



Fairfax Lions Club News

"The Bob Stahl Memorial Newsletter"
for June 2025

Fairfax Lions Club - Since 1951

[Face Book Page](#) [Instagram page](#) [Web Page](#)

**WE SERVE THE WORLD AND OUR
LOCAL COMMUNITY WITH PRIDE,
COMPASSION AND KINDNESS**

— Club Service —

Thank-you from Fairfax Senior Center

FAIRFAX CITY
YOUNG AT HEART
**SENIOR
CENTER**

Advisory Council

May 4, 2025

Fairfax Host Lions Club Charities, Inc.
Michael Rumberg
P.O. Box 98
Fairfax, Virginia 22038-0098

Dear Mr. Rumberg,

I want to once again thank you for your organization's generous donation to the Advisory Council for the Young at Heart Senior Center. I'm happy to report that your donation is being used to provide entertainment and to supplement the cost of the popular parties/luncheons the Senior Center has for Halloween, the Holiday's, Valentine's Day, St Patrick's Day, and the upcoming Mother's Day and Father's Day. At these events, our Seniors have an opportunity to enjoy a nice meal and entertainment while engaging with others.

(Continued next page)

These Senior Center get-togethers are so important as we age. They help keep us young at heart and improve the quality of our lives. If you'd like to experience one of these events, our Summer Picnic is coming up on July 11, 2025 at 11:30 am, and I'd like to invite you and/or a representative to attend. The location will be the Green Acres Senior Center, 4401 Sideburn Road, Fairfax, VA 22030. If you or others plan to attend the Summer Picnic, please let me know by July 1.

The Senior Center appreciates the Fairfax Host Lions Club sponsorship of the eye glass collection program. It has been so popular that we could use a larger box or additional collection boxes. We enjoy the opportunity to work together to do something worthwhile.

I look forward to hearing from you regarding attending our Summer Picnic and our request to get additional collection boxes for eye glasses or similar items of need.

Sincerely,



Debra Sparkman
2024/2025 Chair

Curing River Blindness - LCIF



Lions Clubs International
FOUNDATION



Lions Clubs International Foundation has been proud to partner with The Carter Center for 30 years. Our partnership is among the most important and long-lasting relationships enjoyed by the SightFirst program and LCIF. Together, we've worked to combat avoidable blindness around the world through our joint efforts in onchocerciasis and trachoma control programs. The Lions family is grateful to President Carter for his life-long humanitarian spirit and dedicated service to the people of the world.

(Continued next page)

Since 1994, LCIF has partnered with The Carter Center to eliminate river blindness and trachoma. Over three decades, LCIF has awarded more than US\$74 million in grants to The Carter Center for river blindness and trachoma.

Notably, through the Lions-Carter Center SightFirst program:

- More than 338 million treatments have been provided to eliminate river blindness.
- Over 204 million treatments have been provided to halt the blinding effects of trachoma.
- Over 961,852 sight-saving surgeries to reverse the advanced stage of trachoma have been performed.
- More than 3.2 million latrines have been built to reduce transmission of infection.

Through continued work in partnership, we are confident that together we will reach our shared goals of eliminating river blindness and trachoma.

Lions around the world with the help of the Carter Center are fighting to overcome these preventable causes of blindness. River Blindness and Trachoma might not be an issue where we live but with our help these preventable causes of blindness will hopefully not be an issue in South America and parts of Africa either.

This year we celebrate Helen Keller's challenge to be her "Knights of the Blind". This is just one example of how we are continuing to serve, to improve the lives of those less fortunate and to continue our call to be "Knights of Blind".

VDG Chuck Schwab and Lion Phil Eaton

*Information from the LCIF web site.

Volunteer at Habitat for Humanity?

FX Lions Club received this email:

"My name is Giulia, and I work with Habitat for Humanity of DC & NOVA. I'm reaching out to see if there is a group or any individuals from the Fairfax Lions Club who would be interested in volunteering at our ReStores.

We have three ReStores, located in Alexandria, Chantilly, and Herndon, which are second-hand stores where we sell home goods, furniture, and construction materials. All the money raised helps us build more homes. Volunteers help with various tasks, including accepting donations, sorting and organizing items, and providing



customer support. They are open Monday-Saturday. You can find more information and sign up for shifts [here](#). Let me know if there is an interest in this service opportunity at Chantilly or any of our other ReStores. I'd be happy to set up a call to chat more about volunteering!

<https://www.habitatdcnova.org/restore/>

Giulia DeLuca”

If you want, reply to: giulia.deluca@habitatdcnova.org

Dinner Meeting - May 6th

What we learned: During the Civil War, Major General Joseph Hooker - after taking command of the Union's Army of the Potomac - introduced the use of corps badges as a means of readily identifying a soldier or body of men in the confusion of battle. These badges, typically made of cloth, were pinned or sewn onto the soldier's caps or coats. Badges were also privately produced in metal and other materials. The shapes were distinctive for each corps of the Army of the Potomac and the colors red, white, and blue signified whether they belonged to the first,

second, or third division of their respective corps. Our speaker Robert Calhelha, a civil war reenactor, was dressed as a Union Army soldier wearing the 6th Corps badge (in the shape of a “Greek Cross,” the red color signifying 1st Division of the Corps).



6th Corps badge (in the shape of a “Greek Cross,”
the red color signifying 1st Division of the Corps)



Robert affixes a bayonet to one of several civil war replica rifles he talked about. He also carried a canteen, drinking cup and ammunition boxes.

Robert brought an assortment of replica rifles used in the civil war, explaining how each one worked.





(Lions Cory Green, Joe Rovanske carry rifles into the meeting place.)

PCC Harry Parker summarized the Club's 75th anniversary plans: a special Charter Night celebration (on March 21, 2026) including a past President of LCI, a commemorative Lions pin (100 to be produced), and plans for two special service projects approved by the Board.





Incoming club President, **Gary Maxwell**, encouraged all members to send him any suggestions or ideas for changing/improving Club activities or processes - he wants to try new things and see if they make our operations more interesting or fun. Gary suggested, as one example, possibly holding a dinner meeting at Fosters Grille. **Send Lion Gary an email:** liongem1@gmail.com

Queen Lion Karen summarized proceedings of the VA State Lions conference held the first weekend of May. She mentioned presentations on “Disaster Preparedness” (structured response to disasters & emergencies across MD24), and “Listen Up” (preschool hearing health outreach), the Bland contest (our advancing vocalist took 3rd place); and Fairfax Lions Greg DeRosa and Jeff Root - both recognized for their many contributions.



And, Lion Greg was elected 2VDG for the coming Lions year!!!



Past President Mike Greeley led the Happy Birthday song for several Lions who are getting a little older: Jim Kaplan, John Wasley, Stephen Bilowus, Cory Green, Maggie Reidy, and Harry Pontius.

As usual, Lion Tom Hewlett sold 50-50 tickets, and conducted the drawing of tickets for the 2 lucky winners.



Dinner Meeting - May 20th

Eric Parkhurst, Commander of AL Post 177, spoke to us about Memorial Day, coming up on May 26th. After 9-11, Eric enlisted in the Army National Guard's 29th Infantry Division. The 29th is one of America's storied fighting units...its 116th Infantry Regiment was among the first ashore on D-Day, and the 116th deployed to Afghanistan in 2004.



Eric spoke about the deaths of 2 soldiers: Army Staff Sgt. Craig W. Cherry - 39, of Winchester, Virginia, and Army Sgt. Bobby E. Beasley - 36, of Inwood, West Virginia. Beasley and Cherry died in Ghazikel, Afghanistan, when their vehicle - a High Mobility Multipurpose Wheeled Vehicle (HMMWV) - struck an

improvised explosive device, on August 7, 2004. They were assigned to the Army National Guard's 3rd Battalion, 116th Infantry Regiment, 1st Brigade, 29th Infantry Division (Light Infantry), Winchester, Virginia. In 2009, the state honored the soldiers by naming a new Virginia National Guard Readiness Center in Winchester the “Cherry-Beasley Readiness Center.” Eric said their deaths still preoccupy his thoughts, and make Memorial Day personal for him. He hopes the day never comes when he forgets about those two soldiers.

That sentiment is common among Veterans; below is a photo of a veteran’s memorabilia shelf in his home: the small “brickettes” honor soldiers in his unit in Vietnam.



**Veteran’s Cherished Keepsakes Include
Tributes to Soldiers Lost in War**



QL Karen thanks Eric for his outstanding remarks

Eric also mentioned the American Legion's "[Be the One](#)" initiative, encouraging us to do what we can at an individual level, to help address a growing problem - veteran suicide.

We had an "Oz Moment" discussing the damaging effects of added sugar. AARP recently published information in an article:

"[8 Ways Sugar Ages You](#)." A can of classic Coke was an example -

it contains 35 grams of added sugar, which is the equivalent of 9 teaspoons of sugar. We do not need that; just avoid it!

QL Karen announced volunteers to lead the Club's 75th anniversary projects for year 2026:

- PCC Harry Parker & Lion Joe Breda will lead the project to donate charity funds to the [INOVA Lions Eye Clinic](#);
- Lion Maggie Reidy will lead the project to donate funds to the [Lamb Center](#).

Becoming a regular event after dinner meetings, some Lions enjoyed an informal social gathering in the “Social Quarters” on AL Post 177. All are welcome!



Board Meeting - May 27th

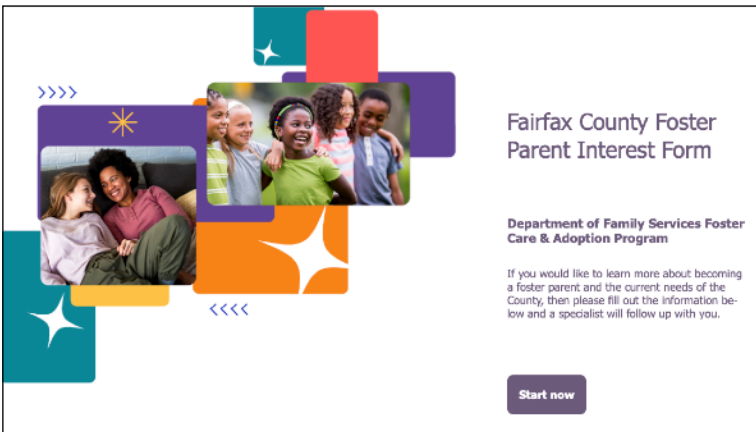
The Board met in the ground level side-room of AL Post 177, as usual. Recent correspondence included a thank you letter from Sprout for FHLC donation, and the annual directory of Central Fairfax Chamber of Commerce - of which FHLC is a member. The Treasurer's report included a note that the IRS recommends continuation of FHLC's 501c3 status; that should be confirmed in July. 1VP Cory Green is assisting a local Boy Scout in his

Eagle Scout project - collecting eyeglasses for the Lions recycling center. The Board approved a contract with, and down payment to, the Chantilly Country Club for our 75th Charter Night celebration on Saturday, March 21, 2026: 5-9pm. It will be a plated meal (not buffet); mark your calendars now! For the July 4th food sale fundraiser, Past President Greg DeRosa plans to rent a van to pick up equipment (grills, etc) on July 3rd, to deliver to the sales site early on July 4th. Watch for a sign-up page soon...we need many Lions to turn out! This is a fun activity, a great parade, and also a good opportunity to interface with our local community.

ISCC Meeting - May 7th

The guest speaker was Maya Mohindroo of the FX county Department of Family Services. Maya is a recruiter for foster parents, and explained the Fairfax County foster child program. There are presently about 240 children in foster care; about 82 parents serve as foster parents; generally, a child is in the program for

about 2 years. The goal is to return each child to his home, or place him with relatives. Here is a [link to a short video](#) about foster care. If you may have interest in foster care, complete this short form (click on curved arrow):

The graphic features two photographs of diverse families. The left photo shows a woman and a young girl smiling together, with a yellow starburst icon above them. The right photo shows a group of four children smiling. The background is composed of overlapping teal, red, and purple squares, some with white starburst icons. Navigation arrows (four right-pointing chevrons on the left and four left-pointing chevrons on the right) are positioned around the photos.

Fairfax County Foster Parent Interest Form

Department of Family Services Foster Care & Adoption Program

If you would like to learn more about becoming a foster parent and the current needs of the County, then please fill out the information below and a specialist will follow up with you.

[Start now](#)

June Dates

Note: EVERY day has something - National and/or Special Wacky Days. (See what's in June at [this link](#).)

Jun 3 - **FHLC Dinner meeting**

Jun 4 - **ISCC meeting**

Jun 7 - Officer Training: Pres, Treas, Mbrship, Sec

Jun 10 - **Fundraiser at Foster's Grille** (Vienna)

Jun 14 - 250th Birthday of the US Army [Click for info](#)

Jun 14 - Flag Day

Jun 15 - Father's Day

Jun 17 - **FHLC Dinner meeting: Officer Installation**

Jun 19 - Juneteenth

Jun 20 - Summer Solstice (longest day of the year)

Jun 24 - **Joint Board Meeting (all invited)**

Coming up:

Jul 1 - **FHLC Dinner meeting: KL Gary Maxwell opens Lions Year 2025-26!**

Jul 3 - Load food sale equipment (Lion's Shed)

Jul 4 - FHLC Lions Food Sales (FX City parade)

Jul 13-17 - Lions Int'l Convention (Orlando)

[Lion Family News](#)

You may know, Lion Mike Rumberg's better half is an artist. She has an art show coming up....

"FOLLOWING MY OWN PATH"
an exhibit by Marisela Rumberg
June 8–July 3, 2025

At Floris United Methodist Church

13600 Frying Pan Rd, Herndon, VA 20165

Opening Reception: Sunday, June 8, 10-11am, 12-1 pm

Celebrate Marisela's joy of wandering through ideas, mixed-media and other techniques. From art quilts to nature-dyed silks; from cyanotypes to acrylic paintings, fiber sculptures and even puzzles, every piece invites you to pause and wander through an artistic path expressing the inspiration she finds in nature, abstract patterns and her Mexican heritage.



[Marisella's Web page](http://www.MariselaRumberg.com)

A Look Back, From 1988: "How it Was, 1938"

(Provided by Lion Scott Dulaney)

This essay was dated Nov 17, 1988, a 50-year-look-back by the Fredericksburg Lions Club.

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We were before the pill and the population explosion which inexplicably went hand in hand. We were before television, before penicillin, polio shots, antibiotics and frisbees, before frozen food, nylon, Dacron, xerox, Kinsey. We were radar, florescent lights, credit cards, and ballpoint pens. For us time-sharing meant togetherness, not computers; a chip meant a piece of wood, hardware and software wasn't a word.

In OUR time, closets were for clothes, not for coming out of, and a book about two young women living in Europe could be called OUR HEARTS WERE YOUNG AND GAY. In those days, bunnies were small rabbits and rabbits were not Volkswagons. We were before Grandma Moses and cup-sizing bras. We were before Batman, Rudolph the Rednose Reindeer and Snoopy. Before DDT and vitamin pills, vodka (in the USA), and the white wine craze, disposable diapers, Jeeps and the Jefferson nickel. Before scotch tape, Grand Côlee Dam, M&M's, the automatic shift and Lincoln Continentals.

When we were in high school, pizza, Cheerios, frozen orange juice, instant coffee and McDonalds were unheard of and we thought fast food was what you ate during Lent.

We were before FM radios, tape recorders, electric typewriters, word processors, Muzak, electronic music and disco dancing. Almost no one flew across the country and Tran-Atlantic flights belonged to Lindbergh and Amelia Earheart. We were before Israel and the United Nations. Before India, Pakistan, Indonesia, Iceland and the Philippines were independent countries. Since our graduation almost 50 countries half of them African, have become independent nations.

We were before pantyhose and drip dry clothes, before icemakers and dishwashers, clothes dryers, freezers and electric blankets. Before Hawaii and Alaska became states, before men wore long hair and earrings, and women wore tuxedos.

We were before Leonard Bernstein, yogurt, Ann Landers, before plastics, hair dryers, the 40-hour work week, the minimum wage. We got married first and then lived together, how quaint can you be?

In our day, cigarette smoking was fashionable, grass was mowed, coke was something you drank and pot was something you cooked in. We were before coin vending machines, jet planes, helicopters and interstate highways. In 1938, "made in Japan" meant junk, and the term "making out" referred to how you did on an exam.

In our time there were five and ten cent stores where you could buy things for five and ten cents. A nickel would give you a ride on the subway or the ferry or make

phone call or buy a Coke or enough stamps to mail one letter and two postcards.

A new Chevy coupe cost about \$600.00, but who could afford that in 1938? Gas was about eleven cents a gallon. In those days, had anyone asked us to explain CIA, NATO, NFL, JFK, ERA, or IUD, we would have said "alphabet soup". We were not before the differences between the sexes were discovered, but we were before sex changes. We just made do with what we had.

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Lions Clubs in Our District (24-L)

Clifton Lions Club is nearby; words on their web page:

- LIONS seek to promote a sprit of understanding, good government and good citizenship
- LIONS take an active part and interest in the civic, cultural, social and moral welfare of the community
- LIONS provide a forum for open discussion of all matters of public interest while refraining from partisan politics and sectarian religion
- LIONS encourage service minded people to serve their community without financial reward
- LIONS promote efficiency and high ethical standards in commerce, industry, professions, public and private endeavors

Miscellaneous Info...

Social Security Scam!

From:  newsletter

BEWARE! Fake Social Security Statement emails trick users into installing remote tool

Fake emails pretending to come from the US Social Security Administration (SSA) try to get targets to install *ScreenConnect*, a remote access tool.

ScreenConnect is a remote support and remote access platform widely used by businesses to facilitate IT support and troubleshooting. Used properly, it allows technicians to remotely connect to users' computers to perform tasks such as software installation, system configuration, and to resolve issues.

Because *ScreenConnect* provides full remote control capabilities, an unauthorized user with access can operate your computer as if they were physically present. This includes running scripts, executing commands, transferring files, and even installing malware—all potentially without you realizing.

This makes *ScreenConnect* a dangerous tool in the hands of cybercriminals. A phishing group dubbed Molatori has been found to lure their targets

into installing the *ScreenConnect* clients by sending emails pretending to come from the Social Security Administration (SSA)....example follows:



Variations to this mail are in circulation but the example above shows how legitimate these emails look.

Clicking on the attachment/link in the email allows cybercriminals to install software on the target's computer, so they remotely connect to it and immediately begin malicious activities. They access and exfiltrate sensitive information such as banking details, personal identification numbers, and

confidential files. This stolen data can then be used to commit identity theft, financial fraud, and other harmful acts. Experts have identified financial fraud as the primary objective of the Molatori group.

It may be hard to spot the fraud, as cybercriminals send phishing emails from legitimate web sites that have been compromised...so the domains appear legitimate and not malicious.

They often embed the email content as an image, which prevents email filters from effectively scanning and blocking the message.

ScreenConnect is a legitimate application but it being abused because of its capabilities.

As usual - a best practice is to NEVER click on a link in an email, unless you are certain it is legit! (Call the sender if you are uncertain.)

Your Health

“Touching store receipts for just 10 seconds could cause health issues”

By Rachel Dillin, Apr 19, 2025

Next time you're handed a paper receipt at checkout, you might want to think twice before tucking it into your wallet. A new study from the Center for Environmental Health (CEH) has uncovered high levels of bisphenol S (BPS) in

thermal paper receipts across dozens of major U.S. retailers. That means that receipts pose a serious, often-overlooked health risk.

BPS is a chemical used in thermal receipt paper to help ink appear when printed. It's a lesser-known cousin of BPA, a substance already banned in food packaging in the European Union due to its toxic properties. While many companies have phased out BPA, they've replaced it with BPS, which, according to CEH researchers, may be just as harmful.

How harmful? Just ten seconds of skin contact with a BPS-coated receipt can lead to chemical exposure levels that exceed California's Proposition 65 safety thresholds for carcinogens, CEH reported. That's particularly worrying for retail workers who handle hundreds of receipts daily, but it's also a concern for everyday consumers.

"This is really eye-opening," said CEH science director Mihir Vohra. "The concentration levels we found are extremely high—and they're on receipts most of us touch without thinking."

CEH tested receipts from nearly 50 national brands, including Dollar General, Burger King, AMC Theatres, Subway, and Chanel. The organization already issued legal violation notices to 32 companies and warned that others could face

lawsuits if they fail to add warnings or switch to safer paper alternatives within 60 days.

BPS has been linked to hormone disruption, breast cancer, reduced sperm count, and cognitive development issues. Unlike many other chemicals, BPS is easily absorbed through the skin and builds up quickly with repeated exposure.

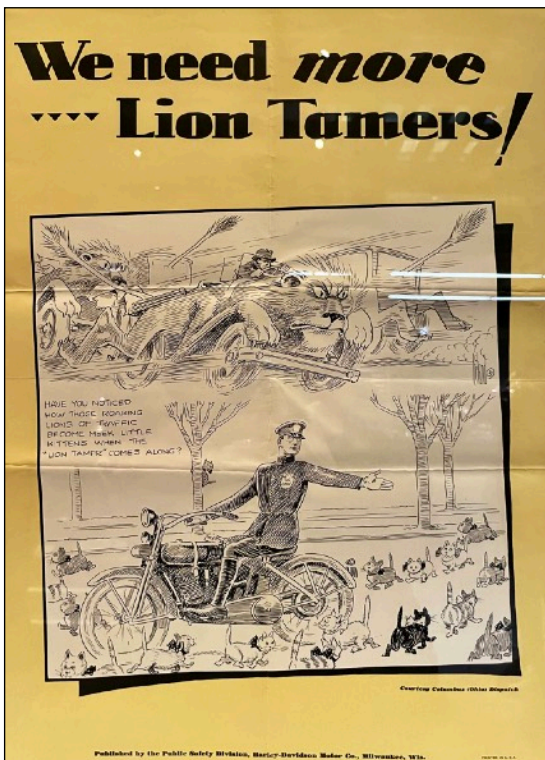
Washington state has already moved to ban bisphenols from receipt paper starting in 2026 under its Safer Products for Washington law, becoming the first U.S. state to do so.

In the meantime, experts recommend small changes to minimize exposure: opt for digital or emailed receipts, avoid crumpling or folding paper receipts, and wash hands after handling them. Retail workers may also benefit from wearing gloves during shifts.

The bottom line: something as routine as touching a receipt might carry hidden risks—ones now too big to ignore.

A Lion Tamer?

This poster is in the Harley Davidson Museum, Milwaukee, Wisconsin. For more than 110 years, HD has provided motorcycles to police departments...in the 1920s, Police needed even faster motorcycles to keep up with Bootleggers!



Worthwhile Thoughts?

When flowers bloom, so does hope.

Any day can turn into the best day of your life.

Special thanks to...

Several Lions always step up to help make this newsletter happen...thank you for providing ideas and/or input (whole articles, reports, photos). Such help is essential to presenting the news of this Club!

YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME! (News items, photos from recent trip, etc.) Send words & photos for the newsletter, anytime....they must be received by the 25th of the month to be included in the next issue. We need YOUR help to publicize information about our Club, and about you.

"The Bob Stahl Memorial Newsletter" is published on the [Fairfax Lions web page](#) (see right hand column under the section titled "Pages"). You should check the FHLC web page periodically.

Club members are alerted around the 1st of each month to the newsletter's availability on the web page. That's all folks!

Send any suggestions, or items to include in the next newsletter.

**WE SERVE THE WORLD AND OUR
LOCAL COMMUNITY WITH PRIDE,
COMPASSION AND KINDNESS**

Fairfax Lions Club



We Serve

Since 1951

OFFICERS and BOARD OF DIRECTORS

Lions Year 2025-26

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<i>PDG Director</i>	<i>PCC Bill Bartlett</i>
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