**

- Sep 4 - **NO REGULAR DINNER MEETING**
- Sep 5 - **SERVICE:** Eyeglass Recycling
- Sep 6 - Lions Lunch Bunch
- Sep 12 - Lions Dinner Out (6:30 Auld Shebeen)
- Sep 15 - Club Retreat/Picnic (Providence Park)
- Sep 16 - NoVA Lions Youth Camp Open House (flyer att)
- Sep 18 - Regular Dinner Meeting (SPOUSES NIGHT)
- Sep 19 - **SERVICE:** Eyeglass Recycling
- Sep 19 - **SERVICE:** Call Bingo at Nursing Center
- Sep 25 - Board Meeting
- Oct 2 - Regular Dinner Meeting
- Oct 4 - Lions Lunch Bunch

### **Future Events - Mark Your Calendars:**

- Oct 13 - **FUND RAISER** Fall Festival Food Booth
- Nov 8 - General election day; VOTE!!!
- Nov 15-18 - **FUND RAISER** Citrus Sale
- Dec 18 - Club Holiday Party (Waterford at Fair Oaks)
- Dec 20-23 - **FUND RAISER** Citrus Sale

### **Lions Information**

#### **Lions International President's Theme**

Sometimes we hear a new message from LCI; it might be thoughtful, new, different - perhaps intended to spark interest in members. Your newsletter editor (just one opinion mind you) thought especially refreshing the new International President's announced theme (shown on the opening page of this newsletter):

**WE SERVE THE WORLD AND  
OUR LOCAL COMMUNITIES  
WITH PRIDE, COMPASSION  
AND KINDNESS.**

Don't you love that? It takes our Lions steadfast standard mission statement - the reason we are members - **"We Serve,"** adds clarity and completeness, but also preserves the basic standard. It is the theme statement proclaimed by the new (and current) Lions International President.

The new Theme flyer follows, copied from the LCI President's theme page:

<http://www.lionsclubs.org/resources/EN/pdfs/yngvadottir-presidents-theme.pdf>

The interesting scenery is no-doubt that of the Icelandic countryside.





Liking the theme, I read more about this new International President, Gudrun Yngvadottir of Iceland - the first woman LCI President.

You can also read more about Gudrun Yngvadottir, at this web page (which includes a nice video):

<http://members.lionsclubs.org/EN/lions/presidents-theme.php>



LCI President Gudrun Yngvadottir

## What's Up with Lions & Spouses

A very important topic is health within our Lions family. I do not always hear about health concerns (and sometimes my own insensitive nature limits my ability to recognize them...my apologies for that).

A couple of Lions spouses who have visited the hospital recently: Terry Breda, and Sarah Bartlett. We hope both of you (and any and all others) know, **WE DO CARE**. Sometimes we forget to say it (often me) but **WE SINCERELY WISH YOU THE BEST OF CARE AND A FULL and SPEEDY RECOVERY**.

- transition -

Your editor forgot to include in the August newsletter two interesting photos provided by Lion Jim Kaplan. Jim and Stacie had celebrated an anniversary this summer with a fabulous cruise in Mediterranean Sea.

As you can surmise from the photos on the next page, two of the port calls were in France and Italy where Jim spotted evidence of local Lions Club presence.



In a small hill town in Provence, France, a handicapped parking spot sign provided by a Lions Club



Near Rome, Italy, a Lions Club marker at base of an olive tree. Translates to something like: Lions Club of Santa Marinella began planting olive trees to symbolize serenity and strength.

## Miscellaneous

AARP (if you are age 50, you know what AARP is) has a weekly podcast (if you are age 50, you might not know what a podcast is).

A podcast is sort of like a radio program but broadcast over the internet. The AARP podcast "The Perfect Scam" looks at America's biggest scam stories. Hosted by Will Johnson (former Discovery Channel producer) and fraud expert Frank Abagnale (remember Leonardo DiCaprio in "Catch Me If You Can?"), the series has personal stories from scam victims and families. Interviews with professional con artists and experts tell how scammers operate, and share tips on how to protect yourself. It is interesting.

To hear the podcasts, go to this website:

<https://www.aarp.org/podcasts/> (You must register with AARP.)

## Anyone notice the \* in the Header?

In the newsletter header-banner, we set aside space for resolutions for you to consider.

Past issues have shown you many "I resolve" statements from the LCI Approved Objects and Purposes, and from the LCI Approved Code of Ethics. Certainly all of those are wonderful ideals to live by.

Now, we introduce you to some "Rules to Live By." They were written by a 90-year old woman named Regina Brett of Cleveland, Ohio. She wrote them, she said, "To celebrate growing older, taking lessons life taught me." Enjoy.

## Special thanks to...

We thank Lions Phil Mayo, Jim Kaplan, Marilyn Tanner, Bill Bartlett, Joe Breda, Jeff Root, and others for providing ideas and/or input (whole articles, reports, photos) for this month's newsletter. Such help is essential to presenting the news of this Club!

## About This Newsletter

Bob Stahl was a WW2 veteran (US Navy - Pacific Theater) and a Fairfax Lion for nearly 40 years (serving as President and bulletin editor, among other duties). This "Bob Stahl Memorial Newsletter" is published in PDF format, and is sent by email to club members after the 1st dinner meeting each month. **YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME!** (That does not mean \$ contributions, but your words & photos!) Send anything, anytime, to [tilleryq@gmail.com](mailto:tilleryq@gmail.com) I need your help to publicize information about our Club, and about you. And please do not hesitate to let me know where I may have misspelled names, etc.

## That's all folks!

*Send me any items to include in the next newsletter.*

[tilleryq@gmail.com](mailto:tilleryq@gmail.com)

## Attachments Follow:

1. Invitation to NO VA LIONS YOUTH CAMP OPEN HOUSE (RSVP requested).
2. LCIF letter with award for "\$100 Per Member Average" club's cumulative contribution to LCIF.





You're invited to a

**NORTHERN VIRGINIA LIONS YOUTH  
CAMP OPEN HOUSE**

**COME OUT AND ENJOY THE CAMP, TAKE A TOUR OF  
ALL THE CABINS. ENJOY A "FREE" LUNCH**

**Where: 1520 Lions Lane, Boyce, VA.**

**When: Sunday September 16, 2018**

**Time: 12:00 Noon**

**PLEASE SEND YOUR RESPONSE BY  
SEPTEMBER 10, 2018**

**Contacts:** Sharon Diefendorf (703)897-5864 or

Sharon Schrack (540)349-2735





# LIONS CLUBS International FOUNDATION

300 W 22ND STREET • OAK BROOK ILLINOIS 60523-8842 USA • 630.571.5466 • WWW.LCIF.ORG

August 2018

Dear Club President:

Congratulations to you and each of your club members on earning the enclosed \$100 Per Member Average banner patch, recognizing your club's cumulative support of Lions Clubs International Foundation (LCIF) in 2017-2018. As you know, Lions are increasingly called upon to meet the needs of vulnerable populations in communities both near and far. The support given from your club will help provide Lions the ability to reach these populations and improve the lives of individuals both young and old.

LCIF supports critical humanitarian needs in 208 countries and geographic areas around the world, with initiatives as diverse as the communities being served. Donations from your club, along with thousands from around the world, may help provide a vaccination to a child in the developing world or give food and shelter to the homeless after a disaster strikes their community. Where there is a need, there is a Lion – and LCIF.

Display this banner patch with pride and remember that it is a symbol of your dedication to serving the world community.

Sincerely,

Chancellor Bob Corlew  
2017-2018 LCIF Chairman