



Fairfax Lions Club - Since 1951

The Bob Stahl Memorial Newsletter for May 2026

Club's internet presence; click on each link (it's safe!)



[Face Book](#)



[Instagram](#)



[Home Page](#)

— Our Service —

**WE SERVE THE WORLD AND OUR
COMMUNITY WITH PRIDE,
COMPASSION AND KINDNESS**

As most know, every month we pick-up donated eyeglasses and take them to the [NoVA Lions Eyeglass Recycling Center Center](#). Our Club collects tens of thousands each year! Collecting and recycling donated eyeglasses is a core Lions service mission. Lion Scott Dulaney is our lead Lion (this month his granddaughter went with him to help - a great way to get youngsters interested in service!) YOU can help! Just let us know you are interested, we'll invite you to pick up eyeglasses at specific locations.

EMAILS: each month we get email requests for help or information. For example, here are two we received and acted upon in April:

1. Hearing Aids to Donate

Email received

Hello,

My wife recently passed away and I would like to donate her hearing aids, rather than simply throw them away. I tried to use your website, but **the link for hearing aid donations went to a 404 error***, and the contact us message page did not deliver my first message. Could you please let me know where and when to donate?

Thank you,

*(*When we learned about that error, we updated our webpage!)*

Our Reply

Hello:

Fairfax Lions would gladly accept the donated hearing aids, to recycle for an appropriate person to use.

Please drop them in any Lions Eyeglass Recycling Box. You should be able to find a box at one of the listed locations in the attachment. (Although sometimes we discover collection boxes have been moved!)

The first listed location, American Legion Post 177, at 3939 Oak Street, Fairfax, is where our Club meets. The collection boxes are on the floor, just to the left side, of the lobby area of the downstairs entry.

Thank you,

Fairfax Lions Club

(Note - in follow up email, we learned he dropped them at the Oakton library)

2. Vision Screening at Public Events

(This email exchange is good information for all)

Email received

Good afternoon & Happy Friday!

My name is Kiara Cyprianos, and I am with Fairfax County Neighborhood and Community Services at Jim Scott Community Center. I am reaching out to connect with the Fairfax Lions Club regarding a potential partnership for an upcoming community event.

We are hosting our “Running on Beats: Health & Wellness Walk & Expo” on Saturday, May 30, 2026, from 11:00 AM to 2:00 PM. This event is on promoting health, wellness, and community connection.

Given the Lions Club’s incredible work in supporting vision care and community health, we would love to invite your team to participate by offering free vision screenings for attendees. We believe this would be a highly valuable service and a meaningful addition to the event.

We are expecting a diverse group of community members, including seniors, adults, and families, and

feel that vision screenings would greatly benefit those in attendance.

Our Reply

Good afternoon, Kiara.

After doing vision screenings at health fairs like this for years, our club decided that they were not productive enough to warrant the time and energy required to support them. Very few people attending these events actually wanted to get their vision screened.

Subsequently, we focus on events that feature only vision and/or hearing screenings for children age 2-18. These are the most effective, and target children when it is most important to make corrections to vision or hearing before difficult to change developmental issues are encountered. Our vision screening equipment is less accurate as individuals get older -- particularly senior citizens.

Martin Lockard

Fairfax Host Lions Club

(Note - in follow up email, Kiara understood our approach, and agreed.)

Fairfax Bland Contest Winners Place Second at District Bland Contest

By Lion Jeff Root

The instrumental and vocal winners from our own Fairfax Host Bland Music Contest placed second at the District 24L Contest held on Sunday, March 29. Justin Lee, 14, cellist, an 8th grader at Luther Jackson Middle School, placed second in the District's instrumental competition. He performed Zigeunerweisen op. 20 by Pablo de Sarasate on the cello. Heidi Hager, soprano, 10th grader at Oakton High School, placed second in the District's vocal competition. She performed Deh Vieni, non tardar by W. A. Mozart. Justin and Heidi are both alternates to the State Bland Contest on May 29 in Bristol.

Justin Lee



Heidi Hager



The District 24L Contest was held at the Lyceum in Old Town Alexandria. Eleven contestants representing six Lions clubs participated.

- Charity Fund Raising -

Do you know, FX Lions have a Vehicle Donation Program? It is a “passive” fund raising activity...all we do is advertise, and then collect proceeds from the auction sale of any car someone donates.

Read about it on our web page: <https://www.fairfaxlions.org/donate-a-vehicle/>

We recently learned a vehicle was donated to our program the week of April 13-20. We wait to learn the proceeds from that sale - which go directly to our charity account.

More Photos from Charter Night

We published many photos from our 75th Anniversary Charter Night celebration in a special [Charter Night Newsletter](#) (click to view). We just received the following photos of the induction ceremony for soon-to-be be KL Jim Kaplan (thanks to Lion Mike Greeley for the photos).



Club Meetings

Dinner Meeting - April 7th

We were pleased to have a guest, [Anne Yang](#). Email from Anne: *"I am a resident in Fairfax and an active volunteer with Asian Community Service Center and some other local non-profits. I am interested in checking out some local service clubs to see if I'd like to join any."*



Our meal was excellent - salisbury steak topped off with Boston Cream Pie. After dinner, 1VP Jim Kaplan led us in a game of "Spring Trivia."

The high scorers won prizes.... Wine went to Lion Jeff Root, and "Peeps" to Lion Doug Brisson.



Some Lions received “Perfect Attendance” awards ...including Lions Doug Brisson (10 years), Mike Greeley (15 years); and, Lion Bill Bartlett was recognized for 45 years!



Lion Scott Dulaney had a few of his Dad's (Lion Hubert Dulaney) perfect attendance pins.



Lion Joe Rovansek modeled Lions clothing for us to order; Joe will get the items embroidered with your name and FHLC logo. A couple of emails asked Lions to email Joe with clothing items they want. Base prices (plus embroidery cost - TBD) are in the chart...



EMAIL Joe at

rovansek1@verizon.net

Lions Apparel

Polo Shirts			Long Sleeve Shirts			Fleece			Beanie	
Size	Cost	Number	Size	Cost	Number	Size	Cost	Number	Cost	Number
S-XL	23		S-XL	35		S-XL	35			6
2XL	25		2XL	35		2XL	37			
3XL	28		3XL	38		3XL	40			
			4XL	40						



Speaking of Lion Joe R, you should know he is our “Lion Tamer.” Duties: responsible for club property (song books, banners, etc); put each in its proper place for meetings, and return to proper storage area after meetings. Thank you Joe for this essential work.

Anyone want to help?

[Dinner Meeting - April 21st](#)

Lion Tom Simpson led us in singing the first two verses of “American the Beautiful,” always a patriotic song...the words originally published in 1895.

Most know the words of the first verse: “O beautiful for spacious skies, For amber waves of grain....” But who knows the 2nd verse - which begins with “O beautiful for pilgrim feet...?” FYI - the internet says: “pilgrim feet” refers to the journey of those who sought freedom and opportunity in America, symbolizing the struggles and

determination of early settlers and pioneers. This verse emphasizes the idea of a path to freedom that was forged through hardship and perseverance.

The speaker was Shawn McBurney, Director of Government Relations of the [American Battlefield Trust](#).

The Trust works to preserve and restore America's hallowed battlegrounds and educates the public about what happened there and why it matters.

Shawn gave examples of purchasing property key to early battles in America, and preserving them. He also spoke of the wonderful history programs available (lesson plans to teach youngsters). See the website for the free resources for educators, field trip grants, traveling trunks full of history, etc.

We learned Lion Pete Conklin is a member of the Trust and he expressed his support for it. See the post on our Club [web page](#).



1VP Jim
Kaplan thanks
Shawn for his
outstanding talk.



After dinners meetings,
some Lions go
downstairs in the Am.
Legion, to continue
socializing. Lion Joe
Breda suspects there
are potential members
there - so Joe decided
to speak to one person
each time, about visiting
our club...GREAT idea
Lion Joe!

Board Meeting - April 28th

Postponed: key leaders were out of town, and there was no pressing business. Topic for May meeting - Budget Committee will present next year's budget proposed Budget, for Lions Year 2026-27.

Calendar

May - "Older Americans Month"

May 5 - Cinco de Mayo FHLC Dinner meeting

May 6 - ISCC Meeting

May 10 - Mother's Day

May 16 - Foundation Fighting Blindness -

DC [VisionWalk](#) (click to register)

May 19 - FHLC Dinner meeting

May 25 - Memorial Day

May 26 - Board Meeting

May 29-31 - VA State Lions Convention

Inter-Service Club Council (ISCC)

Volunteer Deana Payne announced the new ISCC web page is fully operational. See: <https://www.iscc-fairfaxva.org/home>

Lion News From District 24L Web page



Memorial Day Parade

Monday, May 25, 2026 in Washington DC at 10:00am

The Lions and Leo Clubs of MD22 (Maryland, Delaware & Washington DC) and MD24 (Virginia) are once again participating.

For the past 17 years Lions have walked down Constitution Avenue displaying their club banners, honoring those who have made the ultimate sacrifice in service to our Nation and showing support to all our armed services members.

See info at:

- <https://lionsdistrict24l.org/wp-content/uploads/2026/03/MemDay-Fact-2.pdf>
- <https://lionsdistrict24l.org/wp-content/uploads/2026/03/MemDayAd.jpg>

Miscellaneous

Fight Cyber Crime



Americans lost *more than \$16 billion* to internet crime in 2024, [according to this report](#) from the FBI's Internet Crime Complaint Center -- that's up 33%

from the previous year. It happens when folks fall victim to malicious phone callers using fake caller ID, fake web sites on social media, and a variety of other scams. **DO NOT TRUST CALLER ID** (if it's an important call, they will leave a message). **BE ALERT** for:

- SPAM LINKS in emails, or on web sites;
- AI Generated VOICE CLONES on your phone (representing someone you know)
- Anyone asking you to pay in crypto currency
- Investments too good to be true

Investment Fraud

Criminals take advantage of the popularity and complexity of investing to carry out investment fraud that promises a payout with little risk.

 Common Tactics	 Warning Signs
<ul style="list-style-type: none">• Offers to teach you about investing• Fake investment websites (Crypto)• Emotional manipulation	<ul style="list-style-type: none">• Unsolicited pitches• Promises of high returns and low risk• Pressure to invest quickly• Anger over refusal to invest further

- Unexpected tax or refund messages asking you to review, correct, or confirm tax documents
- Requests for one-time verification codes, passwords, login credentials...or to make payments by gift card, wire, or crypto
- Pressure to act immediately to avoid penalties, or to keep it secret

- Threats of account freezes, fines, wage garnishments, or arrest if action isn't taken

If you are a victim, this organization that may help:
[Fight Cybercrime](#) (click link)

May: Older Americans Month

This month, both communities and individuals can take steps to support good health and healthy aging.



For simple ways people of any age can take charge of their health, see [this article](#) in the Fairfax Golden Gazette.

Update on Casino At Tysons

Virginia Senate Bill 756, to move forward a Tysons casino, was vetoed on April 9th by Gov. Spanberger. “Local governing boards should lead on proposed casino development, as has happened in every locality that now has a casino,” said the Governor. “But in Fairfax County, the Board of Supervisors has explicitly opposed this legislation, and an overwhelming majority of the General

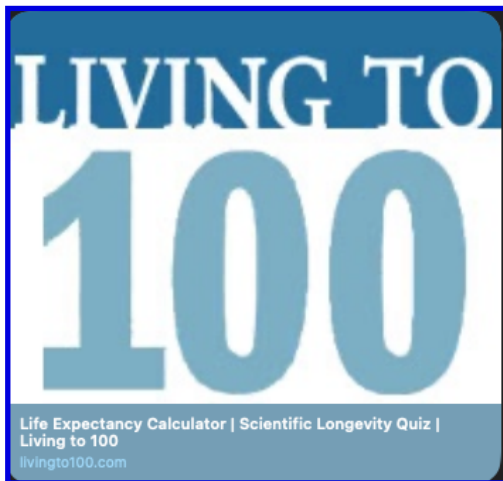
Assembly members who represent Fairfax voted against it.”

Your Longevity?

Most people assume, due to improved medicine and better focus on healthy living, we will live longer today than our predecessors.

Will you will live at least as long as your parents?

The link below takes you to the website “Living to 100.” It asks 40 questions (detailed) about family history, lifestyle, and health-related matters. It then generates a personalized science-based estimate of how long you will live. <https://www.livingto100.com/>



Related:

Life Lessons From a 70 Year Old:

- 1. Don't wait to be happy. The perfect moment will never come. Make the most of the one you're in.**
- 2. Health is everything. You'll only realize it when it starts to fade. Cherish and protect it now.**
- 3. Time doesn't come back. Spend it with people who make your soul feel light.**
- 4. Call your parents. One day, you'll reach for the phone.. and wish you could.**
- 5. Say "I love you" more. Don't let ego hold back what your heart wants to say.**
- 6. Memories > Money. No one remembers the car you drove-just the laughter you shared.**
- 7. Let go of grudges. You're not punishing them. youre only hurting yourself.**
- 8. Stop waiting. Start that dream, take that trip, hug that person. Life doesnt pause.**
- 9. People forget words. But they never forget how you made them feel.**
- 10. You're never too old. To love again. To start over. To change. To grow.**

A Thought

Very nice definition of time:

Time is slow when you wait.

Time is fast when you are late.

Time is deadly when you are sad.

Time is short when you are happy.

Time is long when you feel bored.

Time is endless when you are in pain.

Every time, time is determined by your feelings and your psychological conditions and not by clocks.

So always have a nice time.

As Usual, Special Thanks to...

Several Lions always step up to help make this newsletter happen...**thank you** for providing ideas and/or input (whole articles, reports, photos). Such help is essential to presenting the news of this Club!

YOUR COMMENTS AND CONTRIBUTIONS ARE ALWAYS WELCOME! (News items, photos from recent trip, etc.) Send words & photos for the newsletter, anytime....they must be received by the 25th of the month to be included in the next issue. We need YOUR help to publicize information about our Club, and about you.

"The Bob Stahl Memorial Newsletter" is published on the [Fairfax Lions web page](#) (see right hand column under the section titled "Pages"). You should check the FHLC web page periodically.

Club members are alerted around the 1st of each month to the newsletter's availability on the web page. That's all folks!

Send any suggestions, or items to include in the next newsletter.

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Fairfax Lions Club



We Serve

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