

"The greatest legacy one can pass on to one's children and grandchildren is not money or other material things accumulated in one's life, but rather a legacy of character and faith." Billy Graham



## Fairfax Lions Club News - Nov 2019

*The Bob Stahl Memorial Newsletter*  
- Fairfax Lions, Serving Since 1951 -

— — — *BEST LOCAL HEADLINE* — — —

### Oct 31, 2019: Washington Nationals Win World Series !!!

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Inside: Don't Miss "Lions Information" on page 11 - see what our King Lion has been doing!

### **We Always Begin With Service - It's Our Primary Mission**

**WE SERVE THE WORLD AND OUR LOCAL COMMUNITIES...  
WITH PRIDE, COMPASSION AND KINDNESS**

### **Vision Screening**

*By Lion Marty Lockard*

Your club completed a vision screening event at the Main Street Child Development Center in Fairfax on Oct 7. Fifty pre-school children, ages 3 to 5, were screened, and ten were referred for a complete eye exam. One of the referrals could not be screened after four failed attempts because the boy's pupils were too small. Our experience is that a 20% referral rate (10 of 50 screened) is quite high for pre-school children. It is a privilege to be able to serve our community and help families learn of children's potential vision concerns.

### **Charity Fund Raising - Essential to Our Service Mission**

**DELIVERING SERVICE DEPENDS ON CHARITY FUNDS WE RAISE**

### **Fall Festival Food Booth**

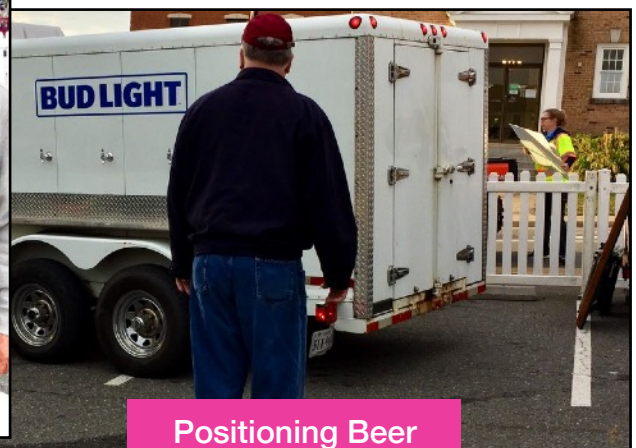
An annual charity fund raiser for our Club is our food sales booth at the City of Fairfax's Fall Festival. The results can vary with weather, and we have seen rain put a real damper on the crowd size and funds raised. This year both weather and crowd size on Saturday, October 12th, were excellent. We had 25 folks work our booth, including seven non-club members. Bottom line: our sales of beer, wine and food raised over \$4000 for our charity programs (every penny of profit goes directly into our charity account). We will know the exact amount when the city (which manages beer & wine sales, distributing profits to service clubs operating the sales venues) notifies us. It was a successful fund raiser for us, AND we met a few folks who we invited to dinner meetings, AND we showed our Lion spirit "colors" proudly to the community we serve.

The overall lead for the event, Ken Schutz, offered special thanks for several folks:

- Our newest club member Cindy Roman: worked tirelessly serving beer & wine, made an urgent condiment resupply run (walk) to Safeway at mid-day. Of special note: Cindy, in late morning hours, posted a video clip of our sales booth onto “Snap Chat - Our Story” which resulted in a whole lot of customers showing up soon after. Love that technology!
- Doug’s Brisson’s son-in-law, Todd, and Doug’s 11 year-old grandson, Wally. Wally quickly established himself as the “best hot dog seller” at the festival...so much energy & enthusiasm! He even dressed up as a walking hot-dog to advertise to the crowds.
- Spouses Liz, Kate (and friend Sharon), and Diane who pitched in all day. Liz taught us a good process for prepping the buns for the bun stuffer; Kate (due to a car breakdown experienced by 1VP Mike) had to run back & forth to the car breakdown location to retrieve car wash tickets; and Dianne filled in for Jim Davis with cash box duty. Wow - a lot of great support!
- Lion Joe Breda’s daughter Debbie, and her fiancée Scot (who both are regular volunteers at the Sprout Equestrian Therapy Center) served beer and wine most of the day - keeping our customer’s glasses full!
- The take down crew stayed till the very end to pack up and haul club equipment back to the Lions storage shed. (Marty, Jeff, Gordon, Pete, Mike S).
- Special thanks to Lion Scot Dulaney for loaning his red pickup truck, when he could be present for the event. We always think about having enough people to make the event happen, but a pick up truck is absolutely essential to haul the big equipment items from storage to work site. THANK YOU Scot for entrusting us with your personal truck!
- And, special thanks to Lion Huey for his donation of a propane grill to the Club, replacing one ready to be replaced. We noted it is a KENMORE product - a vanishing brand, but one that many folks remember as a mainstay of middle class America.

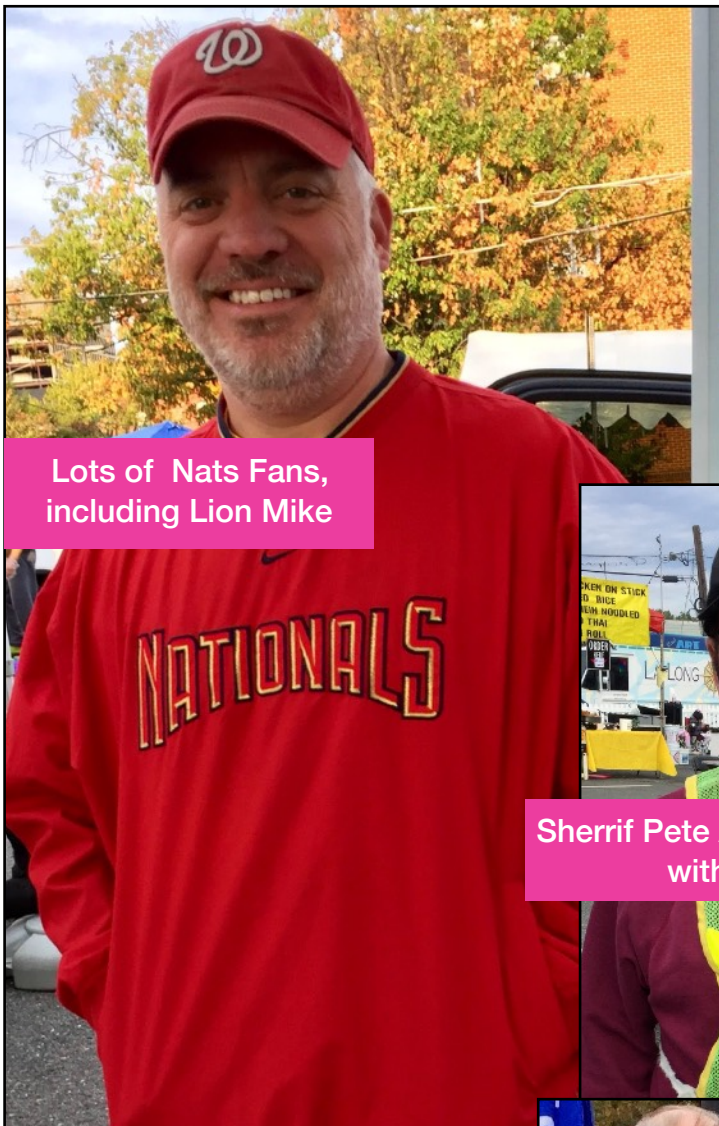


Early Set-up Crew



Positioning Beer





Lots of Nats Fans, including Lion Mike



Club Event ID Tag



Sherrif Pete Assured Compliance with City Rules!



Kenmore Grill Donated by Lion Huey



Lion Cindy Posts Video on SNAP CHAT - Drawing More Customers



Lion Harry Delivers Dog to Bun Stuffer Lion Dave





Diane helps with cash



Good Customers



Cory IDs Beer Customers



Serving the Customers



Lion Cindy, Volunteers Scot and Debbie



Vol of Fairfax Steve Serves with the Lions



We should all recall, about three weeks prior to the event, the Club did not have an event chair. Lion Ken - realizing the significant contribution this event makes toward our annual charity budget, and our alliance with the city for beer and wine sales - stepped into the vacuum. Without Ken's leadership, it is entirely possible, our club would have floundered instead of enjoying the success we did.

We all know, the job's not done until the clean up is complete. Everything goes to our club equipment storage unit, where all is stored until the next event.



Lions Marty and Mike Unload at the Storage Shed

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## **NEXT MAJOR FUND RAISER: Citrus Fruit Sale, Nov 21-23**

Sign up on the volunteer work schedule; tell your friends and neighbors about the fruit sale, and encourage them to sign up for discount coupons.

See the promotion on our club web page: <https://www.fairfaxlions.org>

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## **Lions Dinner Out Ends**

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NOTICE: Due to recurring scheduling conflicts, this modest charity fund raiser - nominally held monthly at The Auld Shebeen Restaurant - will no longer be conducted.

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# October Dinner Meetings

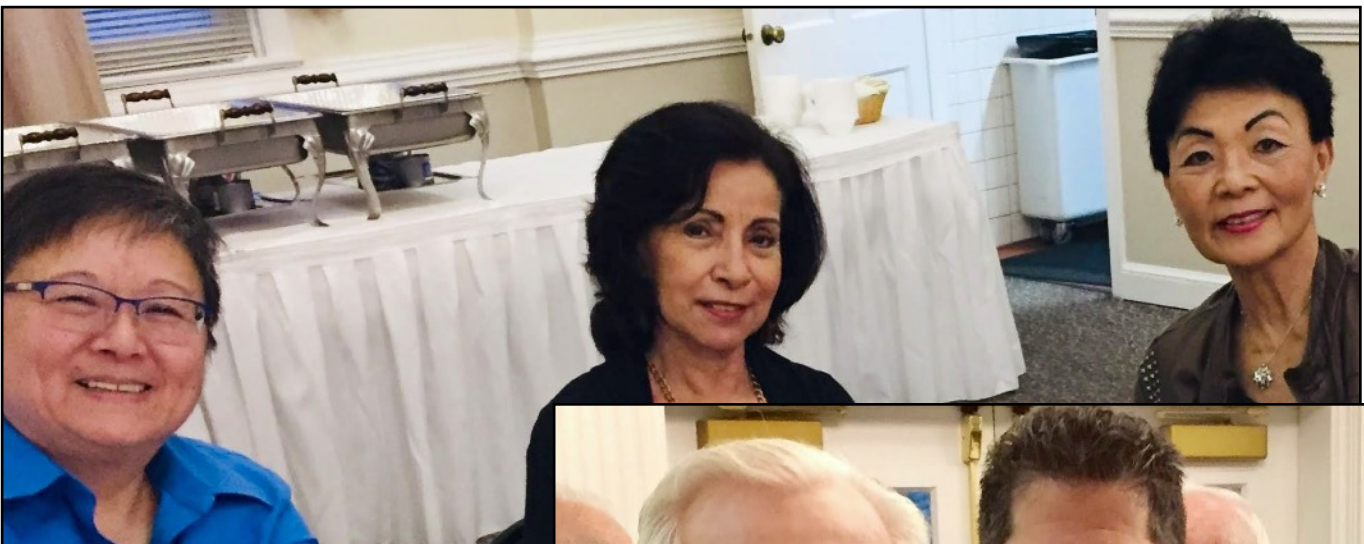
## Oct 1st Dinner Meeting

Lion Jeff Root led the song, "Take Me Out to the Ballgame," as the National's were moving forward in the National League playoff series (very prescient, Jeff!)

Lion Jeff sings, with bobble-head collection on the mantle



We had several guests, and interesting speakers. Guests included three local ladies who wanted to learn about our club: Carmen, Jeanne, and Lona. And PDG Joe and Lion Nancy Volpe visited us.



L to R: Local visitors Lona, Jeanne, Carmen



L to R: PDG Joe Volpe, KL Mike, Lion Nancy Volpe



Our speakers were Rebecca Lesser and Leslie McKeever of “The Assistance League” (AL). AL is a national organization with over 120 chapters dedicated to providing accessibility and fulfillment of community needs at the local level. The local chapter [Northern VA Assistance League](#) focuses on providing food, clothing and education for young children. They work in partnership with Dominion Energy who provides trucks/drivers/storage and packaging for their mission. Lion Pete Conklin offered to help put the local chapter in contact with the InterService Club Council (ISCC) for potential synergy.



KL Mike presents speaker gift to (R) Rebecca Lesser and (L) Leslie McKeever



KL Mike announced our club has been honored with the “\$100 Per Member (average) Giving Award,” part of Lions Clubs International Foundation's previous year’s “Campaign 100.” And, he passed around the Thank you plack from the Little League team we sponsor each year.



50/50 Winners: Lions Pete Conklin and Phil Mayo.



## Oct 15th Dinner Meeting

This meeting had been previously announced as having a prize for costume best reflecting Columbus Day; BUT, the day of the meeting that contest was postponed. Not every person received the late notice.

Lion Dave arrives in costume, and learned from Tail Twister Doug of the postponed activity!



1VP Mike Greeley very capably ran the meeting, in the absence of KL Mike. The meeting focused on club business, with activity reports and discussion. We heard reports on the District Fall Conference, the Fall Festival fund raiser, and Vision Screening. All reports were informative.

Concerning the Fall Conference, PCC Harry Parker said the VA Lions Eye Institute (VLEI) has scholarship money it wants to award, but there appears to be a dearth of applications. Lion Phil Mayo reported some concerning news about the Lions Youth Camp...while permits were issued for approved rebuilding work on camp infrastructure, funds are now exhausted and the work is not complete.



(L) PCC Bill recognizes the Lion Cindy's transfer of membership

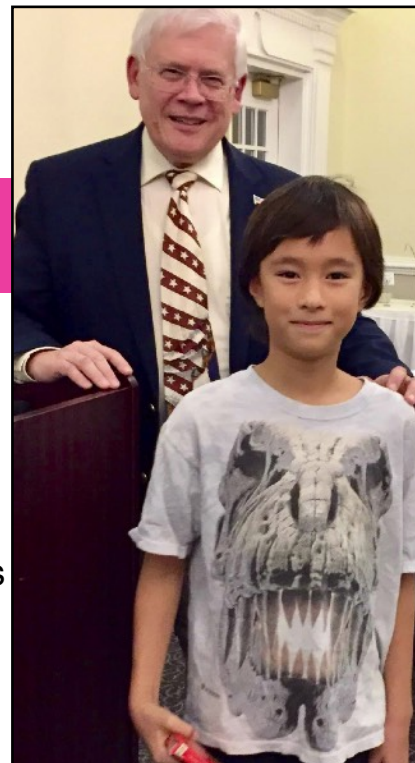
(R) Lion Cindy tells us about her forensic pathology studies at GMU





We were honored to have PCC Bill Bartlett recognize the transfer of membership of Lion Cindy Ramon from her previous club in Wilmington, NC, to our club.

Wally holds Uno game presented by his granddad, Lion Doug



We watched a special award go to young Wally Stamper (presented by Lion Doug to his grandson) for outstanding work as a volunteer at our Fall Festival food stand.



Lion Jeff and 100% Secretary

1VP Mike presented the District's 100%

Secretary award to Lion Jeff Root. Jeff has been our club secretary for many, many years - and clearly gets everything done right!



(L) 1VP Mike presents Outstanding Club Award to IPP Karen  
(R) The Outstanding Club Award



Finally, Immediate Past President Karen Udell Parker was presented the award for “Outstanding Club” in the Region for 2018-19. It was announced that only four clubs in the District received such awards for the past Lions year.

The Tail Twister challenged attendees to how many different words they could make using letters in the name: Christopher Columbus. (The closest I could get to LION, was LIOM - it did not count.) Prizes went to Lions Jim Kaplan, Gene Brown and Dave McPherson with word counts in the 20's.

50/50 Winner: There was a single cash award winner, to Lion Gene Brown, who split half of the receipts with the club.

## **Board Meeting - Oct 22nd**

The Board of Directors met on October 22nd; a few examples of the reports and club business conducted:

- KL Mike Rumberg delivered \$500 Club charity donation to Foundation Fighting Blindness on October 20.
- Board approved a charity disbursement of \$3000 to Northern Virginia Lions Youth Camp.
- Club still needs a new membership chair. Goal is to get six new members this year; two potential new members have attended several meetings recently. Lion Ken Schutz has offered to run a membership table, two shifts a day, at November Fruit Sale.
- KL Michael Rumberg reported several car donations in October; details TBD.
- Nov Fruit Sale: Gradually filling up volunteer sign-ups. Will ask “Volunteer Fairfax” to solicit volunteers. Have ordered fruit (including mandarins), to be delivered on Wednesday Nov 20. Main sign goes up on Nov 1, to stay up until after the December sale. Lion Ken Schutz will drive to New Hampshire to pick up syrup.
- EYEGLOSS RECYCLING: Fairfax Lions collected 2759 pairs of eyeglasses and two hearing aids and one cell phone in October. Nine Lions volunteered a total of 20.5 hours at the Eyeglass Recycling Center.
- HOLIDAY PARTY: Signed contract for event at the Waterford.

## **November Events:**

Nov 5 - VOTE!!! (Absentee voting deadline: Nov 2)

Nov 5 - Regular Dinner Meeting

Nov 6 - Eyeglass Recycling

Nov 7 - Lions Lunch bunch

Nov 11 - Veterans Day (Free sandwich for Vets at Mission BBQ)

Nov 19 - Regular Dinner Meeting



Nov 20 - Eyeglass Recycling  
Nov 20 - Bingo at Fairfax Nursing Center  
Nov 20 - UNLOAD FRUIT  
Nov 21-23 - Fruit Sale  
Nov 26 - Board meeting (Fairfax City Senior Center)  
Nov 28 - Thanksgiving Day

## Lions Information

### **Foundation Fighting Blindness (FFB) Gala Oct 20**

*By KL Mike Rumberg*

The event, "Dancing in the Dark," was both a fundraising gala for FFB and to honor Peter Alexander of NBC News (Today Show and White House Correspondent) for his work supporting FFB. Peter has been an outstanding supporter of FFB because his sister, Rebecca Alexander, was diagnosed with the degenerative eye disease Usher syndrome type III when she was very young. Rebecca is a noted psychotherapist and author of the book, *Not Fade Away*, about living with the disease which she co-wrote with Sascha Alper. In 2016, she received a [Helen Keller Achievement Award](#) from the [American Foundation for the Blind](#).

Professional dancers captivated the audience with fabulous tangos and waltzes which were followed by giving guests exclusive dance lesson – completely blindfolded! It is quite the experience to learn to salsa when you can't see!

Davida was co-chair of the event. I have not heard how much was raised in total that night, but Fairfax Host Lions Club was very proud to present Davida with a check for \$500.



Marisela Rumberg (Center) with the honoree, Peter Alexander (R) of NBC news, and his sister, Jessica Alexander (L)





Left: KL Michael and Marisela



Right: Michael with Kristen Welker, NBC White House correspondent.

"Dancing in the Dark."



## Silas Burke Open House - Nov 10

*Sunrise at Silas Burke House*, and the *Burke Historical Society* are offering an open house of the historic house located at 9619 Burke Lake Road...on Sunday November 10 at 2 pm in the Sunrise building. Lt. Col. Silas Burke, first resident of the historic home, (AKA Jon Vrana, president of the Burke Historical Society), will present a talk on the history of the house and community. Following the talk at 3 pm the historic home will be open for tours led by Burke Historical Society members. If the Sunrise lot is full, it is recommended that you park on Shiplett. If you are unable to come for the talk, please feel free to come at 3 to tour the home.

Note on Sunrise Senior Living :

*Sunrise at Silas Burke House* has been built on the historical grounds of the Silas Burke House. The community was designed carefully to preserve the physical structure of the Silas Burke House and complement its grounds while creating a beautiful living space for our residents to engage, enjoy, express, learn and grow.

## Defend Against Cyber Criminals

***"Total cost for cybercrime committed globally added up to over \$1 trillion dollars in 2018. Don't think that all that money comes from hackers targeting corporations, banks or wealthy celebrities. Individual users like you and me are also targets. As long as you're connected to the Internet, you can become a victim of cyber attacks."*** Source: cyber security facts

### ***Does that get your attention?***

The following content was in an email from the insurance/investment company, USAA. The tools/techniques may apply to USAA, but other companies may offer similar tools. This information is offered as a possible inspiration for you to step up your game in defending yourself against cyber criminals. The internet links included below are live (and are NOT fraudulent); you do not have to log into the linked USAA page to see the content.

—USAA EMAIL STARTS—

"USAA wants to help you keep your information safe. Here are some tools and tips to help you defend against cyber criminals.

**Protect Your Information.** Protecting your personal information is a shared responsibility. You do your part when you:

**Make sure it's USAA:** Fraudsters pose as credible companies "phishing" for your information. USAA will never call to ask for your logon information. Check out our infographic to [learn more](#).

**Report suspicious texts and emails:** Using email and text, fraudsters impersonate companies to get consumers to click links and provide personal information. Report suspicious emails or texts to [abuse@usaa.com](mailto:abuse@usaa.com).



**Don't let scams ruin the holidays:** Don't fall for holiday scams luring you into making extra money or deals that seem too good to be true. See how you can [avoid work-at-home scams](#).

**Security Best Practices.** Here are some practices you can adopt to help protect yourself:

**Layer your protection:** A password is the first line of defense against cybercriminals. We recommend using multifactor authentication (MFA) for an added layer of protection. [Check out this video](#) for a simple explanation.

**Equip yourself:** Monitor your accounts regularly, respond to fraud alerts and report unauthorized transactions promptly. For more tips, visit our [Security Center](#).

**Stay alert for phishing attempts:** Email fraud spikes during the holidays. You can be sure this message is from USAA by looking for our Security Zone in the top-right corner displaying your name and the last four digits of your USAA number.

**Find out more** about protecting yourself against cybersecurity threats: [Multi-Factor Authentication](#)

—USAA EMAIL ENDS—

## From LCI - Lions Digital Magazine

A connection between diabetes and brain health...read the article at:

[Blood Sugar on the Brain](#)

## Special thanks to...

Several Lions who provided ideas and/or input (whole articles, reports, photos) for this month's newsletter. Such help is essential to presenting the news of this Club!

## About "The Bob Stahl Memorial Newsletter"

Bob Stahl was a WW2 veteran (US Navy - Pacific Theater) - part of the Greatest Generation - and a Fairfax Lion for nearly 40 years (serving as President and bulletin editor, among other duties).

"The Bob Stahl Memorial Newsletter" is published in PDF format, and is distributed by email to club members around the 1st of each month. **YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME!** (That does not mean \$ contributions, but your words & photos!) Send anything, anytime, to [tilleryg@gmail.com](mailto:tilleryg@gmail.com) I need your help to publicize information about our Club, and about you. And please do not hesitate to let me know where I may have misspelled names, etc.

**That's all folks!**

Send any suggestions, or items to include in the next newsletter. [tilleryg@gmail.com](mailto:tilleryg@gmail.com)

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COMPASSION AND KINDNESS**

## **Fairfax Lions Club**



**We Serve**

Since 1951