

Fairfax Lions Club News

Nov 2023

- Fairfax Lions, Serving Since 1951 -

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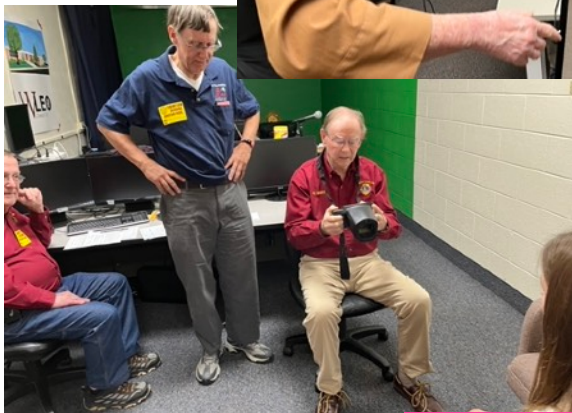
**WE SERVE THE WORLD AND OUR
LOCAL COMMUNITIES WITH PRIDE,
COMPASSION AND KINDNESS**

— We Serve —

Vision/Hearing Screening

We conducted vision & hearing screenings on Oct 24 and Oct 26 for school children at two schools. The first school (St Leo the Great Catholic School) had 70 students to screen; the second had well over 100. Each student had parental consent to participate in the screening. We've done vision screenings with our SPOT equipment for years. But this was the first time we've done hearing screenings. Diana Amsbaugh and Maggie Reidy have written up detailed processes for hearing screenings using our new, never-used, audiometer system. Volunteers for the screenings were Lions: (Chair) Marty Lockard, Diana Amsbaugh, Gordon Tillery, Steve Bilowus, Ken Schutz, Mike Greeley, Bill Szymanski, Dave MacPherson, and Maggie Reidy. (And children got a fruit sale announcement to take home.)

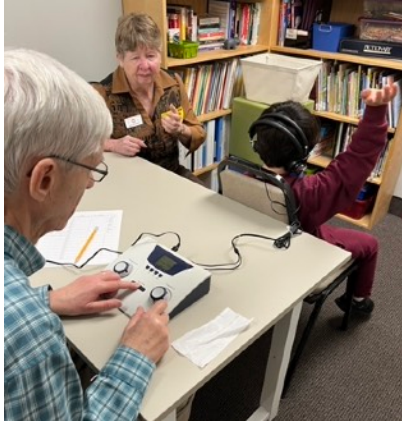
R - Lion Bill Szymanski explains hearing test; Diana Amsbaugh readies headphones



L - Lion Mike Greeley with SPOT camera; Dave MacPherson & Marty Lockard watch results

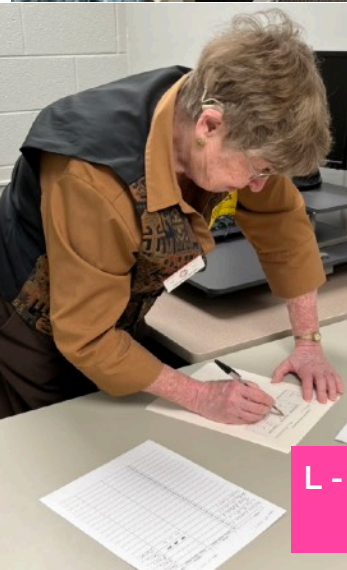
Below - Hearing test team





L - Student raises hand to signal he hears the tone

Below - Student presents consent form for vision test



L - Diana completes the report of hearing test results



(Above) Lion Mike conducts eye test
(R) Lion Marty records data
(Below) Marty briefs school nurse



Each student was given a fruit sale card to take home

Eyeglass Recycling

At the Fall Festival, we were visited by Lion Pam, who is the Operations Manager for the Lions Northern VA Eyeglass Recycling Center <http://lercnova.org/>. Pam told us out-put numbers for the recycling center (number of pairs of eyeglasses recycled & boxed for use by medical mission teams): 2021-22: 72,000 pair (big number, due to Covid holdover); 2022-23: 28,000 pair; current year: center turns out about 500 pair each week. Lions interested in volunteering are welcome anytime. Our Club “primes the pump,” so to speak, by collecting and delivering to the center hundreds of donated eyeglasses (& hearing aides) each month.



Lion Pam (center); L-R Lion Joe Breda,
daughter Diana, S-i-L Steve, Stacie Kaplan,
Lion Maureen Johnson

SERVICE DEPENDS ON CHARITY FUNDS

Oct 14 - Lions Food Booth at Fairfax Fall Festival

It rained a bit - no downpours, but enough to stifle usual crowds. We had one new process that worked fine - a rental truck to haul equipment from our storage shed (instead of the wooden trailer we used for years). About 10 kids from Fairfax HS helped sell and serve. Many thanks to our 2nd VP/ event leader Corey Green, and KL Greg & 1VP Karen DeRosa for their wonderful organizational skills, getting the food and equipment needed on time, recruiting a work force, and their energy and inspiration! Sales were a bit lower than usual due to weather, but we had a great time!



Crew loaded the rental truck Friday evening (then had Mx dinner at Chuys)



Site
setup
begins
with
unloading



Tents & signs go up, and we wait for customers!

City fire
inspector has a
vote on where
grills will be



Cooks
Harry &
Stephen
crank
up the
heat!



1st
customer
(Lion Jim)
served by
FX HS-er
Natasha



1st Beer
sale -
NOT Jim



Fortified,
"Barker Jim"
brings in the
crowds



Ken & Maureen sell
beer & wine, Joe
supervises!

Corey's B-i-L
Tom serves
beer!



Mike shows FX HS
volunteer Jonathon
how to serve food



Equipment to shed; wet tents spread to dry; end to another good Lions event!

Lion/Broker Stephen had his very cool ride at the event



Oct 10th - Dining for Dollars at Fosters Grille

Foster's Grille

We had a good turnout for orientation of Vienna Lions joining Fairfax Lions. (And, this fun night was also a good fund raiser: 20% of sales!)

Lion Tom Comi (blue sweater) greets.



Very nice Lions bench



One long table accommodated all!

KL Greg presented the orientation



Fruit Sales - On-line Ordering Continues!

Pass the word to friends, neighbors, church, etc!

Online ordering is available for products to be picked up at our fulfillment site from November 16 to 18, 2023 at:

<https://fairfaxlions-november.square.site/>

And from December 14 to 16, at:

<https://fairfaxlions-december.square.site/>

Don't forget to use your discount code
LIONSFRUIT

SIGN UP to Work: Go to this [sign-up genius page](#), and schedule your shift times at the sales site in the American Legion parking lot. (Help make this a "3-signature event!" for all Lions.)

Club Meetings

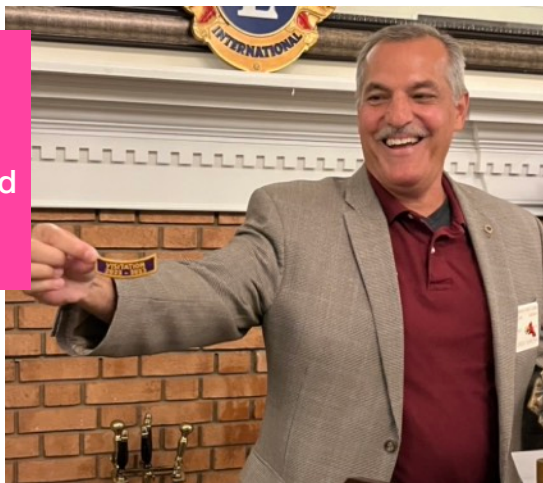
Oct 3rd Dinner Meeting

Our guest speaker was Lion Mike McLaughlin of the VA Lions Hearing Aid Bank Foundation (webpage: <https://valions.org/va-lions-hearing-aid-bank-foundation/>). Mike told us about the need for financial assistance for hearing aids in our community. About one person a week qualifies for such assistance. The foundation collects about 500 used hearing aids a year (donated by folks in our community) which are refurbished. Qualified individuals referred to specialists may obtain one those hearing aids. Fairfax Lions and other local Lions Clubs contribute to the Hearing Aid Foundation.



Lion Mike McLaughlin talks,
and receives gift.

KL Greg
shows
Visitation
Tab awarded
to Fairfax
Lions

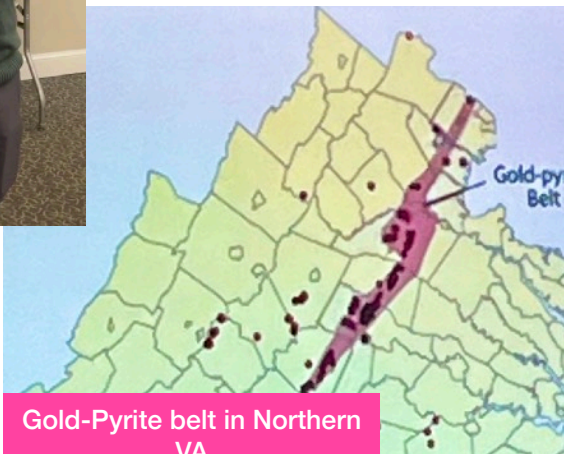


Lions enjoy after-
meeting social time

Oct 17th Dinner Meeting



Brian Slawski, VP of the Burke Historical Society, was our guest speaker and he told us about the history of gold mining in VA. Who is not interested in gold? It seems geology experts indicated a likely presence of gold in areas across the state, even Northern VA.



As early as 1804, claims were established, and some major mining operations

pursued in Northern VA. Over 300 “prospects” and mines have existed in VA - none panned out well. There are tales of hidden gold - but again, nothing

discovered. Some say Mosby of civil war notoriety had \$350,000 of captured loot - but no one ever found it. (Read about that at: [Mosby's gold](#).) "Hobby prospecting," with a gold pan or a sluice box, continues to this day



KL Greg presents speaker gift to Brian

KL Greg received in the mail, a special award from LCI Foundation. It is an award patch inscribed "Club Giving \$250 per member average."



Award patch

Oct 24th Board Meeting - In addition to usual business, Lion Jeff said he has lottery tickets for cash prizes, proceeds to Lions Eyeglass Recycling Center. Tickets \$10; buy at Nov 7 Dinner meeting for Nov 18 drawing, cash or check (payable to LERC).

November Events

Nov 1 - On-Line Fruit Sales Continue
Nov 1 - ISCC meeting
Nov 3 - Memorial Service for Marilyn Zabel
Nov 5 - "Fall back"...Daylight Savings Time ends
Nov 7 - VA elections day: VOTE!!!
Nov 7 - FHLC Dinner Meeting (2nd VDG Visit)
Nov 11 - Veterans Day
Nov 14 - Lions Dining for Dollars, Fosters Grille
Nov 15 - Unload Fruit Shipment from FL
Nov 16-18 - Citrus Fruit Sale Operations
Nov 18 - LionsEyeGlassRecCtr cash-raffle drawing
Nov 19 - District 24-L Fall Conference
Nov 20 - Deliver Holiday Food Baskets
Nov 21 - FHLC Dinner Meeting
Nov 23 - Thanksgiving Day
Nov 28 - FHLC Board Meeting
-- **Coming Up** --

Dec 14-16 - Citrus Fruit Sale (fulfillment)
Dec 18 - Deliver Holiday Food Baskets

Fairfax City Inter-Service Club Council

Eleanor Vincent, Chief Operating Office of Pathway Homes gave a presentation on [Pathway Homes](#). Pathway provides long-term housing and independence for disabled and mentally challenged individuals. Ms Vincent spoke about the evolution of the mission, and the considerable growth in their ability to support vulnerable members of the community.

Lions Information

Remembering Marilyn Zabel

We all received the email from Lion Jeff, forwarding this note from Lion Ron Zabel: “It is with deep sadness that we share with you that Marilyn transitioned from mortal to immortal on Monday, October 9, 2023, after an intense, three-month battle with Acute Leukemia. The rapidity with which this took her is a shock to all of us.

We are planning a memorial service and reception for family and friends to celebrate her life on November 3, 2023 at 11:00 am at Vienna Presbyterian Church, 124 Park Street NE, Vienna, VA 22180. Please let us know if you anticipate sharing in the celebration of her life.

Her obituary will be at this link: <https://www.moneyandking.com/current-obituaries/>

Given Marilyn's love of gardening and talent for having home and yard full of flourishing plants, shrubs and trees, in lieu of flowers we encourage you to plant something in her honor to remember her by. Grace and peace, Ron Zabel"

Marilyn's Obituary



Marilyn Zabel of Vienna, VA, passed away peacefully on October 9th, 2023 after an intense, three-month battle with acute Leukemia. She is the beloved wife of 41 years to Ron Zabel, loving mother to Mary Laczkovich, and her husband Don Sinclair, and Rudy Laczkovich,

and his wife Mary K, and cherished grandmother of 8 grandchildren, Kat Sinclair, Luke Sinclair, Maisie Sinclair, Kylee Laczkovich, John Patrick Laczkovich,

Molly Laczkovich, Emily Laczkovich, and Brady Laczkovich.

She was born in Bedford, Quebec to Orian and Edith Bordo (deceased) having seven brothers and sisters, five of whom have preceded her in death, and is survived by two younger brothers. She and her family have lived in Vienna since 1984. Throughout her life Marilyn's focus flowed from her strong faith, seeking to be a good steward of all with which God entrusted her. This was especially reflected in her loving devotion, at every stage of their lives, to the family God had blessed her with. Marilyn maintained an amazing balance of caring for and being a role model for her children and grandchildren and their friends while supporting Ron in his Coast Guard career and post-retirement Christian conciliation ministry. While Marilyn enjoyed gardening, traveling to enjoy the beauty and wonder of God's creation and golf, her greatest joy over the past two decades has been engaging in activities with or involving her grandchildren, especially in circumstances where she could impart wisdom and training to enhance their lives. Her life truly revolved around her family for whom she gave 110% of herself.

A memorial service will be held on November 3, 2023 at 11:00 am at Vienna Presbyterian Church, 124 Park Street NE, Vienna, VA 22180.

Given Marilyn's love of gardening and talent for having home and yard full of flourishing plants, shrubs and trees, in lieu of flowers we encourage you to plant something in her honor to remember her by.

Remembering Virginia Bennett

We received email from Lion Jeff /Root, that spouse Penny lost her mom. Penny's 96-year-old mother, Virginia Bennett, passed away September 11, 2023 in Medina, Minnesota. She donated her eyes to the Lions Gift of Sight Eye Bank.



Virginia s Obituary

Virginia Bennett passed away in her sleep on September 11, 2023 in Medina, Minnesota at age 96. Virginia grew up on a dairy farm in Elkhorn, Wisconsin, with her parents, Jack and Elizabeth, and her older brother, Robert. After graduating from Elkhorn High School, she attended the University of Wisconsin-Madison where she earned a degree in psychology. She married a medical student, Ralph Bennett, and they raised their three daughters in Ladysmith, Wisconsin. While in Ladysmith, she obtained a teaching degree from Mt. Senario College. After divorce, she moved back to Elkhorn and lived there for many years. She obtained a master's degree in school psychology from the University of Wisconsin-Whitewater. She was a volunteer at the library and at assisting seniors with tax preparation. She was active in the travel club and the historical society. Later in life, she moved to New Hope, Minnesota to be nearer to family. Virginia loved reading, cooking turkey dinners with all the fixings, baby-sitting cats, the theater, and attending lectures on broad topics, but her greatest joys in life were her daughters and grandchildren. Virginia will be deeply missed by her daughters-

Susan (Timothy), Amy, and Penelope (Jeffrey)-and by her grandchildren-Michael, Andrew, and Hannah (Mike).

Many thanks to the wonderful staff at Wealshire in Medina for taking such good and gentle care of her in her final two and a half years of life.

[FHLC on Social Media](#)

Our club has a presence on Facebook, on Instagram, and - of course - we have our web page. Check them out, bookmark them in your favorites, “like” posts where you can, post comments, share them with friends, etc! Our Links (click the link):

[Our Facebook page](#)

[Our Instagram page](#)

[Our Web Page](#)

*Don't move on yet, click the link - make it a favorite!
Like it, check back often, share with friends.*

Miscellaneous Info...

What's Up With the Name "November?"

Many Thanks to Lion Joe Breda for suggesting this as a monthly topic in our Newsletter

November is a really busy month for Fairfax Lions. And it holds important events: elections in the US, Thanksgiving, Daylight Saving Time ends, Veterans Day, Black Friday....well, maybe not everything is important, but there is a lot going on during this shorter month of only 30 days - especially for our Lions Club. Just see the events listed on page 18 of this newsletter.

The month November's name follows the same pattern as months just before it, *September* and *October* - all take their names from their original numerical position in the calendar year.

November derives from the Latin root "*novem*" meaning "nine," because in the Roman calendar there were only 10 months in the year, and November was the ninth month. The word November was first recorded before the year 1000.

For many English speakers, November marks the point in the year when the cold begins to set in. This

association is no doubt why November's adjectival form, "Novemberish," means "dreary," and why the month's original name in Old English was *Blōtmōnað*, literally "blood-month." Wait, blood month? November was the month of heavy animal sacrifice when the early Saxons would stock up on food for the winter. Today, *Blōtmōnað* might still be a relevant term—particularly during the weeks leading up to that turkey-filled Thanksgiving dinner. Enjoy!

AARP: A VISUAL GUIDE TO FRAUD

Look for signs that you are being stalked by crooks

BY AMY NOFZIGER AND MARK FETTERHOFF

1. **TEXTS FROM STRANGERS** When you get a phone text message from someone you don't know, a natural, polite instinct is to respond with a "sorry, you have the wrong person." But that can open the door to fraud. Delete the text and mark it as junk to block further contact. Even if it was an honest mistake, it's safer for you not to answer.
2. **A TEXT ABOUT YOUR NETFLIX ACCOUNT BEING SUSPENDED** Did you get an email or text about your Netflix (or other streaming service) being suspended? As freaked out as you might be about not being able to catch up on your latest drama, take a breath and go into your Netflix account via the legitimate website. Do not call the number or click on any links in the email or text. This is a way for criminals to steal from you. If you

provide any personal information through this link, they will try to commit identity theft in your name.

3. **CAR WARRANTY OFFERS** Criminals prey on our anxiety about facing large vehicle repair bills by pitching worthless car warranties. Often these scams come via a phone call, but they also come in the mail. Federal regulators have recently shut down groups that have stolen hundreds of millions of dollars through deceptive auto warranties. But others are out there.
4. **FAKE BUSINESS EMAILS** If you receive an email—ostensibly from Amazon, Netflix, Walmart or another retailer or service provider—claiming there was a suspicious purchase on your account, do not respond or call the number listed. Despite how authentic they appear, go directly to the company's website and log in to your account. (The other option: Go to the organization's website, find its customer service number and call.) Crooks replicate big-brand emails in links that take you to a fraudulent site where they seek personal information or some kind of payment.
5. **GIFT CARDS Consumers lost \$228 million in gift card scams in 2022**, says the Federal Trade Commission. Scammers prefer gift cards because they have fewer protections for buyers compared with payment options such as credit cards. And the transaction is largely irreversible. If you are asked to pay for something by sending the codes off a card, it is very likely a scam.
6. **SOCIAL MEDIA FRIEND REQUESTS** Anytime you get a new friend request on social media, especially on Facebook, ask yourself: "Do I really know this person?" or "What does this person want from me?" Generally,

it's best to turn down requests from strangers; they might be seeking personal information or intending a fraud attempt.

7. **POP-UP-ADS** These suddenly appearing ads have been around for years. Scammers insert code into the pop-up that, if clicked on or tapped, downloads malware to your device. Never click on one unless you are positive it's associated with a legitimate website.
8. **COMPUTER VIRUS ALERTS** Most people have seen those computer pop-ups claiming your device has been infected with a virus; sadly, this crime continues to work for scammers. Never call a number listed or click on the link provided. If you are having problems that suggest a computer virus, get in touch with a reputable computer tech support service.
9. **PHONE CALLS FROM NUMBERS LIKE YOURS** Free software exists that lets a caller falsify the caller ID number that appears on a target's phone. So criminals might use a number that looks similar to yours, or your bank's number, or that of a government agency such as the IRS, Medicare or police department, to get you to answer. **Let all suspicious or unexpected calls go to voicemail.** Note that federal agencies will never call and ask for your Medicare or Social Security number or other identifiers.
10. **QR CODE DIRECTING YOU TO A CRYPTO ATM** Crooks can quickly and easily get you to send them money via a cryptocurrency ATM—then it is likely gone forever. They text you a QR code and instruct you to scan it at a machine at a store or gas station. Once you scan the QR code and make your payment, your money is in their hands.

Senior Driver Information

This info was shared by a member of the ISCC....

- <https://exchange.aaa.com/safety/senior-driver-safety-mobility/> - "helping the senior driver in your life" make decisions on driving continuation or cessation. Includes skills assessment and tips on features to look for when buying a car.
- <https://www.aarpdriversafety.org/> - AARP online driver safety course
- <https://goo.gl/rjU76g> AARP driving resource center
- <https://goo.gl/TX6ChH> Consumers Reports guide to buying a car for older drivers
- www.car-fit.org Educational program sponsored by AAA, AARP, and AOTA offering older adults the opportunity to check if their personal vehicles fit them. How to sign up for the program in your area.
- www.mycardoeswhat.org Educational site explains new safety features on cars
- www.granddriver.net VA's website for senior drivers with exercise videos
- Medications & driving safety, from Food & Drug Administration: <https://tinyurl.com/55t9c3cf>
- www.thehartford.com/alzheimers/ Booklet on Alzheimer's disease & dementia, and how such

degenerative diseases affect older person's ability to drive. Also includes "contract" for the elderly person to complete with his/her family on driving.

- [Driving Safely While Aging Gracefully](#) – www.nhtsa.dot.gov Booklet created by NHTSA; outlines physical effects of aging, tips on coping with them so you remain a safe driver
- <https://www.nia.nih.gov/health/older-drivers> National Institute on Aging provides statistics, info on senior driving, links to other resources.
- <https://goo.gl/RriVnp> Older driver information from Insurance Institute for Highway Safety
- <https://nvrides.org/> service providers to enhance & improve volunteer driving programs in NoVA
- [AAA Auto Dealers Worksheet for advanced technologies](#)
- [AAA How to Avoid Headlight Glare](#)

11th Hour, 11th Day, 11th Month

Major hostilities of World War I formally ended at the 11th hour of the 11th day of the 11th month of 1918 when the Armistice with Germany went into effect. Also, on May 13, 1938, an act of Congress

(52 Stat. 351; 5 US Code, Sec. 87a) made November 11 a legal holiday, "a day to be dedicated to the cause of world peace." Armistice Day was renamed Veterans Day in 1954.

Where is the apostrophe? The holiday may be commonly printed as *Veteran's Day* or *Veterans' Day* in calendars, etc. But US Department of Veterans Affairs website states the [attributive](#) (no apostrophe) rather than the [possessive case](#) is the official spelling "because **it is not a day that belongs to veterans, it is a day for honoring all veterans.**"

If you know a young person, taking them to one of DC's Veterans Day observances is a good way to see a moving ceremony honoring veterans, and to consider world peace. Click [DC-area Veterans Day Activities](#)

What to say to a vet? Pick one...

- Our country is the land of the free, because it is also the home of brave people who served, like you, Thank you.
- For your service, your courage, and your hard work, thank you. Happy Veterans Day!
- Thank you for doing what you were called to do in the service, so we can do what we're free to do.

Special thanks to...

Several Lions always step up to help make this newsletter happen...thank you for providing ideas and/or input (whole articles, reports, photos). Such help is essential to presenting the news of this Club!

YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME! Send words & photos for the newsletter, anytime. They must be received by the 25th of the month to be included in the next issue. We need your help to publicize information about our Club, and about you.

"The Bob Stahl Memorial Newsletter" is published on the [Fairfax Lions web page](#) (see the right hand column for the entry titled "Pages"). You should check the FHLC web page periodically - have you seen the entry dated July 22 about the package our club received in the mail?

Club members are alerted around the 1st of each month to the newsletter's availability on the web page.

That's all folks!

Send any suggestions, or items to include in the next newsletter.

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OUR LOCAL COMMUNITIES...
WITH PRIDE, COMPASSION AND
KINDNESS**

Fairfax Lions Club



We Serve

Since 1951