"When you see something that is not right, not fair, not just, you have to speak up. You have to say something; you have to do something." Congressman John R. Lewis



Fairfax Lions Club News - Aug 2020 The Bob Stahl Memorial Newsletter - Fairfax Lions, Serving Since 1951 -

We ALWAYS Start with Service - Our Primary Mission WE SERVE THE WORLD AND OUR LOCAL COMMUNITIES... WITH PRIDE, COMPASSION AND KINDNESS

We received several *Thank You Letters,* in July, for cash contributions Fairfax Lions Club made to various charitable entities. (Please find those letters starting at page 17.)

Eyeglass Recycling

About the only *recurring* service activity in process during the virus shut-down has been eyeglass recycling. But, even that Is curtailed. The new center for processing donated eyeglasses remains closed to volunteer workers. Our club still picks-up donated eyeglasses (and the occasional hearing aid) from our collection boxes around the community, and delivers them to the recycling center.

At some point, the center will open and we can again characterize eyeglasses for sorting and boxing for delivery by medical mission teams.

A LIGHE FRUTET Your Unwanted Glasses Will Help Someone See Better Noted to the second sec

The Club's Eyeglass Recycling Committee service report for the	
past year (10,138 is a lot of eyeglasses!):	

2019-20 Lions Year EGRC Report				
<u>Month</u>	Nmbr of Lions	<u>Hours</u>	Glasses	Hearing Aids
July	6	12	562	0
August	6	11.5	649	0
September	9	17	283	1 cell ph
October	9	20.5	2759	2
November	9	18	707	0
December *	5	19	566	0
January **	0	0	0	0
February**	0	0	0	0
March**	0	0	0	6
April **	0	0	0	0
May **	0	0	0	0
June**	3	6	4612	4
TOTALS	47	104	10138	1 ph, 12 HA
*EGRC closes, moves				
** EGRC Closed				

Fairfax Lions Club Newsletter, August 2020

Charity Fund Raising - Essential to Our Service Mission DELIVERING SERVICE DEPENDS ON CHARITY FUNDS WE RAISE

On a bright note - our vehicle donation program is working; two cars donated in June were sold; we received \$550 for our charities account! Both of those cars came from Lions: Karen H, and Mike R. The Saturn donated by Mike R was originally purchased from Lions when Don Ballard ran the program. It was the 3rd Lions car Mike R purchased from the program, and the 2nd he donated back (a Jeep last year was the other). Kudos Lions!!!

Except for our recent and successful effort leveraging funds from other Lions Clubs, and a matching grant from Lions of VA Foundation, for Food for Others, we have not engaged in other fund raising. The July 4th Independence Day parade in Fairfax city was cancelled, as was our hot dog sale that day. Next up should be our Octoberfest food booth at the Fairfax City Fall Festival; the 44th Fall Festival is scheduled for Oct 10th. It is a respectable fund raiser and a fun time. But we have no idea if it will be virus-safe, and if the City will be able to hold the event. Cross your fingers!

Next up is the first (of three) citrus fruit sale - just before Thanksgiving. The sale begins Nov 19th. The committee has agreed to try to look-like a typical fast food drive-through, with minimum handling of fruit (no "rolling"), and minimum customer contact. Cmte Chair Marty has the team drafting a new customer car traffic pattern, so customers remain in cars and reduce personperson contact. And Marty is looking at PPE needs. The entire advertising process will be revamped to provide customers advance information of the new sales process, tell them to remain in their cars, etc. For ordering the fruit, our key GO/NO-GO decision must be made by the Board of Directors by October 27, after receiving a recommendation from the fruit sale committee. Of course, the overall health situation will be the driving factor in the decision process.



Marty Checks Out a Face Shield

Don't forget - buy from Amazon Smile (after selecting Fairfax Host Lions Club Charities Inc as your charity), and we receive a small portion.

At times, we talk about new fund raising projects. A few years back, several Lions met for breakfast at First Watch (Fair City Mall) to discuss ideas. None took hold, and we continued the usual. NOW might be a good time to put on the thinking caps, and see what the possibilities are. As one example of what others are doing, later in this newsletter is an ad for "Sipping for Sprout." Sprout is the Therapeutic Riding and Education Center dedicated to changing lives through equine assisted activities and therapies, and serves our community. They hold an August wine sipping event with a silent auction that several Lions attend for fun and to support the charity. See what they are doing this year - later in this newsletter. (Note the event is Aug 2, you need to react quickly to the ad!) This is an example, of modifying a fund raiser.

A Message from Our Immediate Past President

Last month, we were privileged to read new Club President Mike G's message for the upcoming year. KL Mike G took over from outgoing President Mike R. Immediate-Past-President Mike R offers you these reflections on the past year:

Fairfax Lions and Friends of FHLC,

I have been a member of this club for more than 20 years and I cannot recall any year that has had as many twists and turns as this one. We started the year down a significant number of Lions, some leaving suddenly before the year even began. It took a little while for us to rebound, and we certainly had staffing challenges, but rebound we did with very successful 4th of July, Fall Festival and the November and December fruit sales events. Little did we know how important those four events would be.

We rounded out the calendar year with our trademark Fairfax Host fellowship at the Waterford with a very nice Holiday Party, poised for a third fruit sale that would exceed our fundraising goals for the year year and set the foundation for our 70th Anniversary year.

As 2020 started we began hearing the news of some new-fangled flu in China caused by a beer from Mexico. But no matter, our sails were full, fundraising was strong, we transferred in a vibrant new student member, we were getting interest from a few other potential members, and all we were really worried about was whether we would have enough people to run the 3rd fruit sale.

But then Coronavirus hit us full force. Bland Contest almost canceled. Fruit Sale Canceled. Membership meetings canceled. Worrisome times filled with all sorts of uncertainty.

But adapting, adjusting and overcoming is what Fairfax Lions do. And so we did. We joined the 20th Century and began having virtual dinner meetings – a nice thing for the 1st VP because now no-one could complain about the food!

We gained 3 more new members – and held our first online orientations and induction ceremonies.

At the same time, we began feeling some angst as members wondered how we were going to live up to our motto of "We Serve" and help the community address the tremendous need being caused by COVID. Daily we read the headlines and saw the video of the food distribution lines.

PCC Harry Parker's suggestion to donate to a food bank with a matching grant from LOVF was quickly adopted. That was followed by recommendations by Lions Tillery and Lockard to focus on Food For Others (FFO) in Merrifield and, in particular, their new Mobile Emergency Food Pantry which will bring food to folks who can not travel to the usual food distributions locations. FHLC has supported FFO modestly over the years with unused food from our food booths and picnics, fruit sales, and more significantly, with thousands of pounds of food collected in food drives coordinated by a couple of our members – so the decision was

easy. By letting the other Lions clubs in Fairfax County know of our project, our contribution of \$3,000 became not only \$6,000 with the LOVF matching grant but grew to just shy of \$25,000 with donations from 5 other Lions Clubs, matching grants from LOVF and contributions from a total of 17 individuals.

It was not much of a secret but I have to admit going into the year I was not terribly enthusiastic about serving as King Lion, let alone being the first repeat president. But I am very glad I did so. What a wonderful Lions year 2019-20 has been. Thank you for the honor of a second opportunity to lead such a wonderful group of women and men in service.

Your in Lionism, Michael Rumberg, IPP(x2)



IPP Mike with Marisela (Photo at a holiday event last year)

Dinner Meetings

July 7th Zoom Meeting



This was the first club meeting under the leadership of President Mike G. KL Mike talked about the impact of the virus on our activities, our 70th year as a Lions club, recognized the contributions of past presidents over the club's history - with Immediate Past President Mike R being the first to serve twice as President.

KL Mike introduced his guests: Bill Szymanski and Randy Price. Lion Cindy introduced her mom Tina, and her dad - Lion Jesse, on her call from Wilmington, NC.



Lion Cindy's Dad, Lion Jesse



One Gallery View of July 7 Zoom Meeting

IPP Mike R summarized the Club's accomplishments over the past year, a good year capped off with a sizable charitable donation >\$19,500 to Food for Others, on June 12th.

Then, IPP Mike presented the *Lion-of-the- Year award.*

"It is with great pleasure that I announce Marty Lockard has been selected as the Fairfax Host Lions Club's *Volunteer of the Year*."

"Lion Marty is one of our most indefatigable volunteers – putting in hundreds of hours - even in this COVID-affected last year. He can be found participating in almost every service project: from our music scholarship contest



to food baskets at Main Street Childhood Development Center to Bingo at Fairfax Nursing

Home to the Lions Youth Camp, the Eyeglass Recycling Center, to Eyeglasses for the Poor, to coordinating our Spot Vision activities that provided eye-screening to hundreds of adults and children (before being cut-short by COVID)."

"But Marty is not just a "boots on the ground" guy. He is one of our foremost administrative and executive leaders behind the scenes. As Chair of our three Florida Citrus Fruit Sales, which provide 75% of our annual outreach funding, he has revolutionized how we organize, coordinate, execute and evaluate the sales – resulting in no loss of income this year even though the third sale was canceled due to COVID. He provides a steady voice of reason, guidance, adaptation and innovation on our Board of Directors. And his tenacity and ever-present gentle "encouragement" (i.e., "Hey, I am just checking on the status of....") to me this year was significant reason a modest contribution from our club to Food For Others turned into a combined total contribution of just under \$20,000 from five other Fairfax County Lions clubs, the Lions of Virginia Foundation and 17 individuals. And all of his Lions work is in addition to the many hours he provides to the Lamb Center, the Fairfax County Veteran's Docket and other organizations."

Fairfax Lions are proud to announce Marty Lockard our Lion of the Year and our Volunteer of the Year."

Our guest speaker was Past District Governor Jay Moughon. Jay spoke on the topic

of "Ways to Share Your Club's Success." His talked addressed the "Eight Secrets of Success" - a TED TALK by Richard St John, and a walk through the history of change - "change is revolutionary." Jay's conclusion is success is achieved by moving with, adopting to, change.

Year	1957	2018	
1	General Motors	Apple	
2	Exxon	Google	
3	Ford	Microsoft	
4	US Steel	Amazon	
5	General Electric	Facebook	
6	Mobil	Berkshire-Hathaway	
7	Chrysler	Johnson & Johnson	
8	Esmark	JP Morgan	
9	AT&T	Exxon-Mobil	
10	Gulf Oil	Bank of America	



One of Jay's examples of change A snapshot of the list of the top ten company's in the country, at two different times

Jay's talk precipitated questions about how our club might change to have even more success. For example, Lion Doug mentioned membership recruiting, and some recent studies concluding that people can be 20% more effective working from home. Lions might Fairfax Lions Club Newsletter, August 2020

look at "Cyber Clubs" - some have formed already. And, partnerships with other service organizations may be effective.

KL Mike concluded the meeting by discussing a wooden box found in the home of past Lion Don Ballard. The box has a Lion figure on the cover, and inside are 2 chambers. One chamber has 52 penny's, the other is empty. An instruction inside says the King Lion should

each week move one penny to the other chamber, so at the end of his year as club president he will have moved all 52 penny's.

So, KL Mike ended the meeting by moving a penny.

The 52-penny box

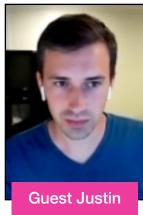
First Prize for Most Interesting Background Has to go to Lion Jim, for photo of the submarine he was serving on (mostly hidden from view behind Jim's face) tied up to a US Navy resupply ship near Diego Garcia (coral atoll in the central Indian Ocean)

July 21st Zoom Meeting

At the second meeting of the new Lions year, our club graciously welcomed three guests: Justin Haight, Jim Rich, and Bill Szymanski.

Justin approached our club, by sending an email to the "info" address found on our club web page. We followed up on that email, learning that Justin Is a SW Engr for Capitol One Bank, moved to Fairfax City from Arlington about 2 years ago, lives adjacent to the ANCC golf course, and has driven by our fruit sales and seen our signs. So Justin came to this meeting to learn more about Lions and what we do.

Please read about the other guests later in this newsletter (page 11), under the topic: "More Lions in Fairfax?"



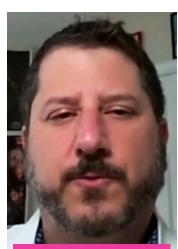


Gallery of Some Participants in July 21 Zoom Meeting

As our new Lion Tamer, Phil, had missed the officer induction ceremony in a previous meeting, so PCC Bill performed that induction at this meeting.







Mike Talks About Accounts

Immediate Past President Mike, in his role as Chair of the Budget Committee and also Treasurer, talked about the club's financial structure and processes, and having two accounts (administrative and charity). There was discussion of the Club's charity fund raising prospects for the year.

This topic provided a nice segue leading into Marty discussing the planning for the first fruit sale of the year, to begin on November 19th. (See more complete discussion under "Charity Fund Raising," page 2 of this newsletter.)

Lion Phil updated the Club on the situation at the Lions Youth Camp, where a budget had been created for

Marty Talks About Fruit Sale Plans

restoration of several facilities, only to have flooding create more damage. The restoration work is now "under water" so to speak and the camp is in desperate need of funding.

KL Mike informed the members that he has met with the club's two VPs (Jim K, and Suleiman) along with PCC Bill, to begin to consider a means for the Club to examine new fund raising efforts and new service projects, in view of the new health constrained environment we now live with. For example, KL Mike mentioned the "Road Kill" road clean up our Club has done in the past. Love to have someone take an interest, and plan when Club might do that service - one that may be easily doable even with health constraints.

As a reminder to all, the Club's Charter Night (a celebration of the founding of the club) was postponed earlier in this year. We have "penciled in" on the Chantilly Country Club calendar our Charter Night event on March 13, 2021. Of course, we will keep a close look at the health situation, and respond accordingly.

KL Mike ended the meeting by moving TWO penny's in the Lion box (one for this week, and one for last week when there were no Lions events). Three penny's down, 49 to go!

Board Meeting - July 28th

The Board of Directors met by zoom - one gallery view:



The Board's business included these items:

Approved the budgets proposed by the Budget Committee for year 2020-2021
 <u>Note</u>: the new Charities budget is similar to the past year's, and all recognize the disbursements our Club has budgeted depend upon revenue being generated by our fund raisers. The members of the Board acknowledge there is risk associated with raising funds this year, due to the virus situation. So, the Board will not approve disbursements - even though in the budget - without full consideration of the revenue situation at the time.

- The Board approved the resignation of Lion Mark Salesses, effective June 29. Mark has been a great Lion, supported our activities and always brought a spirit of fun and camaraderie to our get togethers. We share Mark's words: "The convention and trade show industry and my income has been slashed to levels I haven't experienced in decades. To that end, I must eliminate all non-essential expenses and unfortunately this membership is one. It has been a pleasure, and my honor, to have served our community with you, and hopefully when brighter days return, I may be able to return, but for now, I bid you adieu."
- The Board was briefed by the Membership Committee on the Membership Plan for 2020-2021.
- The Board was briefed on a request from Main Street Child Development Center to continue the "Lions Reading Action Program" we performed in past years. The purpose of the program is to strive to improve the literacy of young readers. Here is a photo of some of the books we delivered to Main Street last May:



Upcoming Events:

- Aug 2 Friendship Day; International Forgiveness Day
- Aug 2 Sipping for Sprout VIRTUAL EVENT (get your sipping kits, see item below) Aug 3 - National Watermelon Day
- Aug 3 New Member Orientation (Zoom)
- Aug 4 Regular Dinner Meeting (Zoom)
- Aug 11 Last day of "the Dog Days Summer"
- Aug 18 Regular Dinner Meeting (Zoom)
- Aug 25 National Banana Split Day

Aug 25 - Board meeting (Zoom)

Aug 26 - National Dog Day



"Sipping for Sprout" Fund Raiser

In addition to our usual club donation, individual Lions support Sprout and their wonderful therapeutic riding programs each year. You may know Lion Joe's daughter and fiancé are both volunteers at the Sprout center.

Because of this year's virus complications, the sipping event is a virtual event on Aug 2nd. Pre-order the special wine tasting kit (to support Sprout Therapeutic Riding and Education Center). The Tasting Kit (\$65 each) includes a small tasting bottle (187mL each) of 2018 Wild Boar Riesling, 2019 Wild Boar Rose, 2017 Wild Boar Pinot Noir, and 2016 Wild Boar Cabernet Franc. Proceeds of Tasting Kit sales go directly to Sprout, an organization dedicated to changing lives through equine assisted activities and therapies. More information can be found on their website: Sipping-for-sprout

The Sprout Tasting Kits will be available to pick up at the Stone Mountain Winery through August 2nd. The virtual tasting will take place on August 2nd at 5PM. There are also Silent Auction Items available to bid on (see the web site).

"More Lions in Fairfax?"

Last month, we used the above title to report on the renaming of the mascot for Fairfax HS - to "Lions." This month, the title is equally applicable, as the Club welcomes two new Lion members, and one current member who is changing status from Affiliate, to Active. That adds up to **More Lions**!

<u>New Lion Jim Rich</u>

Came to us by sending an email to the info address on our web page. Lion Ken followed up on that email. Jim tells us, during the COVID19 shutdown he searched for the right organization to consider being part of, in order to serve. He is familiar with the Lions motto, "We Serve" and wishes to become a Lion to help others. Jim is passionate about sight and eye care. From his teen years he has worn glasses and as an avid reader has always been thankful to be able to afford glasses to enjoy his reading. Many people don't have that luxury. Originally born in Florida, Jim moved to the area nearly 30 years ago. Jim currently works for the Smithsonian in the retail division, but his working career has also included many years in hotel management, and 5 years at Walter Reed Army Medical Center. He also volunteers for Travelers Aid at Washington National Airport, assisting passengers, proving directions, and other duties.

Jim submitted his membership application about 3 weeks ago, which the has Board approved; Ken Schutz will be his sponsor.

New Lion Bill Szymanski

Bill was a guest of KL Mike at our last meeting. And we first met Bill in January 2019 when he joined one of our "Dinner Out" events at the Auld Shebeen." Bill said he would like to join our club, and he submitted his application about a week ago. In Bill's words: "it has been a privilege to be with the Fairfax Lions on several occasions, thanks to kind invitations of Mike Greeley. It has given me a great opportunity to meet members and see first hand the spirit by which they engage in charitable activities. In becoming a member of the Fairfax Lions, I look forward to pitching in to help and to enjoy the camaraderie among people who care about the community." The Board has approved Bill's application; KL Mike will be his sponsor.



Mike and Kate Greeley brought guests - Bill and Sandy Szymanski (they are seated in middle of table)

• <u>Past District Governor Karen Parker Goes Active</u> On July 21st, KL Mike received this email:

"Dear King Lion,

I would like to change my membership status to Active. I am currently at Affiliate. This should begin July First which is the beginning of the Lion year. PDG Karen Udell Parker" It is our great pleasure that PDG & Past President Karen has become again an active club member!

City of Fairfax Inter-Service Club Council (ISCC)

ISCC takes a break over the summer; no meetings until September.

Lions Information

The National Memorial Day Parade was to be held in Washington DC, on May 26, 2020. For many years, representatives of Lions Club in VA, DC, MD have participated in the parade. Lion Jeff usually shows up, as a proud representative of our Club. But the health situation forced the 2020 parade's cancellation.

We posted a video replay of the 2019 parade on our Club website. You can see representatives of several Lions Club marching, starting at minute 49:21 in the video, and also an ad for Lions Clubs at 1:11:40.



Lions Information - For The Health & Well Being of Club Members

In Sanskrit, the original language of yoga, the word for beauty is "alamkara" which roughly translates as "doing just enough."

This concept is important in both yoga practice - and in daily lives. In yoga, you do not want to tear or strain muscles, but you do want to stretch and strengthen them. Over-doing often leads to stress, burnout, or injury. On the other hand, under-doing means you haven't fulfilled your potential, which can lead to feeling unworthy or dissatisfied, and a sense of failing to achieve the benefit of the practice.

Doing just enough can apply to service also. Our Lions Club holds picnics, dinner meetings, holiday parties, and other social events - most would agree those activities tend to foster friendship among members and social "connectedness" that makes working together in service more productive. If social connection is why you are a Lion, you have achieved success by engaging in the club social activities. But if you joined Lions to serve, you need enough service activity to keep you fulfilled as a member. A club must enable members to engage in service, by providing opportunities and encouraging participation. A balance of social and service is important, not too much of either but enough of both - "alamkara" (just enough) of each.

If YOU sense an imbalance, that the club is not doing enough - or is doing too much, of either social or service...you should mention it. <u>The last thing your club wants is for you to</u> <u>start to fade out of Club functions because you are not satisfied</u>. Discuss your thoughts with your sponsor or any Club member. It is quite likely some adjustment to a club process, or - perhaps - providing YOU a new opportunity within the club, will result in our "doing just enough" for your fulfillment as a Lion.

FYI - Sanskrit is no longer used as a spoken language, yet this oldest language on Earth (older than Greek and Latin) is still prominent in Yoga classes.

A Sanskrit word for the day: **Namaste** A universal greeting, namaste is a combination of two Sanskrit words: **nama**, which means "bow" and **te**, which means "you." It can be translated a number of different ways as a greeting, but often is explained in yoga as: "the light and teacher within me recognizes and honors that same light and teacher in you."

In many countries, across many nationalities and religions, *Namaste* is usually said with a slight bow and hands pressed together, palms touching and fingers pointing upwards, thumbs close to the chest.











Inspiration from Lady Liberty

Many people recall..."Give me your tired, your poor, your huddled masses...." Those words are associated with our Statue of Liberty that has stood on Liberty Island in NY Harbor since 1886. The words are from a longer sonnet, "The New Colossus" by Emma Lazarus, inscribed on a plaque in a museum at the base of the Lady Liberty:

Not like the brazen giant of Greek fame, With conquering limbs astride from land to land; Here at our sea-washed, sunset gates shall stand A mighty woman with a torch, whose flame Is the imprisoned lightning, and her name Mother of Exiles. From her beacon-hand Glows world-wide welcome; her mild eyes command The air-bridged harbor that twin cities frame. "Keep, ancient lands, your storied pomp!" cries she With silent lips. "Give me your tired, your poor, Your huddled masses yearning to breathe free, The wretched refuse of your teeming shore. Send these, the homeless, tempest-tossed to me, I lift my lamp beside the golden door!"





The statue was a gift from France to the US after the Union victory over the Confederacy. A broken shackle and chain lie at the Statue's right foot; the chain disappears beneath the draperies, only to reappear in front of her left foot, its end link broken. The broken shackle is a powerful image, but the meaning behind it was not a reality for African Americans in 1886.

The statue's design celebrated freedom from slavery in the US; and the poet wrote of a symbol of America being a refuge where those

oppressed could come to live in liberty. Both are wonderful inspirations of our nation, and for our nation. Seen in a local neighborhood yard. Sort of a front yard version of the Statue of Liberty.... No matter where you are from, we're glad you're our neighbor. Liberty.... Signs by: Canital Area Multi-faith Association and Capital Area New Mainers Project

A Public Service Announcement - Vote Nov 3rd

As citizens of our nation we have the right, and the duty, to vote. In Virginia it became easier to vote by mail this year. In 2020, the state legislative passed a law permitting any registered voter to vote by absentee ballot in any election in which he is qualified to vote, and the new law removed the list of statutory reasons under which a person may be entitled to vote by absentee ballot. Bottom line - any registered VA voter can request an absentee mail-in ballot. No reason or excuse is required!

So, if you are not sure you can go to your polling place on voting day, or prefer not to go to the polling place (perhaps, because it may be healthier for you to stay home), vote by absentee mail-in ballot. You must be registered to vote, to vote by mail.

<u>Now</u> is the best time to apply for your mail-in ballot to avoid a rush. Ballots for the November 3rd General Election will be mailed to voters beginning September 18th. (The application deadline is 5pm Friday, October 23rd.) With unprecedented demand expected this year, apply now to be sure you receive your ballot.

At this link, you can register to vote, check your registration status, and apply to vote by mail: <u>apply to vote</u> <u>by mail</u> Don't delay; do it now!



Key dates for Fairfax County

- Sep 18: First absentee ballot mailout
- Sep 18: Early voting/absentee in-person voting begins at Office of Elections, 12000 Government Center Pkwy, Fairfax, VA
- Oct 13: Voter Registration Deadline (In person/By mail 5 pm) (online: 11:59 pm)
- Oct 23: Deadline to apply for Absentee Ballot by mail, fax, online: 5:00 pm
- Oct 31: Final day to vote absentee (early/in-person) 5:00 pm
- Nov 3: Election day (Absentee mail-in ballots must be postmarked by Nov 3)
- Nov 6: Deadline to return absentee ballot: 12 noon. (Must be postmarked by Nov 3.)

Thank You Letters Fairfax Lions Club Received in July 2020



Virginia Lions Hearing Aid Bank Foundation (District 24-L), Inc. Post Office Box 203 Dunn Loring, VA 22027-0203



June 27, 2020

Lion President Mike Rumberg Fairfax Host Lions Club Post Office Box 98 Fairfax, VA 22038-0098

Dear Lion President Mike:

Thank you for your generous \$500 donation to the District 24-L Virginia Lions Hearing Aid Bank Foundation (VLHABF).

As you know, VLHABF is a Virginia chartered non-profit, tax exempt foundation organized under the provisions of Section 501(c)(3) of the Internal Revenue Code. We Serve to educate the public, provide hearing aids to those in need, collect used hearing aids for recycling, and provide a safety net for hearing impaired individuals where other hearing aid support is not available.

I appreciate your continuing financial and moral support. Thank you again for all that you do.

Yours in Lionism,

Lion Mike McLaughlin, Chair Virginia Lions Hearing Aid Bank Foundation (District 24-L), Incorporated Telephone 703-471-6150 Email: mmclaughlin@fc-alions.org

MWM:bpc

FIGHTING BLINDNESS

July 7, 2020

Tax Receipt EIN: 23-7135845

Fairfax Host Lions Club Charities Attention: Accounting Department PO Box 98 Fairfax, VA 22038-0098

Dear Sir or Madam,

Thank you for supporting our mission to end blindness with your gift of \$500 on June 30, 2020. Your generosity makes an important difference in advancing the research that will lead to new treatments and cures.

We rely on you and our other generous donors to ensure that rapid research progress continues, and that in the very near future, we will be able to say that together we have saved the vision of millions of people here in the U.S. and around the world.

The Foundation Fighting Blindness is a 501(c)(3) organization. In accordance with IRS regulations, no goods or services were provided in return for this contribution. Your contribution is tax deductible to the extent allowed by law.

Thank you for believing as we do that a cure will be found in our lifetime!

My sincere appreciation,

Many Darenport



Lions, Lionesses & Leos Working Together to Help Provide Exceptional Dogs for Exceptional People

July 1, 2020

Fairfax Host Lions Club P.O. Box 98 Fairfax, VA 22038

Dear President and Members of the Fairfax Host Lions Club,

Thank you very much for your generous donation to the Lions Project for Canine Companions for Independence® (LPCCI).

With every Canine Companion placed, Canine Companions for Independence changes a life. For someone who once depended on others to open doors or pick up dropped items, the Service Dog provides independence. When the sound of the telephone ringing or a baby's cries went unheard before, the Hearing Dog alerts its partner to the source of the sound. For a child that uses a wheelchair who feels self-conscious in public, our Skilled Companion offers constant love and companionship.

Through the generous contributions and volunteer spirit of Lions, Lionesses, Leos and friends throughout the United States, Canine Companions for Independence® has been able to give the gift of independence to more individuals with disabilities than ever before.

We appreciate your continued support and share with you the rewards of helping to provide exceptional dogs for exceptional people.

Yours in Lionism. Lion Sarah Haberthur

LPCCI Administrator

Received \$500.00. LPCCI does not provide goods or services in whole or partial consideration for any contributions made to us.









July 2, 2020

Fairfax Host Lions Club Rob Higginbotham, Treasurer PO Box 98 Fairfax, VA 22038

Dear Fairfax Host Lions Club,

Thank you for your impactful donation to Leader Dogs for the Blind! Your generosity plays a vital role in empowering the visually impaired through safe and independent travel.

Because of Lions, Lioness and Leos, Leader Dog clients

like Heidi (photo with Leader Dog Lincoln) are more self-assured in their day-to-day lives. Heidi had this to say about her Leader Dog, Lincoln, just days after completion of her training, "He has already changed my life, I have more confidence. Using the cane is helpful, but I hesitated a lot because I was afraid of hitting people. I feel more normal because I can get around like everybody else."

With your kind support, clients receive personalized training and are matched with the Leader Dog that best fits their lifestyle, travel pace, physical size and other important considerations. We are also able to provide other opportunities like one-on-one Orientation & Mobility Training and a specialized Summer Experience Camp for teens, which allow for more blind and visually impaired individuals to learn critical skills to be more confident. happy and successful.

Please contact Lion Kathy Gilchrist, Lions Relations Specialist, at 248.659.5012 if you have questions regarding the impact of your gift.

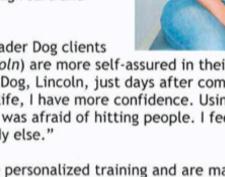
On behalf of all the people we serve, including the members of your community, thank you so much.

With gratitude,

Sion Sue Daniels

Lion Sue Daniels President and CEO

Donation Amount: \$1,000.00 Donation Date: 6/25/2020





GEORGE MASON UNIVERSITY FOUNDATION, INC.

4400 University Drive, MS 1A3 Fairfax, Virginia 22030 Phone: 703-993-8850 Fax: 703-993-2018

June 24, 2020

Fairfax Host Lions Club Charities PO Box 98 Fairfax, VA 22038-0098

Dear Friends:

Because of you, George Mason University is moving up, and moving forward. Because of you, we enrolled the most qualified freshman class ever last year. Because of you, we achieved Research-1 designation, the youngest university to be recognized in this category. Because of you, we are achieving our dreams.

Your support makes a difference for our students, faculty, staff, and community. Together we are influencing the future by giving tomorrow's leaders access to a quality education that will propel them to success. We are providing world-class resources and facilities to students and to the community at large. This would not be possible without you.

Please see below the details of your contribution. For all that you do for George Mason University, we are grateful.

Sincerely,

Briles

Trishana E. Bowden Vice President, Office of Advancement and Alumni Relations President, George Mason University Foundation

Gift Date: June 24, 2020

Amount: Designation: \$1,000.00 Veterans Scholarship Endowment



GEORGE MASON UNIVERSITY FOUNDATION, INC. 4400 University Drive, MS 1A3 Fairfax, Virginia 22030 Phone: 703-993-8850 Fax: 703-993-2018

July 1, 2020

Mr. Marty Lockard FFX Host Lions Club Charities Post Office Box 98 Fairfax, VA 22038-0098

Dear Mr. Lockard:

We are so grateful to have donors like the FFX Host Lions Club Charities who support George Mason University during this incredibly uncertain time. Your support of the Veterans Scholarship Endowment has allowed for the success of our veteran students.

Through your involvement and generosity, George Mason continues to accomplish remarkable results. It is an understatement to say that we are living in extraordinary times. When the academic year began, few of us could have imagined that we would finish the spring semester teaching our courses remotely. Our community has responded in a remarkable way to support our students and faculty through this transition, and I can't thank you enough for contributing to the important programs and services, across the university, that make this process easier.

Your commitment to Mason and to serving our students and faculty is the key to our success. We are so thankful that you are a part of the Mason community.

Warmest regards,

2 2 2 4

Trishana E. Bowden Vice President, Advancement and Alumni Relations President, George Mason University Foundation

Just a Note on Computer Email Security

Many of you know, a year or more ago, your newsletter editor's email account was "hacked." The hacker got my contact list (email addresses for many of YOU), and he knows my name. So, periodically, he sends malicious emails to people who were in my contact list at that time. The sender appears to be: Gordon Tillery, but if you "hover over" or "right-click on" the name, you will see actual sender's address. If it is not <u>tilleryg@gmail.com</u> then it is a scammer.

There is nothing I can do to stop this, except warn you to watch closely for a scammer. Do not click on a hot link in such email, or open an attachment. Doing that will endanger you and your computer to malicious acts. You can also BLOCK (usually, by right clicking on the the address) which means future email from that address will go to your junk or spam folder.

In addition to checking for the actual sender, consider the content of the email. If it is worded like: "Any chance those two look familiar to you," "thought you might enjoy this photo," or some similar generic text - please be cautious. I try to include, in every email, relevant information like perhaps "Here is a link to your Club newsletter for the month of August. It is located on our Club webpage, the link will open it directly for your reading pleasure. Please share with friends and folks who may have an interest in Lionism."

About "The Bob Stahl Memorial Newsletter"

Bob Stahl was a WW2 veteran (US Navy - Pacific Theater) - part of the Greatest Generation - and a Fairfax Lion for nearly 40 years (serving as Secretary, President, bulletin editor, and sharing at each meeting a bit of "Lions Information.")

Special thanks to ...

Several Lions always step up to help make this newsletter happen...thank you for providing ideas and/or input (whole articles, reports, photos). Such help is essential to presenting the news of this Club!

"The Bob Stahl Memorial Newsletter" is published on the Fairfax Lions web page. Club members are alerted to its availability on the web page around the 1st of each month. YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME! (That does not mean \$ contributions, but your words & photos!) Send anything, anytime, to the newsletter editor; we need your help to publicize information about our Club, and about you. Editor's Note: starting with this issue, we will try to no longer publish persons last names for privacy considerations.

That's all folks!

Send any suggestions, or items to include in the next newsletter.

WE SERVE THE WORLD AND OUR LOCAL COMMUNITIES...WITH PRIDE, COMPASSION AND KINDNESS

Fairfax Lions Club

