



Fairfax Lions Club News

"The Bob Stahl Memorial Newsletter" for October 2025

Fairfax Lions Club - Since 1951

LINK to: [f Face Book Page](#) [i Instagram page](#) [w Web Page](#)

**WE SERVE THE WORLD AND OUR
COMMUNITY WITH PRIDE,
COMPASSION AND KINDNESS**

— Our Service —

Vision & Hearing Screenings Scheduled

Vision & hearing are core Lions missions.

Screening children is wonderful: we own the equipment, it's easy to use & doesn't take much time, and it is rewarding to identify possible needs for a child - so we can alert school & parents!



Scheduled screenings:

- Wed, Oct 22, 9:30AM, Emmanuel Lutheran Preschool (Vienna) - Vision Screening
- Tue, Oct 28, 9:00AM, Saint Leo the Great Catholic School (Fairfax) - Vision & Hearing Screening
- Thur, Nov 6, 8:45AM, Saint Timothy Catholic School (Chantilly) - Vision & Hearing Screening

Help needed! Let either Mary Lockard or Gordon Tillery know...No experience necessary!

FYI - click for photos from [Nov 2024 Screening](#)

Service by Email: A Request for Help

An email to: info@fairfaxlions.org:

*Subj: Request for Eye Care Assistance for My Father
Dear Fairfax Lions Club,*

My name is ___, and I am writing on behalf of my father, ___. Previously, your organization generously assisted us by covering the cost of his eye doctor appointment. We are truly grateful for your support.

At this time, my father is in need of another ophthalmology appointment. I kindly like to ask if it is possible to apply for assistance again. Please let me know the steps we should take or if there is a specific form we need to complete. Thank you very much for your time, generosity, and service to the community.

FHLC Reply:

Good morning, ___.

Our club does not have a way to directly help your Father with an ophthalmology appointment. For low income adults without insurance, the best way to do this is make an appointment for your Father at the nearest Fairfax County Health Department (FCHD) facility. They will assess your Dad's health and financial status. If he meets their qualifications, they will make a no-cost ophthalmology appointment for him at the Inova/Lions Free Eye Clinic near the Fairfax Inova Hospital on Gallows Road. Lions

Clubs of Northern Virginia support that free eye clinic.

Hope this helps.

Martin Lockard

Fairfax Host Lions Club

“Beep Baseball”



A few months ago, George Mason University contacted FHLC about possibly sponsoring, or helping establish a “Beep Baseball” league. (Beep Baseball is for the visually impaired. See: [BB Link.](#))

FHLC did not move ahead on this, as most folks are too busy to take on a new service. But, we are invited to learn more...GMU is holding a Beep Baseball “Learn to Play Clinic” on Friday, October 3, and GMU is also hosting the “National All-Star Tournament” on Saturday, October 4. GMU invites all Lions! Details & registration info: <https://recreation.gmu.edu/adaptive-sports/beep-baseball/>. GMU will send a link for volunteers, if any Fairfax Lions want to be on-site and support the event.

- Our Charity Fund Raising -

Nov - Dec 2025, Mar 2026 Fruit Sales

We HAD planned two fruit sales (Dec 2025 & March 2026) - the highlite being selling Navel Oranges in November (we could have sold a lot!). Sadly, bad weather struck, AGAIN, in the groves earlier this year - and our FL source of Navels "dried up."

So, we shifted to three sales: Nov/Dec/March, and hope to increase \$ for charity programs.

For Nov & Dec, we will sell Mandarins & Ruby Red Grapefruit; in March, Valencia Oranges & Ruby Red GF. On-line ordering opens mid-October, and folks pick-up their orders Nov 20-22, and Dec 18-20. Lion: sign-up for work-shifts, when you receive the Sign-up Genius email in late Oct...we need all to help!

You can HELP NOW: On the next page is an ad you can circulate to friends/neighbors (suitable for community newsletters). Help get the word out...we need folks to signup for fruit sale emails.

FOR LIONS - Do NOT sign up, *yourself*, for email announcements...all Lions automatically get the email announcements!!!

Fairfax Lions Club

Citrus Fruit Sales - All Proceeds to Charity

Selling: Fresh from FL Ruby Red Grapefruit & Mandarin Oranges;
Whitley's VA peanuts



Sign-up for email announcements with details!
Then order, pay on-line, pick-up Nov 20-22 and Dec 18-20, 2025

Scan code
to sign-up for emails:



Fairfax Lions Club is registered with the IRS as a 501(c)(3) charitable organization
<https://www.fairfaxlions.org/>

2-sided promo card to hand out at the Oct 11 Fall Festival:

Who are Fairfax Lions?

We are women & men from all walks
of life; we help others
in our community & around the world.

Fairfax Lions Club



Fairfax Lions Club is one of the largest volunteer
service organizations in Northern VA.

What we do:



Please visit us
at a dinner meeting,
1st or 3rd Tuesday
of any month.

Contact us:



Fairfax Lions Club 2025 Citrus Fruit Sales

Order on-line; pick up Nov 20-22 & Dec 18-20



Fresh from Florida
Mandarins
Ruby Red Grapefruit



Plus
Whitley's VA Peanuts
Vermont Maple Syrup

Scan to signup for
email notices &
DISCOUNTS for all
citrus sales



All proceeds to charity...Fairfax Lions Club is registered with the IRS as a 501(c)(3)
charitable organization

Once again - Help us get the public signed-up for announcements - and discounts - for our fruit sales. Please pass around the ads above, or give this link to your co-workers, friends and neighbors - ask them get on our email list: [SIGN UP FOR NEWS OF FRUIT SALES.](#)

(FHLC members should not sign up for emails!)

Meetings

Dinner Meeting - September 2nd

(Bulletin editor could not attend.) Photos taken at meeting - thanks to a Lion: Lion Cindy, guest speaker and others in chow line; 2nd VP Tom Hewlett handing out 50-50 lotto money.



Dinner Meeting - September 16th

Upon entering the dinner meeting room, the first person the bulletin editor saw was...Smiling Lion John Wasley, outfitted in a nice Lions T-shirt.



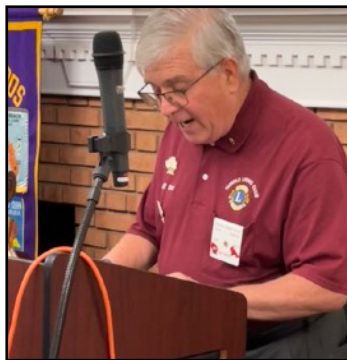
Looking good, Lion John!

At this meeting, we began collecting payments for meals AT THE DINNER MEETINGS (instead of being billed later). ALL: Bring your credit card/apple pay/etc to tap/swipe in POINT OF SALE device.



Lion Jeff gave a timely invocation, calling for calm, unity, and peace in the world - and our own nation.

2nd Vice District Governor Greg brought Fairfax Lions his “S2L” message: *Those with a passion for SERVICE (the “S”) are great candidates to become LIONS (the first “L”), and will become great Lion LEADERS (the second “L”).* Greg emphasized





the LCI theme “Serve to Lead, and Lead to Serve,” and the new Lions service priority: Mental Health.

It was a great pleasure to welcome a guest, Karla Fossand (whose dad had been a Lion in MN for 50 years). Karla recently retired from [US Aid](#), and is

looking to help her community with service. The photo shows Karla pulling the winning ticket for the 50-50 drawing.

Lion Mike G won the special drawing (held to raise \$ to offset cost of Lion meals at Charter Night).





Given a choice of prizes, Mike selected a gift certificate for local restaurant.

Lion Phil reported on Lion Bruce Myers, after Phil's visit. Recall, Bruce had a stroke this summer and spent weeks in a Chicago hospital. We received this update from Bruce's spouse, Lion Joyce: *"He's in the Reston Hospital in the Rehabilitation Center and continues to receive excellent care & therapies. Sitting at the edge of the bed & transfers sit-to-stand continue to require mode/max assist times 2. This rehab gym has a high tech bicycle where he can sit in the wheelchair, strapped into the pedals, and the bike passively pedals for 2 minutes, then he needs to "actively" pedal. He really enjoys this activity! The trach and feeding tube are still in place, and paralysis continues down his left side, but there is a very small*

trace of "feeling"! Pneumonia is under control & antibiotics are finished. He was happy to have 4 tsps of sugar-free chocolate ice cream on his birthday! Thank you to all who came to help celebrate his special day! We send a heartfelt thank you to you ALL! Can't say it enough... Please keep praying. He might be discharged on October 1. Pray that we can stay longer!!!"

A later update from Joyce: "His pneumonia is under control. There are no longer IVs in his arms. He's able to keep the speaking valve on the trach for up to seven hours, but he still has limited lung capacity for exhalation. His voice is faint & raspy. He still needs assistance with sitting at the edge of the bed, but he's working on trunk control. Yesterday they had him in a walker with four therapists assisting him with gait. I don't know how he does it, but he continues to have good spirits & "wants more PT!!" I'm there every day as a cheerleader!"

Joyce suggests: call her (703) 609-3303 to coordinate a visit; masks are recommended.





Finally, on behalf of the District Governor, Greg gave a special DG's award to FHLC Club president, to present to any club member...King Lion - for some strange reason - selected Gordon. (Photo next.)



Board Meeting - Sep 16th

KL Gary called a Board meeting after the Sep 16 dinner meeting, saving Board members from having to come back for a meeting on Sep 23!

The Board approved disbursing \$1000 to Canine Companions; Lion Harry P will present the check.

The Board approved the purchase of new Square Point-of-Sale units (current POS units are old and far out of date).

The special raffle run by Lion Harry P has raised nearly \$600 so far to help offset 75th Charter Night costs for Club members.

A couple of members are overdue on their Club dues; members need to stay current on dues, to remain Lions in good standing!

Public Relations

Fairfax County publishes a magazine for seniors, the "Golden Gazette." It a variety of topics concerning older adults/caregivers in Fairfax County.

The October issue has a good article on our Club...see: <https://content.govdelivery.com/accounts/VAFAIRFAXCOUNTY/bulletins/3f30b22>

(Note - fruit sale dates in the article are WRONG, due to recent changes the club made in our planning.)

Calendar...We're getting busy!

***Events where help is NEEDED from FHLC Members!**

Oct 2 - Lions Lunch Bunch

Oct 7 - FHLC Dinner meeting

Oct 11 - ***Lions Fall Festival Food Booth - Click to Signup:**

<https://www.signupgenius.com/go/10C054AADAB2EA3FFC34-58706500-fairfax>

Oct 14 - 2nd Tuesday Fosters Grill Fund Raiser

Oct 15 - On-line Fruit Sales Open

Oct 21 - FHLC Dinner mtg (Lion from Germany visits!)

Oct 22 - ***Vision Screening (Em. Lutheran Pre-Sch)**

Oct 28 - ***Vision/Hearing Screening (St Leo Cth Sch)**

Oct 28 - FHLC Board Meeting

MARK YOUR CALENDARS!

Nov 2 - 2AM, DST ends...turn clocks back 1 hour

Nov 4 - VA General Election Day (Gov, Lt Gov, Atty
Gen, House of Delegates)

Nov 6 - ***Vision & Hearing Screening (StTim Cth Sch)**

Nov 19 - ***Unload Fruit for Nov 20-22 Sale**

Nov 20-22 - ***Run Fruit Sale Site Operation**

Nov 27 - Happy Thanksgiving!

Dec 13 - FHLC Holiday Party (American Legion)

Mar 21, 2026 - 75th Charter Night Celebration

Lion News

Lion spouse Marisela Rumberg has a **special art exhibit**, Oct 8 - Nov 2, in Building 6 at the Workhouse Arts Center in Lorton, VA.

The exhibit name: "FOLLOWING MY OWN PATH." That suggests Marisela's joy of wandering through ideas, mixed-media and techniques in her artistic path, expressing the inspiration she finds in nature, abstract patterns and her Mexican heritage.



Marisela invites all to the opening reception 6-9pm, Oct 11 (right after the Fall Festival!)



9601 Ox Road, Lorton VA, 22079

STUDIO FIBER ARTS

Building 6

Workhouse Arts Ctr
Building 6,
9601 Ox Rd, Lorton

Read about Marisela at: <https://mariselarumberg.com>

A Lion Visitor from Germany!

FHLC received this email....

Dear President,

My name is Richard Sottru, I am member of the Lions Club Lahr-Ortenau in Germany. I will be visiting relatives in Fairfax in October. If you appreciate, I would enjoy to attend your meeting on October 21st in Fairfax.

To my person: I am Lions Member since 25 years, age 67. Me and my partner Rossana Wüthrich are visiting Adam and Sofia Love (3902 Prosperity Avenue in Fairfax). Sofia is a sister of Rossana.

Keen to your response.

Yours, Richard Sottru

Am Stadtpark 4, 77933 Lahr

PCC Bill Bartlett jumped into action, noticed the proposed date (Oct 21) was NOT a meeting night, and coordinated with the visitor: FHLC looks forward to meeting Lion Richard Sottru, from Germany, when he visits us on Oct 21!!! Please be there to welcome Richard!

District 24-L News

This info is from District 24-L's web page: Two bills sit in Congress, which if passed would help young children receive vision testing and services early in life.

YOU CAN HELP, tell your members of Congress you support these bills. This link, from the American Council of the Blind, explains the bills and enables you to support for them to your Congressman; see: <https://speak4.app/lp/sm01zs8u/?ts=1749834259>

And, be sure to check District 24-L's Instagram page (which FHLC 1st VP Jim Kaplan helps with): https://www.instagram.com/p/DNwa1f9Yjbs/?utm_source=ig_web_copy_link&igsh=MTk5ajhsMXh6ZjdjdhMA==

Miscellaneous

The LION has been an important symbol for thousands of years. Most uses feature lions as organized hunters with great strength, courage, and majesty - "the king of the jungle." In Granada, Spain is the [Alhambra](#) (from the year 1238) - one of the most famous monuments of Islamic architecture and

one of the best-preserved palaces of the historic Islamic world. The main hall has a fountain surrounded by ring of strong majestic Lions.



Visual Dad's Jokes

Can anyone recommend a better way of clearing a windscreen?

I used my discount card but could only get 20% off.



Eggplants



And, my all time favorite....



Special thanks to...

Several Lions always step up to help make this newsletter happen...**thank you** for providing ideas and/or input (whole articles, reports, photos). Such help is essential to presenting the news of this Club!

YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME! (News items, photos from recent trip, etc.) Send words & photos for the newsletter, anytime....they must be received by the 25th of the month to be included in the next issue. We need **YOUR** help to publicize information about our Club, and about you.

"The Bob Stahl Memorial Newsletter" is published on the [Fairfax Lions web page](#) (see right hand column under the section titled "Pages"). You should check the FHLC web page periodically.

Club members are alerted around the 1st of each month to the newsletter's availability on the web page. That's all folks!

Send any suggestions, or items to include in the next newsletter.

**WE SERVE THE WORLD
AND OUR LOCAL**

Fairfax Lions Club



We Serve

Since 1951