



## Fairfax Lions Club News - May 2020

*The Bob Stahl Memorial Newsletter*  
- Fairfax Lions, Serving Since 1951 -

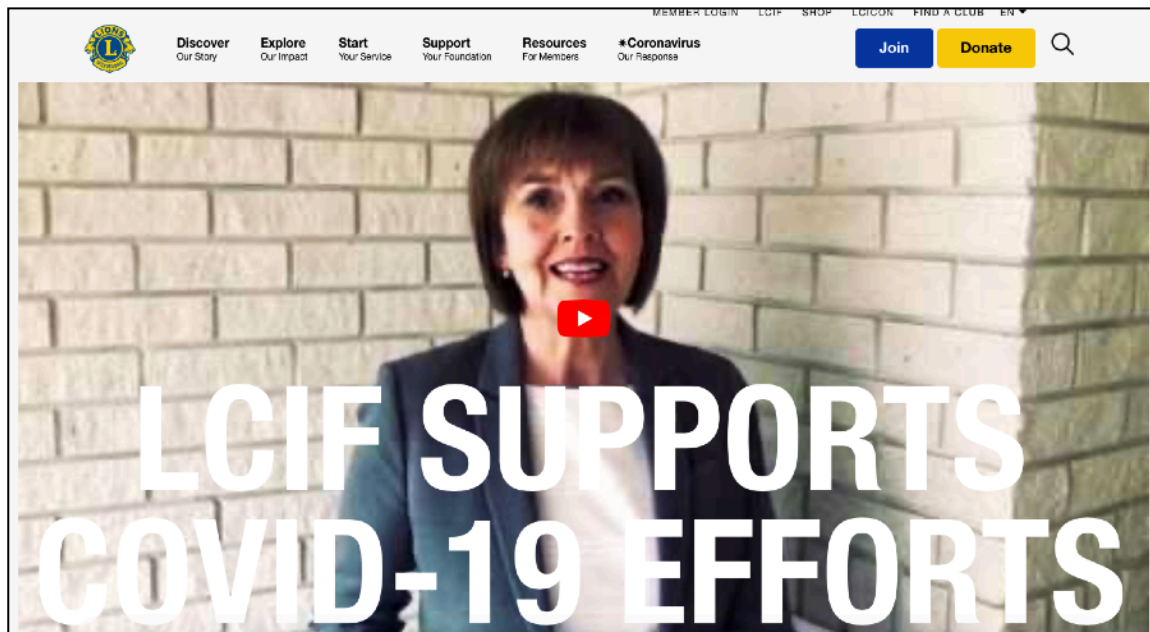
### Service - It's Our Primary Mission

**WE SERVE THE WORLD AND OUR LOCAL COMMUNITIES...  
WITH PRIDE, COMPASSION AND KINDNESS**

Sadly, the Corona virus succeeded in shutting down all of our Club's service activities over the past month. We had no cleanup of our adopted section of Pickett Road, no Lions Youth Camp workday, no nursing home bingo, no eyeglass recycling....etc. (We also had no dinner meetings, and no Charter night celebration.)

But the Lions Clubs International Foundation (LCIF) continues its good works - by providing grants to help those in need. LCIF mission: "support efforts of Lions clubs and partners in serving communities locally and globally, giving hope and impacting lives through humanitarian service projects and grants."

A short video is available on LCIF COVID-19 Frontline Relief Grant Update....at the time the video was made, LCIF had provided over \$1.5 million in emergency grants for COVID-19 Relief. See the video at: <https://lionsclubs.org/en/lcif-response>



Video: LCIF SUPPORT FOR COVID-19 EFFORTS. (click link above this image)  
Features Ms. Gudrun Yngvadottir, LCIF Chairperson & Immediate Past International

Our Club has charity funds to use to help serve our own community in this time of need. And, the Lions of Virginia Foundation (LoVF) - which we support each year when we purchase LoVF Lottery tickets - has funds it will grant to match Club donations for community service

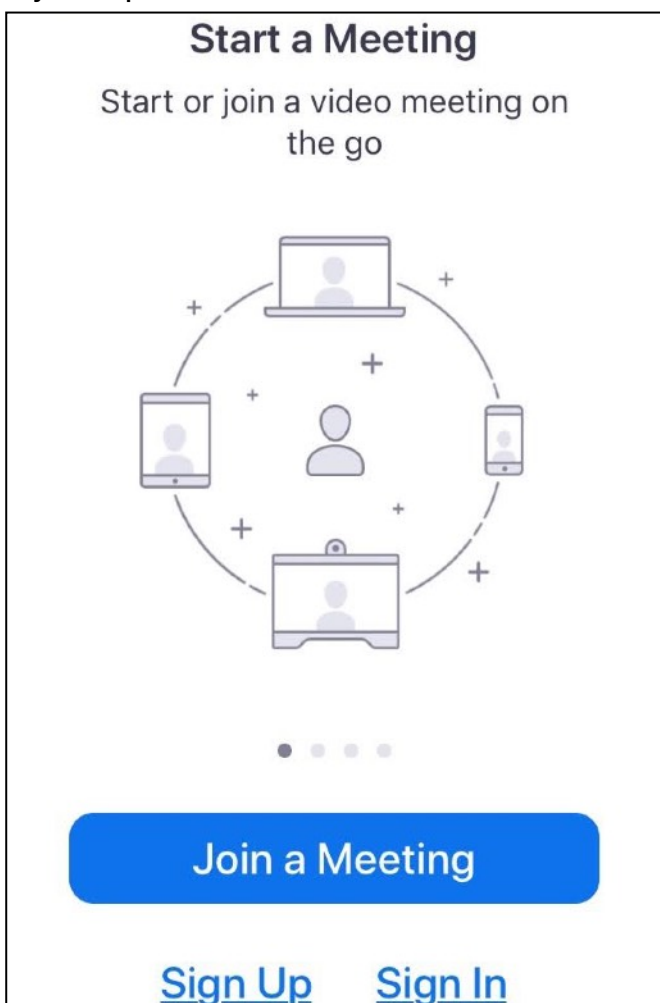
needs. Please participate in our Club's video-teleconference - substituting for our regular dinner meeting - on Tuesday May 5th. An objective of that meeting is to discuss the needs in our community that we want to serve thru the LoVF matching grant process.

## Membership - Virtual Orientation -

In the April news, we reported on completing new member orientation for both James Friedlander and Kevin Humphrey. That orientation was conducted the traditional way - by assembling at a cozy table after a nice breakfast.

We had invited a potential new-member, Deb Mueller, to observe that traditional orientation. Deb wanted to know more about our Club but had not been able to visit us at a dinner meeting. Deb's schedule precluded her from attending that in-person orientation, but she encouraged us to hold a virtual orientation. Great idea! Lion Ken Schutz used a Zoom account, and planned the virtual orientation he led on April 4th.

The technology worked perfectly for our first-time-ever use of this means, and Ken successfully completed the orientation for Deb.



Zoom enabled a successful virtual orientation,  
planned and led by Ken Schutz with several participants

We did not want to hide this successful test of a new way to conduct an orientation, so we posted this item on our club web page (note Deb's comment in the second paragraph):

## A Virtual Orientation

 Posted on April 29, 2020

 [Leave a comment](#)

Each potential new member of the Fairfax Lions is invited to an orientation to learn about the Club's mission ("We Serve"), organization and operations. The orientation typically is after a nice breakfast with several club members. The virus pandemic has changed that.

In early April we conducted for the first time, a virtual orientation. The technology worked fine, and the new member remarked "This was a great meeting and I was glad to be the test subject. I very much appreciate that everyone was able to accommodate the request and spend some time."

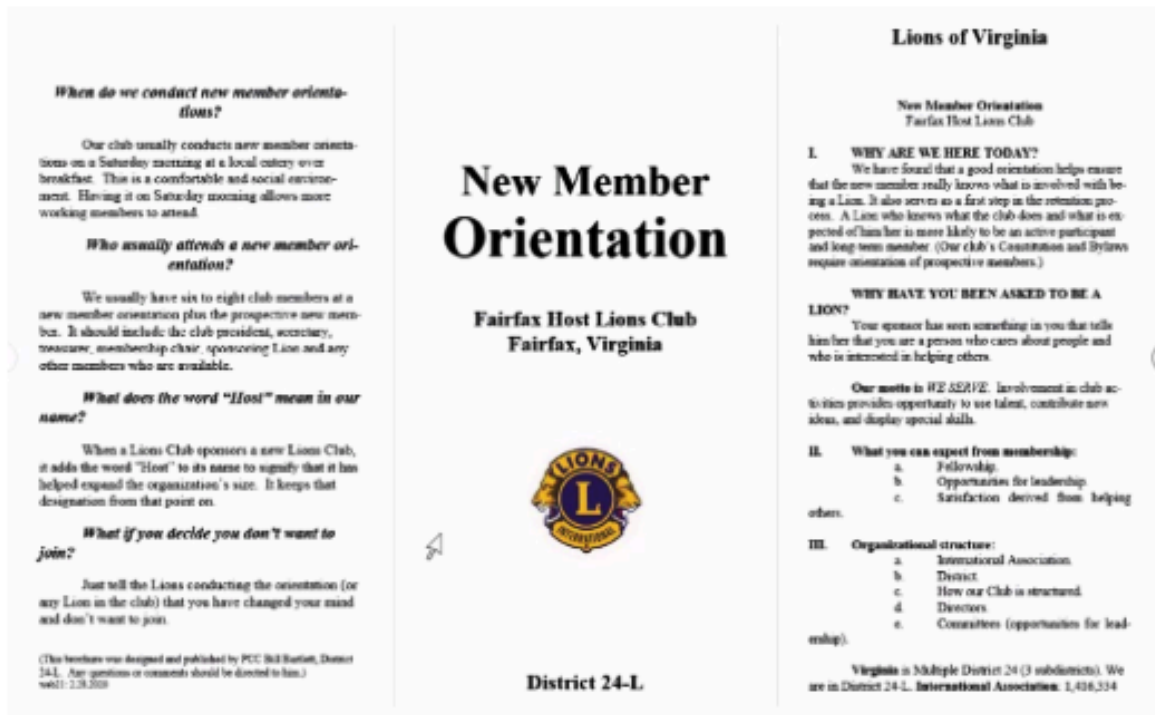


Image of Brochure Used for New Member Orientation

## New Member

Within hours of her virtual orientation, Deb submitted her membership application (approved subsequently by the Board); we welcome the newest member of our Club: Deb Mueller. Pete Conklin will be Deb's sponsor, as Pete introduced Deb to our Club. It may be a while before everyone can meet Deb and get to know her, so she offered a short bio:

*Deb Mueller is a wife, mom, and crazy craft lady. Deb has been married to Sergio for 24 years, she has 2 boys ages 19 and 22 and loves all things in the craft world. As long as she can remember she has been creating, attending craft shows, and teaching others how to release their creativity. Deb is a healthcare consultant by day and is a*

*certified medical coder and has been trained in many different areas in the medical field, such as HIPAA, security, and documentation. Her passion besides crafts, is incorporating her love of learning into finished products, such as toxin free products for cleaning, and other products that she shares with family, friends, and the community. Her volunteer work has included creating and implementing special events, such as craft shows and carnivals, and single daytime craft events and hands on days for children to adults for the Fairfax Station Railroad Museum. She has been on the board of the station since 2017 and has served as treasure, gift shop manager, and events coordinator. Deb is thrilled to bring her energy to the Fairfax Host Lions Club and cannot wait to get started.*

Fairfax Lions plan, tentatively, a new member induction ceremony on May 19th. Please watch for your invitation to join this Zoom meeting. If all goes as planned, our Club will induct virtually into Lions Clubs membership: James Friedlander, Kevin Humphrey, and Deb Mueller.

## **Health and Well Being of Club Members**

*By Lion Marty*

In early April, five members of the Board agreed to start calling every member (active and affiliate - as well as three new members and a few former members) out one a week. The membership has been equally divided into five groups. Each Monday, the Board volunteers rotate groups. This explains why you are being called by a different member each week. We are calling to see how each of you and your families are doing. The goal is to assess which, if any, of our members (and families) are in some sort of distress or need and could use some help. If you have a special need, please reach out to anyone on the Board. We want to help you to the greatest extent possible. But more important is the desire to continue connecting during a time when everyone feels somewhat cut off from almost everyone and everything, and most of us feel some degree of anxiety, frustration, and/or boredom. We truly hope and pray that everyone associated with our club comes out of this pandemic without suffering from COVIDS-19 and with renewed optimism for a quickly recovering economy.

Given the above, here is the status of what we've heard from members through April 25. Names are omitted on purpose.

One member's son returned from overseas and was tested positive for COVIDS-19. Then the member tested positive. The good news is that the latest report is that the member has fully recovered.

A former member has been extremely sick for weeks and in recent days seemed to be suffering from what appeared to be COVIDS-19 symptoms. The former member is seeing a doctor. There is no indication of testing positive yet. Food was delivered to her front door by another former member.

One member's spouse is now working full time in the emergency room of a nearby hospital. The spouse is OK but the family is concerned about the highly elevated risk factors (despite precautions).

Some of our members are residents of continuing care retirement communities. One member is confined to a small apartment and is not allowed to have guests – even family members.

Communication is very limited. As we all know, these kinds of communities are experiencing a much higher rate of infection and death.

Some members have family members who are very elderly and/or are confined to nursing homes. They are at increased risk.

One member has begun chemotherapy again and must go to an infusion center for treatment. Thankfully, the infusion center is taking a lot of precautions to eliminate risk and the member is tolerating the treatment fairly well.

No member has reported being laid off because of the pandemic, but at least one spouse of a member was laid off. The spouse is actively engaged in looking for a new job. Some other members are lucky to be able to work from home.

Some members who are business owners are suffering because they had to temporarily halt their business activities. They could be at increased risk of economic problems if small business loans are not received in time.

To date, no member has indicated any special needs for food or other kinds of assistance.

Please continue praying for every member and their families during these very difficult times. If any of you feel a need to reach out to other needy individuals in our area, The Lamb Center and local food banks are quickly running out of food and necessary supplies. You can contact Marty Lockard separately if you'd like to help and want to do it in the safest way possible (i.e., no direct or close contact with anyone).

## **Planning Ahead, Just-in-Case, for COVID-19**


*By Lion Marty*

The Centers for Disease Control and Prevention (CDC) has put out a lot of good guidance about dealing with COVID-19. See: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

One that seems particularly important is a Complete Care Plan (Form 508 - see below). CDC recommends that each individual should prepare one and keep it handy – in case you test positive and/or have to be quickly taken to a hospital. The idea is to inform doctors and nurses in the hospital that don't have any record of you. There are numerous incidents where people are admitted with the virus and their condition is such that they can't communicate very well with doctors and nurses. Quickly locating and getting the information from spouses or close relatives can be and has been problematic.

Note that the form has space for you to report basic information about yourself, contact information (spouse, family doctor, caregivers, etc.), special health considerations or conditions, prescription medicine information, insurance details, preferred hospital(s), and special considerations for end-of-life treatment -- similar to an advance medical directive that all of us should have. One that isn't mentioned but has taken on new focus is the importance of advising how you want to be treated. For example, there are no drugs or other therapeutics presently approved by the U.S. Food and Drug Administration (FDA) to prevent or treat COVID-19. But there are investigational therapeutics, which you may have seen in the news media. Some may work, or may not, and some may add complications or make you sicker. You might consider adding an instruction that you want (or not want) to try such remedies if the doctor agrees that it might work for you. The key is: if a medical doctor agrees.

The Complete Care Plan is a 4-page document; you can access it at this link:  
<https://www.cdc.gov/aging/caregiving/pdf/Complete-Care-Plan-Form-508.pdf>  
 Shown here is only page 1:




U.S. DEPARTMENT OF  
HEALTH AND HUMAN SERVICES  
CENTERS FOR DISEASE CONTROL  
AND PREVENTION  
ATLANTA, GA 30329

## Complete Care Plan

*Complete THIS FORM with the information about the PERSON RECEIVING CARE*  
*A care plan summarizes a person's health conditions and current treatments for their care*

Reset Form



First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Age: \_\_\_\_\_

Phone number: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

**About the person receiving care – This information will help your caregivers to know you better and plan activities that you enjoy**

**In a few sentences, tell people what you want them to know about you. What is your family like? Where did you grow up? What kind of activities do you like doing (walking, sitting by the garden, playing cards, watching a TV show)? What things are you interested in learning about?**

**My Medical Conditions**

Condition	Healthcare Provider for this condition	Medicine(s) I take for it	Things that help (resting, exercising)

## Charity Fund Raising - Essential to Our Service Mission

### DELIVERING SERVICE DEPENDS ON CHARITY FUNDS WE RAISE

We had not planned any fund raising for the past month - good thing, it surely would have been cancelled.

As you should know, there are recurring means to raise funds that are sort of on auto-pilot....the easiest way to raise charity funds! One is our vehicle donation program, and the other is commissions earned from Amazon Smile. One club member has donated one car in the past, and plans to donate another soon. If you want to know more, see our web page link at: <https://www.fairfaxlions.org/donate-a-vehicle/>

And, on Amazon Smile, if you have not designated “**Fairfax Host Lions Club Charities Inc**” as your supported charity, please do now, and always shop on Amazon Smile!

## Dinner Meetings

As you know, we held no dinner meetings in April.

## Board Meeting - April 28th (by Tel-Con)

The Board considered, among other things, the following...

- King Lion Mike announced the Club has completed purchase of a Zoom pro account, and will hold a test VTC meeting on Friday May 1st. Assuming all works, will use it for May 5th regular club “dinner” meeting.
- KL Mike, acting Treasurer, has paid rental bills for the Club storage unit and PO Box.
- Approved membership application of Deb Mueller
- PCC Harry announced that Lions of VA Foundation (LoVF) will consider club applications for grants of charity funds to match Club charity donations...example, if a Club donates \$3000 to a local charity, LoVF may match that amount with a grant. The Board agreed to pursue a grant after the Club membership has an opportunity to discuss community service needs and decide which our Club should support. This discussion is planned for May 5th.
- Secretary Jeff announced, as a result of cancelling the VA Lions State Convention, voting for state and district officials will be held by mail. Ballots will be mailed to delegates soon.
- 1VP Mike announced the proposed slate of Club officers for the year beginning July 1. The Board commended Mike for his success in compiling this slate, and agreed to present it to the Club membership at the May 5th meeting. Club members are welcome to nominate on May 5th any others for officer positions. Nominations will close on May 5th, and voting is planned for May 19th.

(Slate of proposed nominees shown on next page;  
additional nominees may be added at Club meeting on May 5th )

## **Fairfax Host Lions Club**

### **2020-2021 Nominations**

<i>President (King Lion)</i>	<i>Mike Greeley</i>
<i>Immediate Past Pres.</i>	<i>Michael Rumberg</i>
<i>1st Vice President</i>	<i>Suleiman Alibhai</i>
<i>2nd Vice President</i>	<i>Jim Kaplan</i>
<i>Secretary</i>	<i>Jeff Root</i>
<i>Treasurer</i>	<i>Michael Rumberg</i>
<i>Corresponding Sec.</i>	<i>Pete Conklin</i>
<i>Tail Twister</i>	<i>Doug Brisson</i>
<i>Lion Tamer</i>	<i>Phil Mayo</i>
<i>Bulletin Editor</i>	<i>Gordon Tillery</i>
<i>Membership Co-Directors</i>	<i>Ken Schutz &amp; Gordon Tillery</i>
<i>Director (Two Years)</i>	<i>Joe Breda</i>
<i>Director (One Year)</i>	<i>PCC Harry Parker</i>
<i>PDG Director</i>	<i>PCC Bill Bartlett</i>
<i>Director Emeritus</i>	<i>PCC Bill Smith</i>

### **Upcoming Events:**

- May 1 - Board Test of Zoom for Club Meetings
- May 1 - Test of Zoom for ISCC Meetings
- May 5 - Regular "Dinner" meeting using Zoom: Nominations & Discuss Local Needs
- May 6 - ISCC Meeting (Zoom)
- May 19 - Regular Dinner Meeting (Zoom): Vote, and Induct of New Members
- May 26 - Board meeting (Zoom)

## **Upcoming (All Tentative)**

June 11 - District 24L Bland Contest

July TBD - State Bland Contest

Aug 2 - Sipping for Sprout <https://sproutcenter.org/events/sipping-for-sprout/>

## **City of Fairfax Inter-Service Club Council (ISCC)**

As shown in the above event schedule, the ISCC is migrating to Zoom enabled meetings. A test is scheduled for May 1, and the regular ISCC monthly meeting is on May 6th. For the regular meeting, an invited speaker will discuss homeless and domestic violence services in the area.

## **Lions Information - Stimulus for Charity?**

A senior citizen and retiree living in Ashby Ponds recently sent this email, FYI:

"Most if not all of us where I live lead a comfortable retired life. I was floored when I opened my checking account to pay bills to see that we were recipients of a \$2400 "relief payment." I had paid little heed to the stimulus payment plans or criteria, knowing that I would certainly not qualify. Imagine my surprise! Perhaps you were too. After checking I discovered that a single person with income of \$79,000 up to \$99,000 qualified as did a couple with income of \$150,000 up-to \$198,000!

"We all recognize that some folks last year earned that amount, or more, but because of the health crises are presently earning zero. It is appalling to me to receive money when there are unemployed people standing in long food lines. I suggest any of us who see this as an unneeded windfall donate our \$1200/\$2400, or whatever we receive, to a local food bank or other worthy cause. We could make quite an impact. There are A LOT of people more needful.

"I have no favorites. You see the worthy organizations out there. I ask you to take action - help those truly in need - and pass this idea on.

"Respectfully, (name withheld)"

## **About "The Bob Stahl Memorial Newsletter"**

Bob Stahl was a WW2 veteran (US Navy - Pacific Theater) - part of the Greatest Generation - and a Fairfax Lion for nearly 40 years (serving as Secretary, President, bulletin editor, and sharing at each meeting a bit of "Lions Information.")

## **Special thanks to...**

Several Lions always step up to help make this newsletter happen...thank you for providing ideas and/or input (whole articles, reports, photos). Such help is essential to presenting the news of this Club!

"The Bob Stahl Memorial Newsletter" is published on the Fairfax Lions web page. Club members are alerted to its availability on the web page around the 1st of each month.

YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME! (That does not mean \$ contributions, but your words & photos!) Send anything, anytime, to the newsletter editor; we need your help to publicize information about our Club, and about you. Editor's Note: starting with this issue, we will try to no longer publish persons last names for privacy considerations.

## That's all folks!

*Send any suggestions, or items to include in the next newsletter.*

**WE SERVE THE WORLD AND OUR LOCAL COMMUNITIES...WITH PRIDE,  
COMPASSION AND KINDNESS**

## Fairfax Lions Club



**We Serve**

Since 1951