



## Fairfax Lions Club News - March 2019

The Bob Stahl Memorial Newsletter  
- Fairfax Lions, Serving Since 1951 -

**We Always Open With Service - It's Our Primary Mission**

**WE SERVE THE WORLD AND OUR LOCAL COMMUNITIES...  
WITH PRIDE, COMPASSION AND KINDNESS**

### Vision Screening

*By Lion Marty Lockard*

Saturday, February 2: A team of Fairfax Lions rolled out early this frigid Saturday morning and joined the local Kiwanis Club (and a few other vendors) on the 3rd floor of Firehouse #3. The event was the Fairfax Chocolate Lover's Festival. While the Kiwanians sold BBQ sandwiches, hot dogs, ice cream, and more, the Lions conducted 133 vision screens using the brand new SPOT screening system our Club now owns. This was about the same number of individuals we screened last year at the **Chocolate Lovers Festival**.



Fairfax Lions Vision Screening Team: Harry Pontius, Marty Lockard, Rob Higginbotham, and Mike Greeley  
(with Marty holding the SPOT Camera)



# Chocolate Lovers Festival

## Schedule of Events

### Friday, February 1

*Liquid Chocolate Tent: Chocolate Libations (all ages)—6-8 p.m., Old Town Square*

*Silent Auction Sneak Peek, 6-8 p.m., 10426 Main Street*

*Musical Chocolate with Beau Soir — 8 p.m., Stacy C. Sherwood Community Center*

### Saturday, February 2

*Craft Vendors — 9 a.m. to 3 p.m., Fire Station 3*

*Fairfax Host Lions Club free eye screenings — 9 a.m. to 3 p.m., Fire Station 3*

*Child Fingerprinting — 10 a.m. to 3 p.m., Historic Fairfax Court House*

*Historic Records and Archives — 10 a.m. to 3 p.m., Historic Fairfax Court House*



(Top) Ad in City Paper

(Above) Sign outside Fire Station

(Right) Lions Greeting Table at event



(Below) All being screened signed in; referral results were recorded  
 (Right) Kiwanian “Bob” screened by Lion Harry

**Chocolate Lover's Festival  
 Fairfax Host Lions Club Vision Screening  
 Feb 2, 2019**

Number	First Name	Age (if less than 20)	Refer (Y or N)	Reason(s) for Referral
1	Gordon		Y	Astigmatism, Anisometropia
2	Abigail	15	Y	Myopia, Anisometropia
3	Audrey	15	N	
4	Corrinne	16	N	
5	Margaret	15	N	
6	Rachel	15	Y	Myopia
7	Lolani	15	N	
8	Ryan	16	Y	Myopia
9	Ariana	35	N	
10	Yanna	16	Y	Myopia, Anisometropia
11	Maria	16	Y	Myopia
12	Max	21	N	
13	Rachel	24	N	
14	Will	8	N	
15	Angela		N	
16	Alexandra	16	N	
17	Rachel	15	N	
18	Lucas	15	N	
19	Danny	39	N	
20	Michelle	17	N	
21	Kyleigh	15	Y	Astigmatism
22	Sasha	16	Y	Anisometropia
23	Kyle	17	Y	
24	Harry		Y	Pupils too small
25				
26				
27				
28				
29				
30				



(Below) Each person received a screening report  
 (Right) Marty reviews results with a client

Vision screening does not replace a complete eye examination by an ophthalmologist or optometrist.

**Complete Eye Exam Recommended**

**Vision Screening Summary**

SUBJECT ID: \_\_\_\_\_

SCREENING: 02/02/2019 9:31 am GENDER: \_\_\_\_\_

AGE: 6 to 19 years

FIRST NAME: \_\_\_\_\_

LAST NAME: \_\_\_\_\_

POTENTIAL CONDITION

• Myopia (00,05)  
 [ nearsighted ]

6.0 13" 69 R L 5.7 0" -4"

OD -2.50 -2.00 OS -2.00 -1.75

RIGHT EYE IN RANGE OUT OF RANGE LEFT EYE IN RANGE OUT OF RANGE BOTH EYES

myopia hyperopia astigmatism gaze dev.

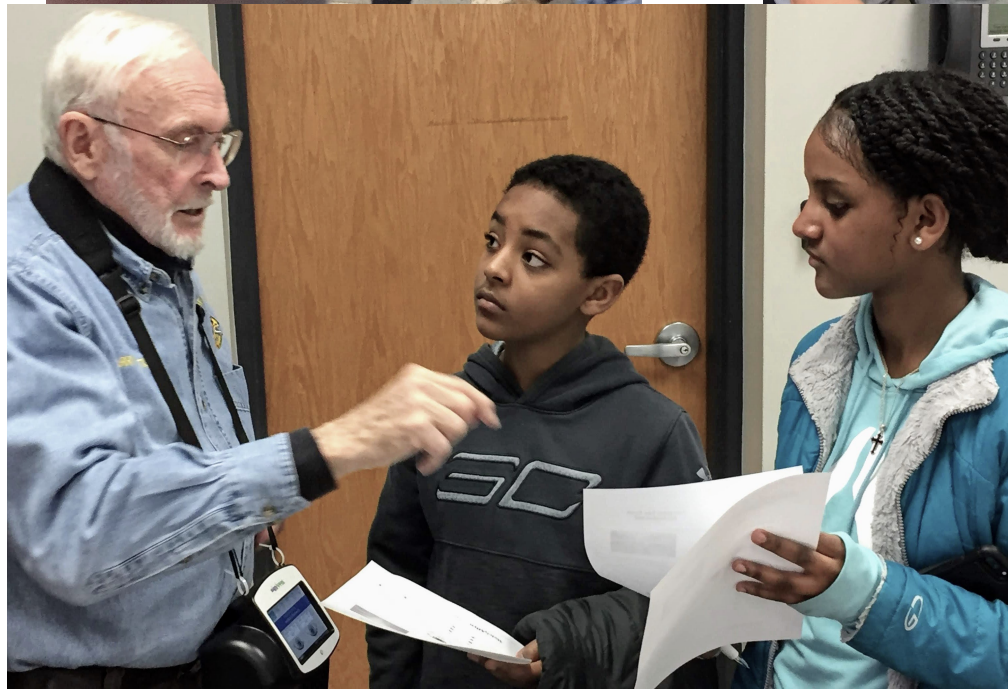
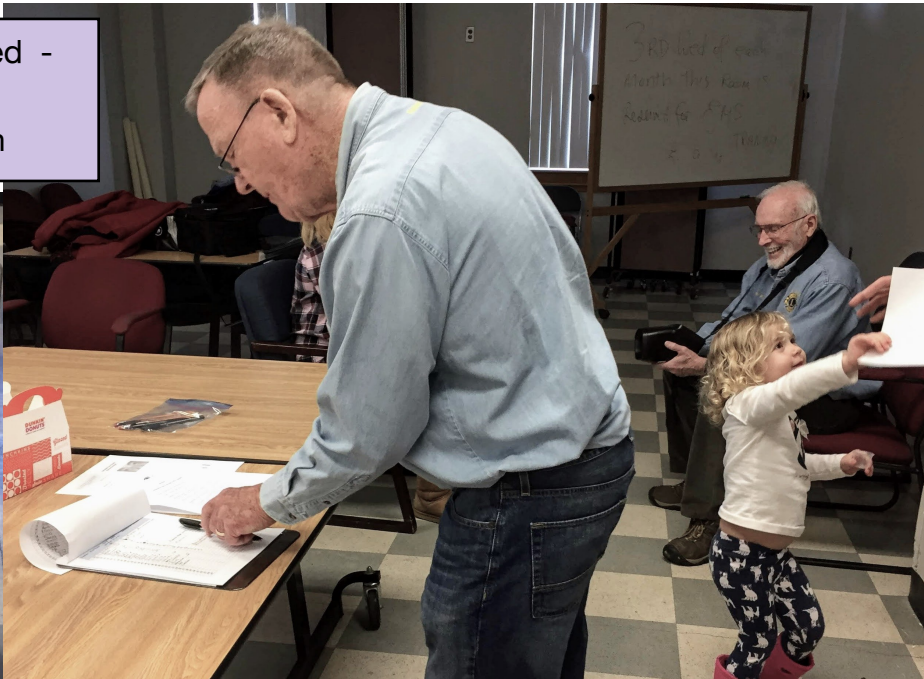
WelchAlllyn Spot™ Vision Screener  
 WWW.WELCHALLYN.COM

32735\_OR\_20190202\_091122\_0 02/02/2019 9:31 am



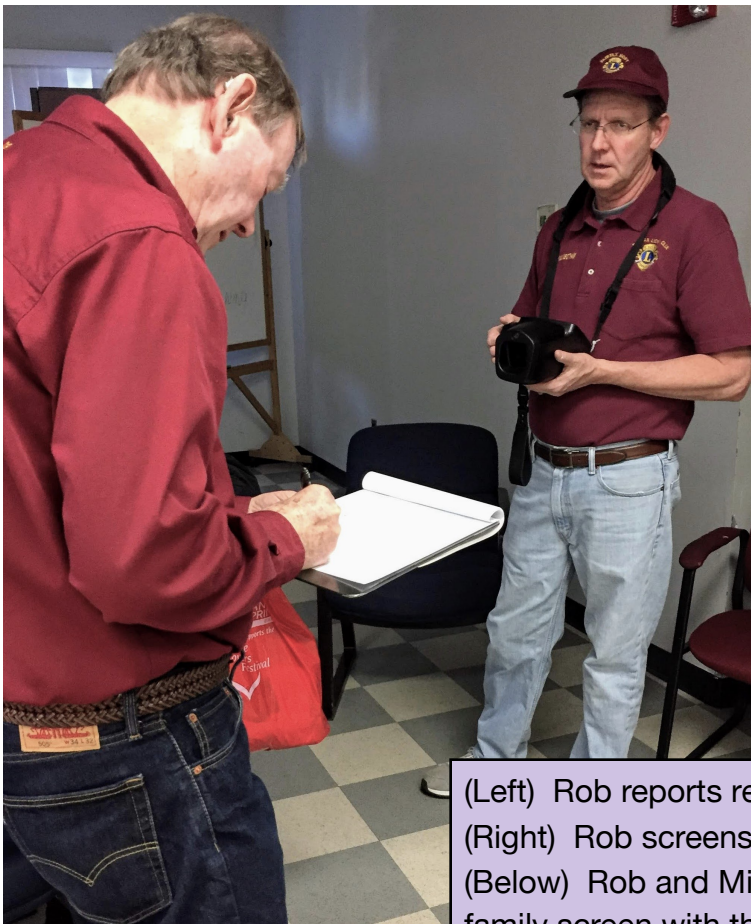


(Below) Children under 2 were screened - this young client screened by Harry  
(Right) Marty records results of screen

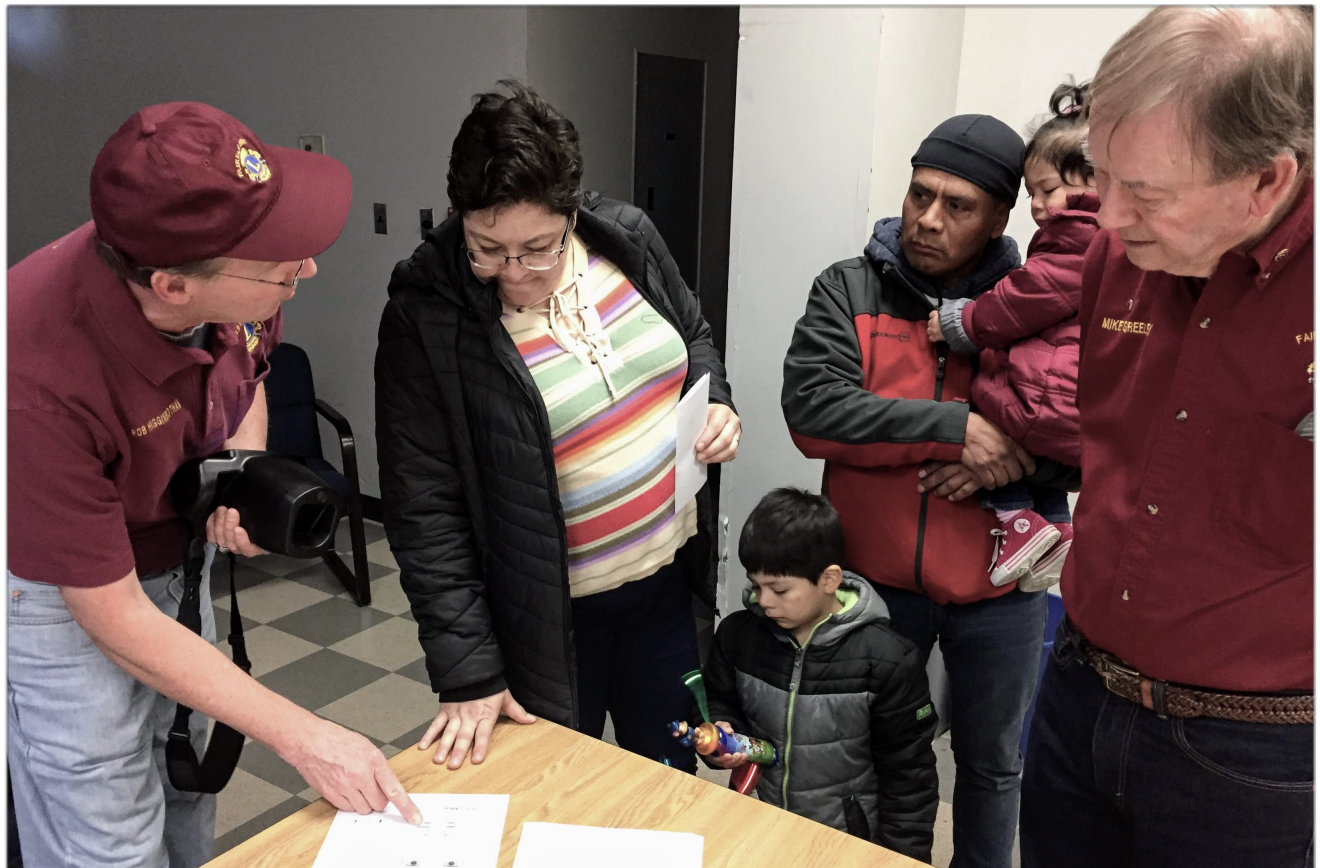


(Above) Rob and Marty make an adjustment to the SPOT camera  
(Left) Harry reviews results with clients





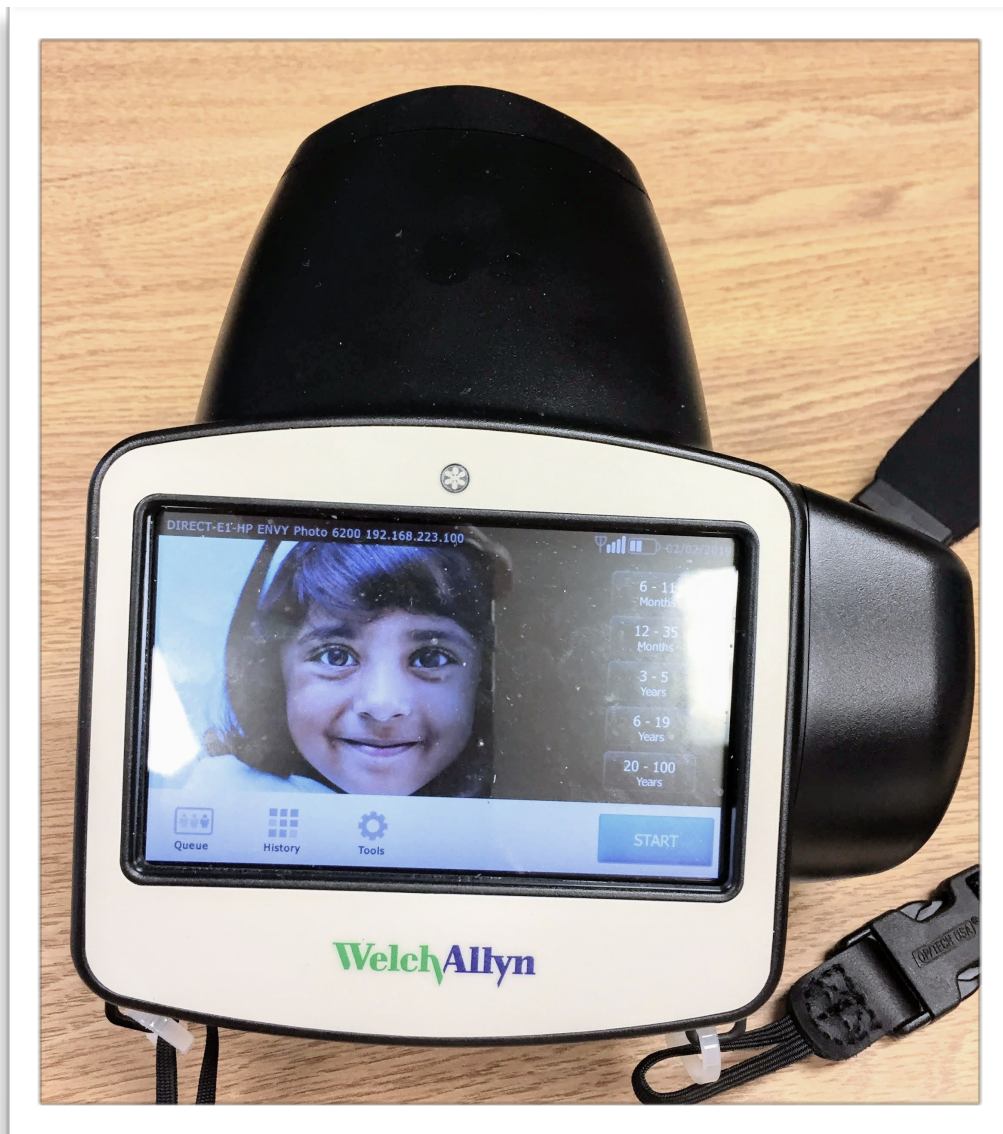
(Left) Rob reports results for Mike to record  
 (Right) Rob screens a client  
 (Below) Rob and Mike review results of a family screen with the clients





This event was a very productive six hours...**we identified 35 persons (a relatively high 26% of the 133 total screened) who were referred for a complete eye exam by a professional.** Among this group, several were young children. A number of families were screened and all were happy to learn about their vision. One young family was glad to discover that both children needed vision correction, but we could sense their concern about the cost of obtaining professional vision care. This was a good reminder for us to assure we have readily available our own written advice **“How to Obtain No-cost Eye Exam & Eyeglasses.”** This document is in the kit of materials with the SPOT system.

As said, overall, this was a most worthwhile and productive service activity; we got to know a few Kiwanians, we helped many people learn about their vision, and we “showed the flag” (the Lions presence) generating good will in the community. And, it was very personally rewarding to identify young school children with significant vision concerns so they may be addressed now! **WE SERVE!**



The WelchAllyn SPOT Camera owned by Fairfax Lions Club  
- Very easy to use, very accurate results! -



## Veterans Education

Who knew our club supports a Veterans education program? Years ago, PCC Bill Bartlett initiated this annual charitable donation by our club. Here is a thank you letter for our 2018 donation (IPP Mary Lockard was KL at the time of the donation, so the letter is addressed to him).



**GEORGE MASON UNIVERSITY**  
FOUNDATION

4400 University Drive, M  
Fairfax, Virginia  
Phone: 703-993-  
Fax: 703-993-

February 6, 2019

Mr. Marty Lockard  
FFX Host Lions Club Charities  
Post Office Box 98  
Fairfax, VA 22038-0098

Dear Mr. Lockard:

We want to extend our sincere gratitude for the impact that FFX Host Lions Club Charities has made to the Veterans Scholarship Endowment. Your gift has allowed for the success of our veteran scholarship recipients.

Out of the 115 institutions that are classified as R1: Research Universities by the Carnegie Classification of Institutions of Higher Education, George Mason is the youngest. Your support has granted us the opportunity to do work at the frontiers of biomedicine, technology, finance, and the arts. It has also helped us to remain one of the best values in higher education while also being the largest public university in Virginia. Mason has come a long way from its beginnings a mere five decades ago and we could not have become Northern Virginia's flagship university without your support.

Thank you for making a difference at Mason. Your generosity inspires others, and we are grateful for the good work you make possible. The future is bright at George Mason University, and we are fortunate to have supporters like you there with us.

Sincerely,

A handwritten signature in blue ink that reads "James J. Laychak".

James J. Laychak  
*Deputy Vice President, Advancement and Alumni Relations*



## Fund Raising - Essential to Our Service Mission

DELIVERING SERVICE DEPENDS ON FUNDS WE RAISE

### Lions Dinner Out - Feb 13th

Several regulars and one guest enjoyed a fun time the evening before Valentines Day. In the photo below are (L-R) Lions Pete Conklin, Gordon Tillery, spouse Elsie Tillery, guest Maryann Wetherill, and Lions Scott Dulaney and Rob Higginbotham. The food and refreshments were especially pleasing - almost as good as the camaraderie! And, we received a check for \$25 for our charity account, a rebate from the restaurant based upon our spending.



Fairfax Lions Club



### Next Lions Dinner Out, Mar 13 (Immediately after unloading fruit)

(Usually - the 2nd Wednesday of each month)

The Auld Shebeen Restaurant

3971 Chainbridge Rd, Fairfax, VA 22030

Ask to "Sit with the Lions Group"

Order from regular menu

Separate checks; Pay your own bill.

## Dinner Meetings

### Feb 5

Our guest speaker was Lion Jeff Root who described the annual Lions Peace Poster Contest in which our club participates. For three decades, the International Peace Poster Contest has made a global impact on adults and children alike. It directly reaches kids 11-13 years old,



giving them a creative way to express their visions of peace. Approximately 600,000 children from 75 countries participate in the contest each year; over eight million children from 100 countries have participated since 1988. The theme changes each year; Lions year 2018-19 theme was Kindness Matters.

Lion Jeff Root, for our club, has established an outstanding relationship with the Rocky Run Intermediate School art department. Nearly every year Rocky Run has at least one student participate with a Peace Poster. This year, our club selected as its winning poster the work of Miss Saranya Gadwala, age 13, of Rocky Run Intermediate School. Her poster also competed successfully at the District level and advanced to the VA state competition.

In addition to recognizing Miss Saranya, Lion Jeff also announced that Rocky Run Art Teacher Linda Ledbetter is awarded by our club a \$100 gift certificate to purchase art supplies. (Linda could not attend this presentation.)



(Above) Miss Saranya Gadwala accepts \$50 prize from Lion Jeff Root, for winning Peace Poster

(Right) Saranya talks about the meaning of her poster: Peace and Kindness go hand-in-hand





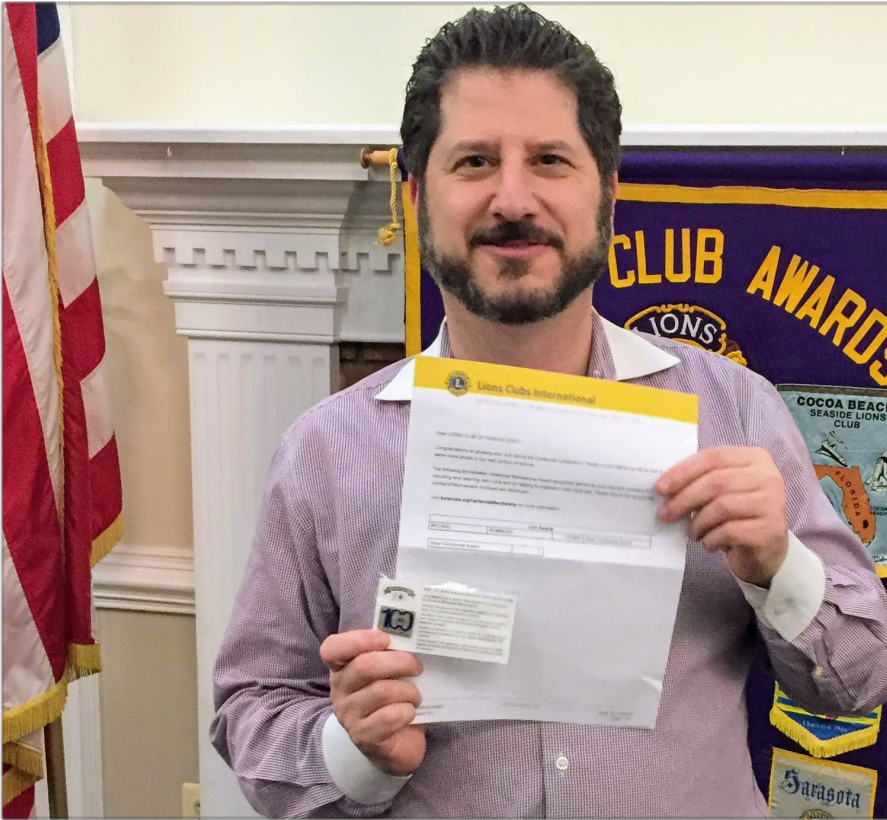


(Above) Miss Saranya Gadwall, Peace Poster contest winner, with mother, father and younger sister.  
 (Below) Winning Peace Poster by Miss Saranya Gadwala





King Lion Karen Udell Parker presented two awards from Lions Clubs International for achieving membership goals this past year. Lion Mike Rumberg received the Silver Centennial Award, and Lion Ken Schutz received the Gold Centennial Award.



(Left) Lion Mike Rumberg with Silver Award

(Below) Lion Ken Schutz accepts Gold Award from KL Karen



KL Karen accepted a recognition plaque for our club, from the "Fairfax Nationals" little league team - which our club sponsors each year as one of our youth charity programs.





King Lion Karen accepts recognition plaque for our club, from the “Fairfax Nationals”





KL Karen announced the next dinner meeting (Feb 19) will be a “spouses night,” as it is the meeting that falls closest to Valentines Day. FYI - the printed program on the tables for this meeting was a test of a home-printed program, saving driving to the local print shop to order



(Left). Test case - home-printed program.

and pick up a professionally printed program. (That which saves time for club officers is usually very worthwhile.) KL Karen asks for any comments on this home-printed program, pictured below.

The 50/50 drawing prizes were won by Lions Phil Mayo and another person your newsletter failed to write down (sorry!).

### Feb 19 - Spouses Night

Four Lion's spouses joined us for a dinner of grilled steak and cordon bleu, with Boston Cream Pie for dessert. 1st VP Mike Rumberg assured that each spouse/significant other was warmly greeted with a long-stem rose. Photo: (L-R) Liz, Elsie, Pattie and Terry with roses.





In lieu of an outside guest speaker, it was interesting to have a member discuss a service program. Lion Phil Mayo described the history, features, and plans associated with the Northern VA Lions Youth Camp. Phil is well qualified to speak about the camp, as he serves as Lions of VA District 24-L Cabinet Co-Chairperson for the Youth Camp. It all began in 1958, when Richard Kohlway, a member of the Herndon Lions Club got support from his Club, and the Chantilly and Oakton Lions Clubs, to form "Northern Virginia Youth Summer Camp, Inc." A search committee recommended a 99-acre farm on a mountain in Clarke County, the present campground site. The site was purchased for \$10,000, with a few Lions signing personal notes to secure a loan. From 1958 to 1972 nine Lions Clubs raised money, paid off the loan, and built initial facilities. Subsequently, many youth groups have used the camp each year. Lions Clubs have had picnics and overnight stays, and many Boy Scout Eagle projects (such as an amphitheater, orienteering trail, horseshoe pits, a maintenance building, bunk beds, and picnic tables) have enhanced the camp.



Lion Phil Mayo's Display Board with photos of Camp facilities. The cabin sponsored by Fairfax Lions Club is in the upper right of the photo.





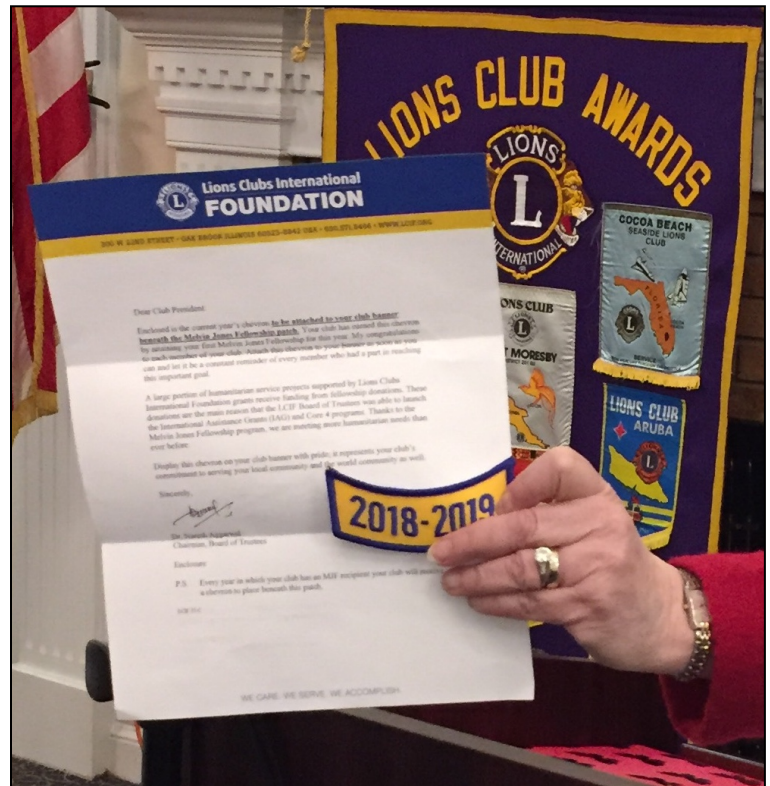
Lion Phil Mayo Speaking about the Lions of Northern VA Youth Camp

Today, many facilities are in need of repair or replacement. These include two road bridges; adjacent land owners who also use those bridges have agreed to pay a share of the rebuild costs. Several clubs sponsor individual cabins and plan upgrade projects. Upgrades to general facilities such as the bathhouse house, pavilion, and toilets are in progress. Funding comes from local fund raisers, donations, and grants.

The camp mission remains: to provide camping facilities to any youth group accompanied by adult leaders and supervisors. KL Karen Udell Parker talked about the significance of the annual use of the camp by about 30 youth sponsored by Lions International. Phil reported roughly 1500 youth use the camp each year.

After Phil's presentation, KL Karen presented an award our Club received from Lions Clubs International Foundation for supporting the Melvin Jones Fellowship program (photo at right). The award is a tab recognizing our financial support for the year 2018-2019. The tab is designed to be attached to a Lions awards banner. Lion Cory Green accepted the award from KL Karen.

In addition, KL Karen asked for a sensing by the membership of the style preferred for the printed program handed out at dinner meetings. Most preferred the colorful paper model (see page 12 of this newsletter) that is easily printed at home, precluding a trip by a club officer prior to each dinner meeting to the local print shop.



The 50/50 drawing prizes were won by Lions Joe Breda and Phil Mayo (2nd week in a row!).



Following the dinner meeting, a special committee - chartered by the Board in January - reviewed their work over the past 3 weeks looking at dinner meeting formats and committee and Board structure. The committee work produced recommendations to be made at the February Board meeting.

Lion Ken Schutz chairs the special committee looking at dinner meeting formats



## Board Meeting - Feb 26

As a **partial** report on the Board meeting, the following business was considered. (Note: all club members are invited to attend any Board meeting.)

- Reviewed thank-you letter from GMU for Veterans scholarship donation (included in this newsletter)
- Approved Charity disbursements to be made in March
  - Peace Poster Contest
  - Canine Companions
  - Fairfax Little League
  - Bland Contest
  - Sprout
  - Lions Sight and Hearing Van
- Approved administrative account disbursements:
  - To support the candidacy of PCC Harry Parker for the elected position of International Director from VA
  - For the memorial service for Ray Ballard
- Heard three recommendations from a special committee (no votes were taken on these recommendations):
  1. Change the framework for 2nd dinner meeting each month - to focus it on committee activity reports and upcoming plans, and also to conduct the monthly Board meeting at the immediate conclusion of that dinner meeting.
  2. Streamline the number of committees in the Club, and increase their use.
  3. Reduce the size of the Board of Directors

## Lions Information - Virtual Clubs?

At the off-site our club held in January, PCC Bill Bartlett mentioned the potential for “Cyber Clubs” in attracting and retaining young persons for service. You can see a Lions discussion (authored in Norway, 2014) about “Building a virtual Lions Club, why and how” at: <http://www.lionssmile.org/cyberlionsnorway/>. A 2018 LCI video on using cyber clubs can be found at <https://www.facebook.com/LionsVirtualClubs/videos/590777991292009/>. One point mentioned in the video: A poll was taken on the question “Would you be willing to interact with Lions in a virtual reality club that meets via the internet?” Results: 83% - Yes, 17% - no. The video presents



personal experience establishing an on-line Lions Club, which LCI supports. While stepping away from a traditional Lions meeting format - where physical presence in a meeting is necessary - may seem alien to some, Virtual (or Cyber) Clubs offer flexibility that may prove important to the future of Lions Service.

## Upcoming Events

- Mar 5 - Regular Dinner Meeting (DG invited speaker)
- Mar 6 - Fairfax City ISSC Mtg
- Mar 6 - Eyeglass Recycling
- Mar 7 - Lions Lunch Bunch
- Mar 9 - Move Equipment from Shed to Fruit Sale Van
- Mar 9 - 1pm, Ray Ballard Memorial Service, Messiah United Methodist Church
- Mar ? - TO BE RESCHEDULED - Region III Bland Contest
- Mar 13 - Unload Fruit
- Mar 13 - Dinner Out, 7pm (or when fruit unload is done) - Auld Shebeen
- Mar 14-16 - Fruit Sale
- Mar 17 - Finish the fruit sale, return equipment to Shed
- Mar 19 - Regular Dinner Mtg
- Mar 20 - Eyeglass Recycling
- Mar 20 - Bingo at Fairfax Nursing Center
- Mar 26 - Board Mtg
- Mar 31 - "Sipping for Sprout," supporting Sprout Therapeutic Riding & Education Center  
STONE TOWER WINERY, Leesburg

**(Advertisement attached at end of this newsletter)**

### .....Further Ahead.....

- Apr 2 - NO Regular Dinner Meeting (due to Charter night)
- Apr 3 - Fairfax City ISSC Mtg
- Apr 4 - Lions Lunch bunch
- Apr 7 - Charter Night
- Apr 10 - Blood Drive - Providence Presb Church **(Taking appts now, see flyer at end)**
- Apr 16 - Regular Dinner Mtg
- Apr 20 - Roadkill Saturday
- Apr 20 - NoVA Lions Youth Camp Earth Day **(See flyer at end)**
- May 15-19 - VA Lions State Convention

## Special thanks to...

We thank several Lions Marty Lockard, Phil Mayo, and others for providing ideas and/or input (whole articles, reports, photos) for this month's newsletter. Such help is essential to presenting the news of this Club!

## About This Newsletter

Bob Stahl was a WW2 veteran (US Navy - Pacific Theater) and a Fairfax Lion for nearly 40 years (serving as President and bulletin editor, among other duties).



This "Bob Stahl Memorial Newsletter" is published in PDF format, and is distributed by email to club members near the 1st of each month. **YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME!** (That does not mean \$ contributions, but your words & photos!) Send anything, anytime, to [tilleryg@gmail.com](mailto:tilleryg@gmail.com) I need your help to publicize information about our Club, and about you. And please do not hesitate to let me know where I may have misspelled names, etc.

## That's all folks!

*Send any suggestions, or items to include in the next newsletter.  
[tilleryg@gmail.com](mailto:tilleryg@gmail.com)*

**WE SERVE THE WORLD AND OUR LOCAL COMMUNITIES...  
WITH PRIDE, COMPASSION AND KINDNESS**

## Attachments Follow:

1. March 31st - "Sipping for Sprout" advertisement
2. April 10th - Blood Drive Flyer (with info to schedule an appointment)
3. April 20th - NoVA Lions Youth Camp Earth Day Flyer







## Sipping for Sprout

Sunday, March 31, 2019

12:00 PM – 4:00 PM

Google Calendar · ICS

<http://www.stonetowerwinery.com/events-calendar/sipping-for-sprout-2019>

Please join us for 7th Annual "Sipping for Sprout" Fundraiser to support Sprout Therapeutic Riding and Education Center!

Sunday, March 31st, 2019

12-4 p.m.

This event is a family-oriented fun day that will consist of wine or beer tasting for the adults, local food, music, activities for the children and a bountiful silent auction, all enjoyed while in the beautiful Virginia countryside! Dogs are allowed OUTSIDE only (this excludes service dogs).

Please bring your family, friends and neighbors - get the word out and come have a delightful afternoon, while supporting a great cause!

All tickets include food! **Advanced ticket purchases preferred.** (Tickets will also be available to purchase on-site the day of the event).

\$40 - Stone Tower Wine or Solace Beer Tasting Ticket

\$30 - Non-Wine Tasting Ticket

Kids 12 and under - FREE!



# Give a Lions Share of Life.



*Join the pride. Give blood.*



**American  
Red Cross**

## **Blood Drive** **Fairfax Host Lions Club** **Providence Presbyterian** **Church**

9019 Little River Turnpike  
Fairfax, VA 22031

**Wednesday, April 10, 2019**  
**2:30 PM to 7:30 PM**

Please call 1-800-RED CROSS (1-800-733-2767) or visit [RedCrossBlood.org](http://RedCrossBlood.org) and enter: "FAIRFAXLIONSVA" to schedule an appointment.

Eligibility Questions?...call 1-866-236-3276

**See instructions to make an  
appointment**

[redcrossblood.org](http://redcrossblood.org) | 1-800-RED CROSS | 1-800-733-2767 | [facebook.com/redcrossblood](https://www.facebook.com/redcrossblood) | [@RedCross](https://twitter.com/RedCross)

Individuals who are 17 years of age or older, with parental permission in some states, meet weight and height requirements (110 pounds or more, depending on their height) and are in generally good health may be eligible to give blood. Please bring your Red Cross blood donor card or other form of positive ID when you come to donate. \*Donor's Blood ID: 0012904

© 2019 The American National Red Cross. J08012AP227

1-800-RED CROSS - 01/1 - 050804 15 - APR 19

**You're Invited To The**  
**NORTHERN VIRGINIA LIONS YOUTH CAMP**  
**EARTH DAY**

Bring your gloves and enthusiasm to spruce up the camp. Enjoy a "Free" lunch and conversation

**Where:** 1520 Lions Lane, Boyce, VA.

**When:** Saturday April 20, 2019

**Time:** 10:00 AM – 3:00 PM

**PLEASE SEND YOUR RESPONSE BY**  
**APRIL 14, 2019**

**CONTACTS:**

Lion Sharon Diefendorf  
(703) 897-5864 [sld\\_cricket@hotmail.com](mailto:sld_cricket@hotmail.com)

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(540) 349-2735 [syschrack@comcast.net](mailto:syschrack@comcast.net)

