

# Fairfax Lions Club News

## May 2024

- Fairfax Lions, Serving Since 1951 -

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**WE SERVE THE WORLD AND OUR  
LOCAL COMMUNITY WITH PRIDE,  
COMPASSION AND KINDNESS**

— We Serve —

### Blood Drive

*By Lion Bill Szymanski*

Fairfax Host Lions participated in a Blood Drive held at Providence Presbyterian Church on April 4th. The club assisted the American Red Cross in registering donors at the door while Lions Scott Dulaney, Mike Greeley, and Cory Green rolled up their sleeves and donated blood. Thanks to Providence Presbyterian Church for hosting the event which drew 28 donors and 28 “good units” of life saving blood.

The American Red Cross sent the note below to the Pastor of Providence Presbyterian Church (the church was the official “host” of the blood drive)... note special thanks to Fairfax Lions!

Dear Pastor Matt,

Thank you for a good day. Please extend our appreciation to all donors and volunteers, particularly the Fairfax Lions. Below are the blood drive results. We look forward to seeing you all again on August 15th. Please let me know if you have any questions. Thanks – Dave

28 Registered, 4 First time donors, 6 power reds, 1 Deferral for a total of 28 life-saving units of blood. Goal 31. (great job)

Signed: David Ross - Blood Donor Service Acct



(L-R) Dave Ross, American Red Cross Acct Mgr; Lion Bill Szymanski; Paula Rogers of the church; Lion Mike Greeley greeted and checked-in donors



(L) Lion Mike  
donates blood

(Below) View of the  
operation



### Vision Screening

April 11 & 12, Fairfax Lions did vision screening at Fairfax United Methodist Church Preschool. We screened 22 students, aged 3-5. Only one needed to be referred to an optometrist for further testing. Four Lions served each day. Participating Lions: Mike Greeley, Joe Breda, Joe Rovanseck, Gordon

Tillery, Harry Pontius, and Marty Lockard. Working with the youngsters is always fun, and it is a great service - assuring the children can properly see. Thanks to FX Lions for this work!



**New Lion Joe Rovansek operates SPOT Camera,  
and screens vision of PreSchool staff member**



(Top) April 11 team - Lions Harry, Joe R, Mike, Joe B

(Bottom) April 12 team - Lions Joe R, Joe B, School Director Laurie Seaton, Marty



Laura Lynch of Fx  
County Health  
Department joined us to  
screen hearing of pre-  
schoolers

Report of this service sent up Lions channels...

Lions District 24 - L

Continuity Eye Screening for Children

CHILDREN'S EYE SCREENING REPORT

Date of Screening: APRIL 11 & 12, 2024

Club: FAIRFAX HOST LIONS CLUB

Location: FAIRFAX UNITED METHODIST CHURCH (FUMC) PRESCHOOL

Results:

|                 | # Tested | # Referred | # Seen by Provider |
|-----------------|----------|------------|--------------------|
| 0 to 2 Years    | 0        | 0          |                    |
| 3 y/o           | 6        | 0          |                    |
| 4 y/o           | 1        | 0          |                    |
| 5 y/o           | 15       | 1          |                    |
| 6 y/o           | 0        | 0          |                    |
| 7 y/o to 18 y/o | 0        | 0          |                    |

Age range if multiple years involved.

## Supporting Sprout

Our Club donates to Sprout. Sprout has individualized equestrian therapy programs providing physical, social, emotional & cognitive growth for disadvantaged persons. See [this video](#). Lion Joe & Terry Breda attended the “Sipping for Sprout” fund raiser on April 21st.



(L) Sprout's founder, Ms. Brooke Waldron, told Joe she “was very thankful for FX Lions generous support.”

FHLC's logo in Sprout's sponsor advertising.

## — Charity Fund Raising —

### SERVICE DEPENDS ON CHARITY FUNDS

#### Fosters Grille

Foster's Grille donates to our Club 20% of spending on the 2nd Tuesday (just ask the cashier "to put sales ticket in the Lions box"). Don't miss the special **Lions Bench Dedication** on **May 14th**.

#### Club Meetings

#### Dinner Meeting - Apr 2nd

Bulletin editor was out of town, but a helpful Lion sent photos of the presentation by The Lamb Center.

##### **DONATE**

Monetary gifts can provide lifesaving resources such as food, mental health services, identification, and more.

##### **SUPPLY**

Donations of food and supplies allow our guests to experience improved quality of life and sense of dignity.

##### **VOLUNTEER**

Our incredible volunteer team helps our guests daily with both service and community for all who visit.

##### **PRAY**

Mighty prayers are the true heartbeat of the Lamb Center. Your prayers for our guests, staff, volunteers, and partners are deeply appreciated.



Lamb Center Executive Director Tara Ruszkowski (L), and Board Member Brian Collins (above)



KL Greg presents a donation check from Fairfax Lions to the Lamb Center

## Charter Night - April 14th

FX Lions Club celebrated its 73rd anniversary since being chartered as a Lions Club. New member Joe Rovanseck was inducted into the Club. Past Council Chair Harry Parker presented the Melvin Jones Fellowship award to 1VP Karen DeRosa. And, we enjoyed a wonderful talk by District 24L Governor Donalda Lovelace, and she presented awards to several Lions for their length of

service...Past Council Chair Harry Parker has 45 years as a Lion. One very special attendee was the 102 year-old mother of DG Donalda. It was a most enjoyable evening event at the Chantilly National Golf and Country Club - a nice venue!



**DG Donalda Welcomes New Lion Joe Rovanseck and Spouse Suzie.**

PCC Harry announces Melvin Jones awardee, 1VP Karen

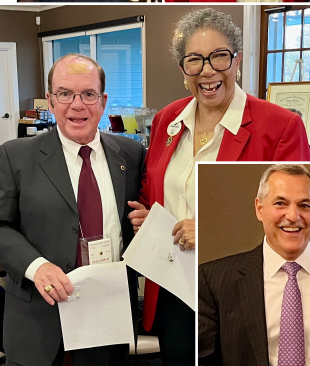


Karen accepts award



KL Greg pins MJ lapel pin on Karen

(L) DG Donalda gives wonderful remarks; we learn she is a distant relative of Hellen Keller!



Years Svc  
Certificates  
to Lions









Chantilly Country Club  
Wonderful Serving Staff for our Event





District Governor, KL Greg  
and FHLC Charter

DG accepts gift of  
“Lion” wine



102 years young Mom  
receives gift too

## NO Dinner Meeting - Apr 16th

## Board Meeting - Apr 23rd

The Board approved dispersing donations for our Reading Action Program (\$700), and Food-for-Others (\$1000). [Lions Eyeglass Recycling Center of NoVA](#) will be available for one additional year before closing.

Treasurer reported the March 31 quarterly bills to members were delayed (by transition to “QuickBooks On-line.”) Member’s quarterly bills will soon go out.

At the recent VA State Lions Convention, KL Greg was presented this certificate, to recognize the smooth merger of former Vienna Club members into FHLC.

The Board approved the resignation of Ken Schutz. Ken will assist with the 2024 fruit sales and work with the fruit sale committee to transition the many processes and club equipment.

Incoming Club President (Karen DeRosa) and 1VP (Cory Green) encouraged all members to suggest ideas for dinner speakers & programs.

The Club wants what members want!



## May Dates

- May 1 - ISCC Meeting
- May 4 - Kentucky Derby Day
- May 5 - Cinco de Mayo
- May 7 - 6:30pm FHLC Dinner meeting
- May 12 - Mother's Day
- May 14 - 6:30pm **Lions Bench Dedication**  
& Dining for Dollars at Fosters Grille - join us!
- May 18 - Armed Forces Day
- May 21 - 6:30pm FHLC Dinner meeting
- May 27 - Memorial Day
- May 28 - 7:30pm Board Meeting (all welcome)



## Fairfax City Inter-Service Club Council

Topic discussed was ISCC web page, and potential enhancements. A contract service maintains the page, so any modifications cost. Consideration continues.

## Club Marketing

Have you checked (do you “follow”?) the FHLC Instagram page? Link: [https://www.instagram.com/fairfax\\_lions\\_club/](https://www.instagram.com/fairfax_lions_club/)

We try to post something to it every week or so. Check it out; comments/suggestions to [tilleryg@gmail.com](mailto:tilleryg@gmail.com).

(BTW, links to FHLC Instagram, FB, and web page are on Page 1, just below the header.

## Guess Who?

Can you guess who this is?

(Email guess to [tilleryg@gmail.com](mailto:tilleryg@gmail.com))

### Hints:

- Current Member of FHLC
- Photo taken at Cohoes HS, Cohoes, NY, 1958



## Answer to Previous Month's "Guess Who"

April 2024 newsletter

### Hints:

- Current Member of FHLC
- Photo taken at Douglas S Freeman HS (Richmond, VA), 1969



### ANSWER:

Lion Doug Brisson



(There were several guesses, but no one guessed right)

## Membership

FHLC added one new Lion in April, Joe Rovanseck. Joe was inducted at the Charter Night celebration. Sadly, long-time Lion Ken Schutz resigned, effective April.

FYI, our club received this inquiry (through the "Contact us" link on our web page)...a possible member?

*From: Ben Dilzer <bendilzer@gmail.com>*

*Sent: Monday, April 15, 2024 4:47 PM*

*To: info@fairfaxlions.org*

*Subject: Fairfax Lions Club Information Request*

*Hello,*

*My name is Ben Dilzer and I am currently a biology student at George Mason University. I have an interest in going to Optometry school, and I would love to learn more about being in the Lions Club and what that entails. Specifically what capacity would I be joining in, and what vision related service events that you do that I could be a part of. I would love to speak with someone about participating in the club either through this email or by phone at 540-955-7073 or in person.*

*Thank you so much!*

*Ben Dilzer*

*Lion Marty Lockard replied to Ben:*

*Good morning, Ben*

Vision is one of our top priorities. Here are some highlights of our no-cost vision-related community outreach service efforts.

Collect used eyeglasses in numerous Lions eyeglass collection boxes around the City and take them to one of the Lions eyeglass recycling centers where they are cleaned, put in bags with prescription on the bag, sorted, and boxed. Boxes (of 50 eyeglasses each) are mostly requested for medical mission trips around the globe. Our club collects up to 10,000 glasses each year. 4 or 5 members regularly went to the recycling center and used special equipment to determine the prescriptions. This is on hold because that center is trying to move to a new location.

We get reading glasses (not prescription) from the recycling center and make them available, along with reading charts, to The Lamb Center, a daytime drop-in site for homeless and very poor. This meets one of their big needs.

We have our own vision and hearing screening equipment. It is used to screen students at schools mostly in our service area. For vision screening, the equipment can print a detailed referral report for the school POC to provide parents. The goal, of course, is to identify children in need of eyeglasses and alert the parents that their child needs to see a professional optometrist. These service events require the most volunteers/volunteer time and they are accomplished whenever requested by schools.

We have a partnership with Fairfax County Health Department (FCHD), the Inova/Lions Eye Clinic, and MyEyeDr. The Inova/Lions Eye Clinic provides no-cost eye care to very low-income adults without insurance. It is staffed with part-time volunteer optometrists and other eye specialists. People in need are

typically referred by case/care managers around the county to FCHD. FCHD determines eligibility for care and makes an eye exam appointment for the needy person at the Inova/Lions Eye Clinic. When the prescription is obtained, FCHD sends a referral to MyEyeDr and makes an appointment for getting eyeglasses. MyEyeDr sends an invoice to our club every month. We pay the bill for the glasses. One of our members is the POC for monitoring/tracking all this.

Hope this helps. I would encourage you to look at our very active/current web site for more information about who we are and what we do. Just Google 'Fairfax Lions Club.' Are you interested in coming to one of our meetings? They are on the 1st and 3rd Tuesdays (6:30-8:30) on the second floor of the American Legion on Oak Street in Fairfax. We have one member who recently graduated from George Mason with a degree in Criminology. If you'd like to try our school vision screenings, I can contact you the next time we have one.

Martin Lockard,

Fairfax Host Lions Club

## Miscellaneous Info...

### Memorial Day Coming Up

Memorial Day (originally Decoration Day) began to honor Union soldiers who fell during the Civil War. It was inspired by the way people in Southern states honored their dead. After World War I, it was extended to include all who died in any war or military action.

The current name Memorial Day came into use after World War II. Decoration Day/Memorial Day used to be

held on May 30, regardless of the day of the week. In 1968, the "Uniform Holidays Bill" was passed so federal holidays became three-day weekends. Since 1971, the Memorial Day holiday has been observed on the last Monday in May. Some actions you might consider for Memorial Day...

- Visit a cemetery; place flags or flowers on graves of fallen heroes.
- Fly the US Flag at half-staff until noon (Memorial Day is a day of "National Mourning.")
- Attend a religious service of your choice.
- Visit war memorials.
- Participate in a "[National Moment of Remembrance](#)" at 3:00 PM; think about the meaning of the day, as taps is played.
- Renew a pledge to aid widows and orphans of our fallen dead, and aid disabled veterans.

See [this link for information on DC area activities](#).

## Ride the Nürburgring

The Nürburgring is a large motorsports complex in Nürburg, Germany. It has a Grand Prix race track built in 1984, and the long "North loop" track, built in the 1920s around the village and medieval castle. The north loop is 12.9 mi long and contains more than 1,000 feet of elevation change from lowest to highest points.

Guess who was there recently: Charlie Schutz - son of former FHLC member Mike.



Charlie Schutz in passenger seat at the Nürburgring

## What's Up With the Month Name "May?"

*Many Thanks to Lion Joe Breda for suggesting this as a monthly topic in our Newsletter*

We started this topic over a year ago - review the origin of name "May" in the May 2023 newsletter.

Find past newsletters on our club web page (at <http://www.fairfaxlions.org/>), under "newsletters."

NOTE - as the past year's newsletters cover each month, we will not include this feature from now on.

# **Congratulations Marisela Rumberg!**



**Marisela with  
certificate from  
Occoquan Mavor**

You may have seen the email...Lion Mike's bride, Marisela, was recognized by the Town of Occoquan for her design & installation of the "Lovemark Mural" in Occoquan (it was in place for 2 years.)



Another was commissioned by the Workhouse Arts Center in Lorton, to be up for 2 more years. Visit [\*\*Workhouse\*\*](#) to see it and the many artist's works.



**Marisela's Lovemark Mural at Workhouse Arts Center**

## [History of Military Challenge Coins](#)

You may have heard of, or seen, “Challenge Coins.” Did you know they originated during WWI?

[This link](#) takes you to a video that talks about the history and use of military challenge coins... (challenge coin discussion begins about 7:45 in the video).



## [Cyber Security News](#)

### [Scams...Growing in Number & Sophistication](#)

*From Charles Schwab*

One way involves using spoofed websites – clever imitations designed to resemble legitimate businesses, including financial institutions. To spoof a website, bad actors purchase “sponsored links” to fake sites which appear at the top of search results. Their goal is to boost their site’s visibility and lure unsuspecting users into clicking on them. These deceptive sites can pose serious risks by exposing consumers to potential malware, identity theft, and financial loss.

Not to worry! We're here to arm you with knowledge so you can recognize spoofed websites and steer clear of them.

## **Here's what to watch for**

**URL errors and issues:** Look for misspellings or unusual domain extensions. A single letter out of place might mean you're on a fake site.

**Grammar and spelling mistakes:** Legitimate sites take care to avoid errors. If you spot poor grammar, spelling, or formatting mistakes in content, that's often your first clue it's a fake site.

**False security notification:** Once you click on a site link, you're presented with a screen notifying you of a login issue and directing you to a hotline number. Wording on these fake sites may mention "unauthorized activity" or other details designed to trigger anxiety and panic.

**Request for personal information:** Schwab will never ask you over the phone for your account login password. If someone is asking you for your account login password by phone, do not provide it.

**Privacy policy:** Genuine sites will have a privacy policy available. If it's missing, think twice.

## **Here's how to protect yourself:**

**Avoid searching for a site:** Use your saved bookmarks for visiting websites, especially financial ones, to avoid the risk of phishing and downloading malware.

**Question urgency:** Phishing attempts often create a sense of urgency. Take a moment to verify the information through official channels.

**Use secure networks:** Access financial accounts only through secure networks and consider enabling multi-factor authentication where possible.

**Call before acting:** If you have concerns about a site or link, it's always best to contact us before taking any action, like downloading software. Instead, call us at the number below to confirm you're on a legitimate website.

### Time for a Dad's Joke...



## Special thanks to...

Several Lions always step up to help make this newsletter happen...thank you for providing ideas and/or input (whole articles, reports, photos). Such help is essential to presenting the news of this Club!

**YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME!** (News items, photos from recent trip, etc.) Send words & photos for the newsletter, anytime....they must be received by the 25th of the month to be included in the next issue. We need YOUR help to publicize information about our Club, and about you.

"The Bob Stahl Memorial Newsletter" is published on the [Fairfax Lions web page](#) (see right hand column under the section titled "Pages"). You should check the FHLC web page periodically.

Club members are alerted around the 1st of each month to the newsletter's availability on the web page. That's all folks!

*Send any suggestions, or items to include in the next newsletter.*

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