

Fairfax Lions Club News

July 2022

The Bob Stahl Memorial Newsletter
- Fairfax Lions, Serving Since 1951 -



**WE SERVE THE WORLD AND OUR
LOCAL COMMUNITIES WITH PRIDE,
COMPASSION AND KINDNESS**

Service

Lions Present Children's Books

On June 22, our club delivered children's books to Main Street Child Development Center. This wonderful service activity was led again this year by Lion Anh-Thu Phan. Our Club supports the mission of Fairfax's Main Street Child Development Center - it provides quality early-childhood education, and support, to empower children and families, regardless of financial circumstances. Every child deserves a chance to build a strong foundation for success! <https://www.mainstreetcdc.org>

The books we presented will provide years of learning and enjoyment for 2-5 year old pre-schoolers.



L-R: Lions Greg DeRosa, Jeff Root, Anh-Thu Phan;
Main Street staff



Fairfax Lions Acknowledged in Sprout Newsletter

Sprout Newsletter, email dated June 12, 2022
“The Sprout Scoop”

Events

Thank You For Your Support!

Sipping for Sprout

Celebration, conversation and laughter filled the air at the 8th “annual” Sipping for Sprout fundraiser held at Stone Tower Winery on Sunday, April 10th! After a 2-year hiatus, it was certainly a joyful reunion of supporters, volunteers, staff and riders - 350 friends - both new and old - to be

We are grateful for the sponsorship of the Spicer family, Northwest Federal Credit Union, Blossom and Bloom Thrift Shop, Crescent Cities Charities, Fairfax Lions Club, The Scout Guide Hunt Country, McEneaney and Associates Realtors, Middleburg Life, Kid Create Studio, Lauren



These photos were in the Sprout Newsletter, taken at their April “Sipping” fund raiser event:





Charity Fund Raising

SERVICE DEPENDS ON CHARITY FUNDS

The Fruit Sale committee is looking at different sale sites; we must vacate the HD parking lot.

Club Meetings

June 7 Dinner Meeting

Our guest speaker Davida Luehrs, District Sight Chair (since 2014). Davida replaced Fairfax Lion Suleiman Alibhai as previous Sight Chair.



Lion Davida speaks to Fairfax Lions

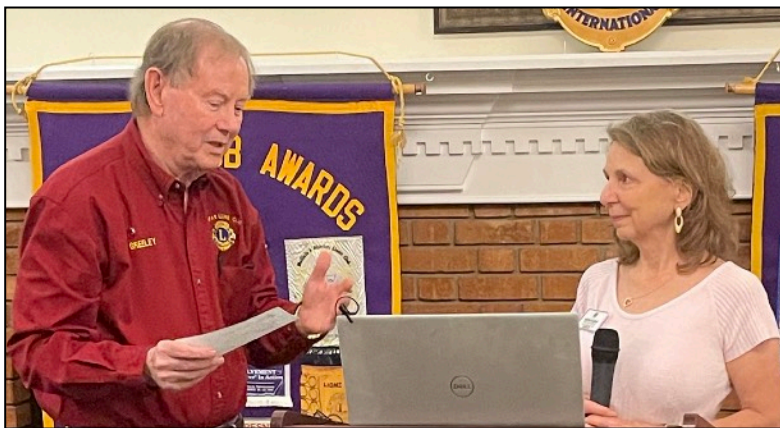
Davida founded the Northern Virginia Chapter of Foundation Fighting Blindness, and has raised millions of dollars to fund research done worldwide to stop blinding retinal diseases. Today FFB is funding 46 clinical trials worldwide. Science is emerging quickly.

Davida thanked FHLC for steadfast annual donations to FFB annual walk.

See "How Davida Regained Her Speed with Guide Dog Chubb" at this link:

<https://www.fightingblindness.org/resources/how-davida-regained-her-speed-with-guide-dog-chubb-79>

Lion Ken Schutz discussed planning for the Fairfax Lions Hot Dog food sale at the **July 4 Fairfax City Parade**.



June 21 Dinner Meeting

Outgoing President Mike Greeley recognized several Lions for their steadfast performance over the past year, with a Certificate of Appreciation.



L-R: Treasurer Mike Rumberg, KL Mike holding award for Marty Lockard, Fruit Sale Lead Ken Schutz, Secretary Jeff Root, Bulletin Editor Gordon Tillery



PCC Bill Bartlett presented KL Mike Greeley a special award (this award held by only 5 persons).

KL Mike announced the Lion-of-the-Year award to Justin Haight (Justin could not attend this meeting).



KL Mike Announcing Lion-of-the-Year Award to Justin Haight

PCC Bill conducted a ceremony installing the Officers and the Board for Lions Year 2022-23.



Directors: (above) Joe Breda, Harry Parker, Karen Parker; (Below left) Cory Green



Membership
Dir and
Corresponding
Secretary:
(right) Pete
Conklin





Lion Tamer:
Phil Mayo



Tail Twister:
Gary Maxwell



Secretary:
Jeff Root

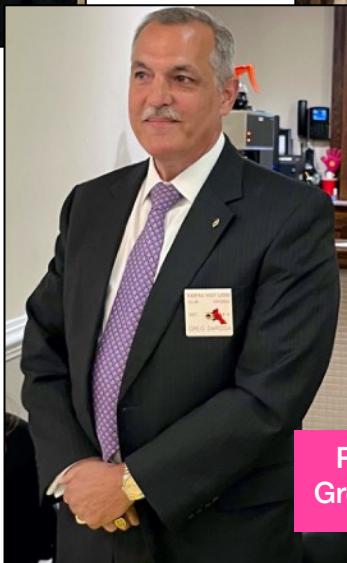


Treasurer:
Mike
Rumberg



2nd VP: Karen
DeRosa

1st VP: Jim
Kaplan



President:
Greg DeRosa

Lions Trip to Tour Temple

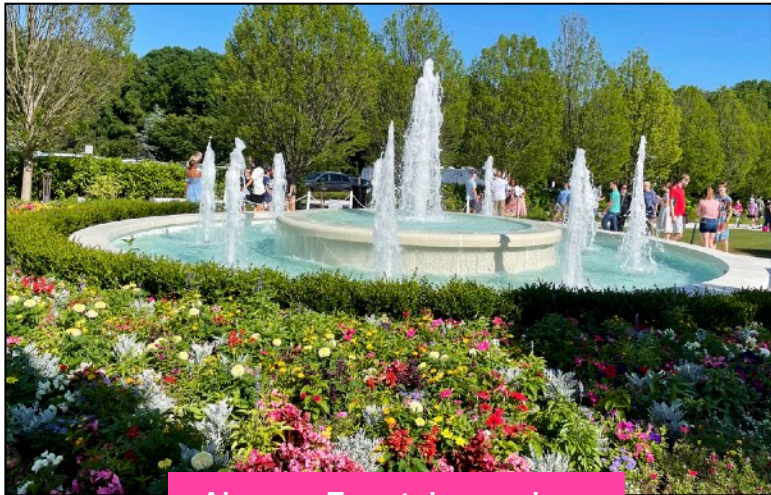
Fairfax Lions chartered a bus, and invited guests to tour the recently refurbished Washington, DC Church of Jesus Christ of Latter Day Saints temple. Since 1974, the temple with its beautiful towering spires has been a landmark on the MD skyline off I-495. It closed for renovations in March 2018; now the temple - for the second time in its history - allows public tours until August 14. Many thanks to Lion Doug Brisson for arranging the Lions tour.



Lions Bus Trip



Above - Temple
Left -Tour Guides



Above - Fountain, gardens
Below - Lions on tour





June 27 Joint (old & new) Board Meeting:

By tradition, the incoming and outgoing Boards met jointly.

Reports:

- Our Charities account ended a good year; we more than replenished the reserve fund we tapped into last year, due to strong results of two fruit sales.
- The Vehicle Donation Program generated \$3870 for charity.
- The Eyeglasses for the Needy program distributed nine pairs, at a cost of \$500.
- While the local Eyeglass Recycling Facility has still not opened, our club delivered 6747 pair of donated eyeglass and 8 hearing aids to the Lake-of-the-Woods facility; about 2000 pair are on hold to be delivered.
- The Club has 43 members, with 2 deaths (Elden Wright, Jim McKeever) and one new member (Judith Richter-Murphy).

The Board approved Sunday, April 23, 2023 as the date for our next Charter Night at the Chantilly Country Club.

New KL Greg DeRosa plans to look into possibly establishing a Lions LEO program at Fairfax High School.

July Events

July 4 - Fairfax Lions Independence Day Food Booth

~~July 5 - Club Dinner Meeting~~ **No meeting**

July 6 - ISCC meeting

July 7 - Lions Lunch Bunch (see PCC BB email)

July 19 - Club Dinner Meeting

July 26 - Club Board Meeting

Coming Up

Aug 3 - Fairfax Volunteer-of-the-Year Ceremony

The Fourth of July—also known as Independence Day—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues.

Fairfax City Inter-Service Club Council (ISCC)

The ISCC is preparing for the Volunteer-of-the-Year ceremony on August 3, 2022, in the Sherwood Center in Fairfax City. FHLC Lion-of-the-Year Justin Haight will be recognized, along with persons selected by other service organizations in the area.

Lions Information...

Elden Harvey Wright - A Lion; He Served

BIRTH 16 OCT 1931 • Morgantown, West Virginia

DEATH 26 JUN 2022 • Ashburn, Virginia

**Morgantown HS
1947**

**WV University
1954**

**Fairfax Lion
2016**



Lion Elden Wright spent the past few years in the Maple Grove Center, part of the Ashby Ponds assisted living facility in Ashburn, VA. Fairfax Lions

visited Elden, virtually - by zoom, on October 16, 2020 to celebrate Elden's 89th Birthday. We also updated Elden on the VA Lions Eye Institute Foundation - in which Elden played a major role for many years.

Elden became a Fairfax Lion in September, 1983. Elden has been Club President (1994-95), a Progressive Melvin Jones Fellow (1997, 2008), District 24-A Cabinet Secretary, Lion of the Year (1996, 2016), LOVF Humanitarian Award (1999), Life Member Lions Club International, Life Member Lions of Virginia, and he always set the example for exemplary community service. His advice to members: "get involved in club activities – don't sit on the sidelines." Elden planned and led many local service projects. Among them were community blood drives resulting in over 3300 units of life-saving blood for the Red Cross; and, eyeglass dispensing for needy persons for which he managed charity funds, qualified individuals needing vision correction, and coordinated the provision of 50 or more pair of eyeglasses each year. As President and Chief Executive of VA Lions Eye Institute (starting in 1996), Elden coordinated free eye care for needy patients

with the Inova Cares Lions Eye Clinic. He managed funding for continuing medical education for nurses and para-professionals, equipment purchases for local not-for-profit hospitals, scholarship awards to sight handicapped individuals, clinical research, and rehabilitation of visually impaired individuals through low vision evaluations and use of low vision aids. Elden led significant charity fund raising activities over the years, enabling the Fairfax Lions Club to complete its mission of service to needy people in the community. He led the annual Citrus Fruit Sales, and his personal commitment assured successful sales raising nearly three-quarters of all Fairfax Lions charity resources. Elden also managed multi-grill cooking operations for two Lions Club food sales each year (July 4, Fall Festival). He transported grills, provided specialty equipment, assured compliance with food safety standards, and personally cooked for one-half of grill operations. In 2016 Elden was named "Lion-of-the-Year." A genuinely dedicated servant of his fellow man, Elden Wright's actions exemplify the Lions' motto of "We Serve."

A Fairfax Lions Tribute to Lion Elden Wright was held on June 5, 2018. Guests included Past District Governor Woody Woodward (President, VA Lions Eye Institute), Richard Falls (VLEI Treasurer), and Bill Wright - Lion Elden Wright's son. Fairfax Lions Club presented a check for \$1500 to VLEIF in special recognition of Elden's lengthy and dedicated service to VLEIF and to Fairfax Lions Club. And, Elden was presented the VLEIF Progressive Humanitarian Award.



2018 KL Marty Lockard presents \$1500 check to VA Lions Eye Institute Foundation, thru Elden to Woody

After graduating from West Virginia University, Elden was commissioned a 2nd Lieutenant in the US

Army on June 18, 1953. Elden served in the military for 28 years, achieving the rank of Colonel. In 1958, Mary Ellen Crow and Elden were married. Sadly, Mary Ellen passed away peacefully on May 30, 2017.

Their son, Bill Wright, suggests If anyone would like to do something, in lieu of flowers, please support Elden's care center's team on the Walk to End Alzheimers, at: [Team Page of Ashby Ponds](#). The Fairfax Lions Club Board proudly approved making a donation of \$500 in Elden's honor for the Ashby Ponds team in the Walk to End Alzheimers.

Lion Elden Wright



1980's



2010



2011

Wellness Center for Older Adults Now Open

The Wellness Center for Older Adults (WCOA) on the Braddock Glen Campus in Fairfax (at 4027B Olley Lane) was officially opened with a ribbon cutting ceremony on May 19, 2022.

WCOA is a first-of-its-kind center in Fairfax, offering both virtual and in-person services for older adults and individuals with developmental disabilities. The goal of WCOA is to provide programming designed to enhance the physical, mental and emotional health and well-being of older adults and adults with developmental disabilities in Fairfax County. WCOA fosters positive health choices among older adults through individual and group consultations, activities and health education programs. WCOA is operated by nonprofit "ServiceSource VA."

Types of Activities at WCOA:

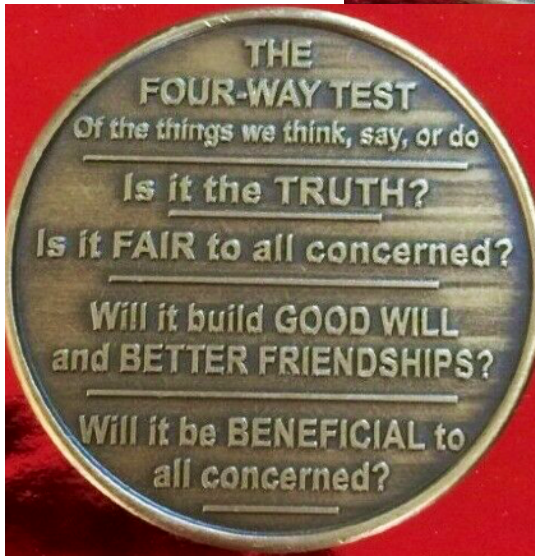
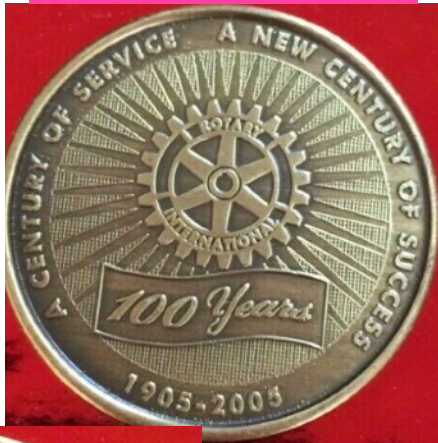
- Brain games and cognitive activities
- Exercise and access to fitness room equipment
- Health and wellness education
- Music, dance and art therapy
- Preventative health screenings
- Volunteering in the community



[Rotary Challenge Coin](#)

A challenge coin was issued for the 100th anniversary of Rotary Clubs in 2005; it is noteworthy. See the images (next page) of the front and back of the Rotary coin, and pause to consider the message on the coin's back side. Rotary calls it a four-way self-test for "the things we think, say, or do."

Wouldn't it be great
if everyone applied this
self-test?



Rotary's
Four-Way
Test...a good
model for all

Misc

Copperheads are out in the Mid-Atlantic region. Here's what to know.

By Kevin Ambrose, Washington Post, June 7 2022

Temperatures are heating up, and snakes are out. One venomous snake is exceptionally well-hidden in our yards and gardens: the copperhead.



Can you see the Copperhead in the mulch?

Copperheads received their name from the color of their head, but the rest of their body has shades of tan and brown in hourglass patterns, providing excellent camouflage in mulch, leaves, stonework and woodpiles.

The ambush hunter usually remains motionless for long periods, making it even harder to notice when strolling through the yard or working in the garden. And if you get too close, the snake can feel threatened and strike without warning.

Their bite usually requires medical attention, sometimes with antivenom treatments.

“Most people are intolerant of any snake and kill them regardless if they’re venomous or not. However, copperheads, if left alone, are tolerant to some habitat disturbance and can thrive in some urban areas. I have them in my backyard,” J.D. Kleopfer, a herpetologist with the Virginia Department of Wildlife Resources, wrote to The Washington Post.

Yards near wooded lots have the best chance of harboring copperheads, but copperheads thrive in many suburban and urban settings, so be mindful when walking or working outside.

The mating season for copperheads occurs during spring, April through June, and they give birth in late summer. A fall mating season can also occur, often in September.

Copperheads give birth to live young, and baby copperheads are born with bright yellow tips on their tails. The yellow end of their tail is thought to attract small prey to the snake. Baby copperheads can envenomate and are particularly dangerous, because they are hard to see, given their small size.

"Contrary to popular belief, babies are born with the ability to control how much venom they deliver. Because they possess less venom than adults, their bites tend to be less significant," said Spencer Greene, director of toxicology at HCA Houston Healthcare-Kingwood in Texas. "That said, a bite from a pit viper of any age can be mild, moderate, or severe."

If you do see a copperhead, leave it alone or call a professional to relocate the snake to a safer place. Do not try to kill the snake, because you increase your chance of being bitten.

Mark Khosravi belongs to a team called K2C Wildlife Encounters, which catches and relocates troublesome wildlife near homes and businesses.

Since 2021, the team has captured and relocated more than 50 copperheads in the Northern Virginia area. Relocations generally occur less than a mile from where they were captured, in similar habitat, but not near homes and businesses. Sometimes copperheads are so well hidden that even professionals have trouble locating them. “As a professional, everyone expects you to spot copperheads right away. I can’t lie to people and say I see the snake and then walk in the direction they are pointing. That’s how you get bit. So I let the ego go and take my time, and I always assume there might be more than one,” Khosravi said.

As an emergency physician, Greene has treated more than 70 copperhead bite victims last year. He expects the number to increase this year.

“Almost all envenomations should be treated with antivenom,” Greene said. “But unfortunately, the biggest problem most of my colleagues and I see when it comes to copperheads is that they are minimized by physicians who just don’t know much about snakebites.”

An average copperhead victim gets between six and ten vials of antivenom, but treatments vary depending on the bite, Greene said.

If left untreated, a bite can cause significant issues.

In one of Greene's former cases, he met an avid triathlete in her 30s many weeks after she received a copperhead bite on the foot. Unfortunately, she never received antivenom after the bite, and by the time Greene saw her, it was too late.

"She can't stand for long periods of time without getting pain and swelling. She can't run, and she absolutely can't compete. Her bite mismanagement severely impacted her life," Greene wrote to The Post.

First steps after a copperhead bite

Greene outlined steps to follow after receiving a venomous snake bite:

1. Arrange to get to the hospital as quickly as possible. That may mean calling a friend or 911. Call 911 for any severe symptoms, and do not drive yourself.
2. Remove any constrictive clothing and jewelry.
3. Elevate the affected extremity. Do not place the affected extremity below heart level.
4. Take a picture of the snake if you can do it safely. Do not bring the snake, whether dead or alive. Deceased snakes can still envenomate.

5. Do not do any of the following: tourniquets, lymphatic bandage, pressure immobilization, cut and suck, extraction device, electrical stimulation, or packing the extremity in ice.

Minimizing copperhead threats near your home

Snakes will seek out areas with appropriate shelter, food and water. Here are ways to make your property less appealing to copperheads, according to Kimberly Wyatt, assistant professor of biology at Good Samaritan College in Ohio:

Maintain a neat yard by trimming your lawn, clearing excessive vegetation, and picking up objects (including toys) and debris that may provide cover.

Set woodpiles at the far end of your yard and keep shrubbery trimmed. Most snake bites occur when people do not see the snake — pay close attention to your surroundings when doing yard work.

Remove or relocate bird feeders away from your home, and feed pets indoors to prevent attracting rodents, a food source for copperheads.

Eliminate sources of standing water, and limit excessive watering.

If you see a copperhead, give it space. Attempting to kill a snake increases your risk of being bitten. Instead, a spray from a garden hose will encourage it to leave.

Keep an eye out for copperheads, big and small, when outside. If you leave them alone, they'll leave you alone. Copperheads are not aggressive snakes.

Special thanks to...

Several Lions always step up to help make this newsletter happen...thank you for providing ideas and/or input (whole articles, reports, photos). Such help is essential to presenting the news of this Club!

About "The Bob Stahl Memorial Newsletter"

Bob Stahl was a WW2 veteran (US Navy - Pacific Theater) - part of the Greatest Generation - and a Fairfax Lion for nearly 40 years and a Melvin Jones Fellow (who served as Club Secretary, President, bulletin editor, and shared at each meeting a bit of "Lions Information.")

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"The Bob Stahl Memorial Newsletter" is published on the Fairfax Lions web page. Club members are

alerted around the 1st of each month to its availability on the web page.

YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME! Send words & photos for the newsletter, anytime. They must be received by the 25th of the month to be included in the next issue. We need your help to publicize information about our Club, and about you.

That's all folks!

Send any suggestions, or items to include in the next newsletter.

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We Serve

Since 1951